

# CPD Recording: Colour Mixing

In this 30-minute session designed to give you a practical and hands-on introduction to an exercise or approach, Paula Briggs and the AccessArt team show you how you can approach colour mixing in a fun and experimental way.

This recording supports the pathway [Expressive Painting](#) in the [AccessArt Primary Art Curriculum](#). In this session, you will explore more intuitive and experimental ways of exploring colour mixing, so that your pupils can gain an understanding of colour theory through experience. Watch along or grab some paint and join in with the exercise.

The video below is available to full [AccessArt members](#). Please log in to access the video.



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