

# Making a Blind Contour Drawing

By **Paula Briggs** and **Sheila Ceccarelli**

This is a classic drawing exercise, and with good reason. It's an ideal exercise to use with all ages, all abilities. When you're starting out drawing, this is a helpful exercise to help you focus upon careful looking, without the worry of what your drawing looks like. It is also incredibly useful in helping you to match the speed of drawing with speed of looking - when these two actions are mismatched the result can be frustrating. More experienced artists can also revisit this exercise to remind them of these skills.

In this resource we describe the process and suggest some suitable subject matter and drawing materials.



A typical "blind contour drawing"

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Choosing and using the right saw for the right job

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How to use a variety of types of clamps to hold your work still

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Overview of the kinds of activities which might be encouraged in sketchbooks.

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# Beginners

Find out what a “shy drawing” is and how it can help you focus. These exercises and suggestions provide a focus which enables pupils and teachers to explore different aspects of making a drawing, including sound, action and intention. [Full AccessArt Members Only](#)

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## Drawing Speed

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**Sketchbook Exercise Ideas:  
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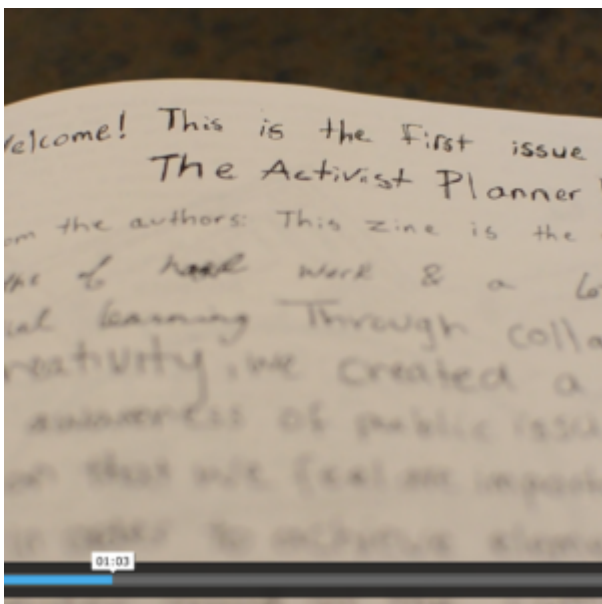
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