

# Drawing With Your Feet

[By Elizabeth Hammond](#)

In this post artist Elizabeth Hammond demonstrates how to use your foot as a drawing tool. This allows for freedom of expression and learning to embrace the unexpected while creating unique marks that bring a static object to life! Become a [member](#) to watch the full video.

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*AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.*

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## **What We Like About This Resource**

***“I love this resource because I can picture the energy in the classroom whilst students enjoy the process of mark-making using their feet. Creating***

*drawings with parts of the body other than hands can be really freeing; students will hopefully look at their drawings in a less critical way, with the emphasis of the activity being more about the process than the outcome. It might be a nice addition to use a viewfinder to zoom in on areas where the marks collide in interesting ways” – Tobi, AccessArt.*

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## **Drawing with Sticks**

### **What We Like About This Resource**

*“This is a great activity to get students to think about drawing in a different way. Extending reach and accepting a lack of control can lead to really exciting and energised mark-making. It’s great to see that this resource has also been used in SEND settings, demonstrating its accessibility.” – Tobi, AccessArt.*

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# Sculptural Environments Inspired by Hockney

See This Resource Used In  
Schools...





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**AccessArt Primary Art  
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**AccessArt Primary Art  
Curriculum Medium Term  
Plans**

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Curriculum: Additional**

# Pathways: Medium Term Plans

You May Also Like...

Additional pathways



integrating Additional pathways



**supporting documents for  
Additional pathways**



# **Making 2d & 3d Fashion Designs with Painted and Decorated Paper**

**See This Resource Used In Schools...**



















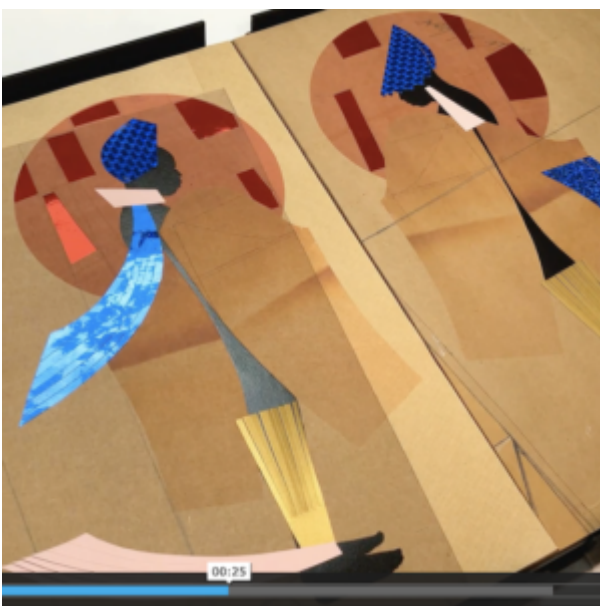
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**Pathway: Fashion Design**



This is featured in the  
'Fashion Design' pathway

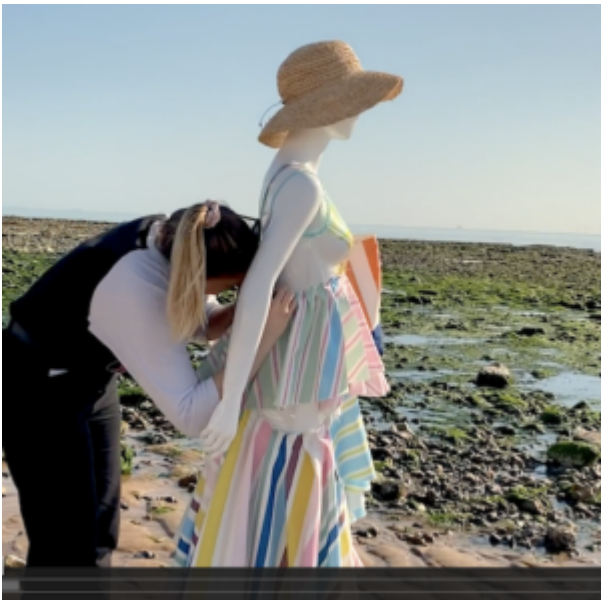
**Talking Points: Hormazd  
Narielwalla**



# Talking Points: Tatyana Antoun



# Talking Points: Alice Fox



# Talking Points: Pyer Moss



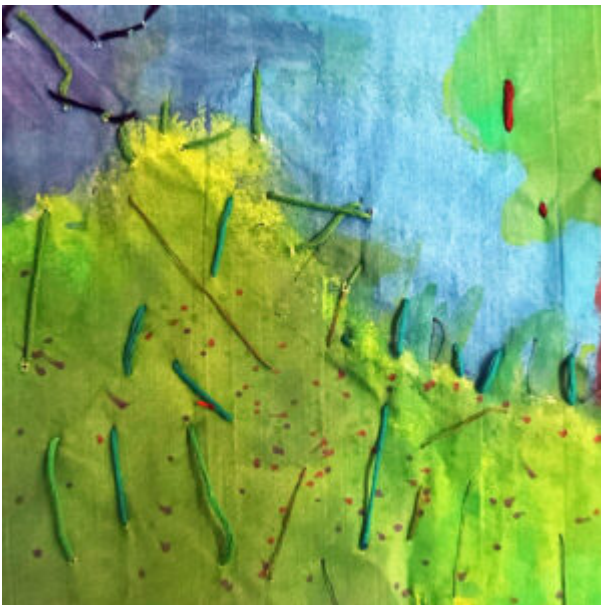
# Talking Points: Rahul Mishra



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# **Making Painted & Sewn Landscapes**

## **See This Resource Used In Schools...**



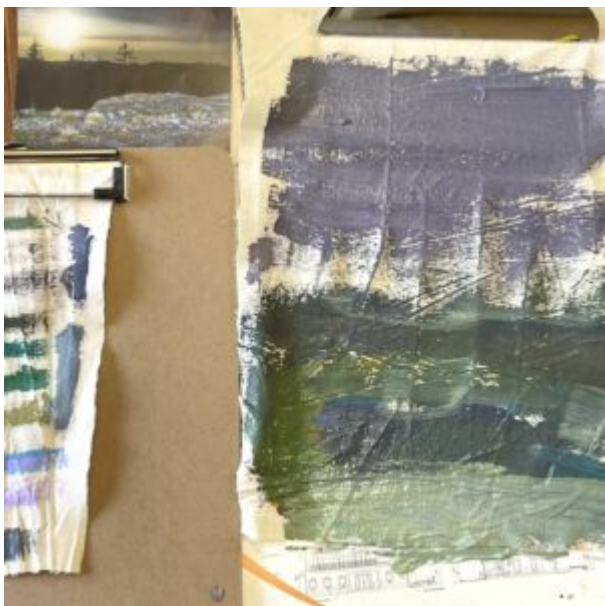
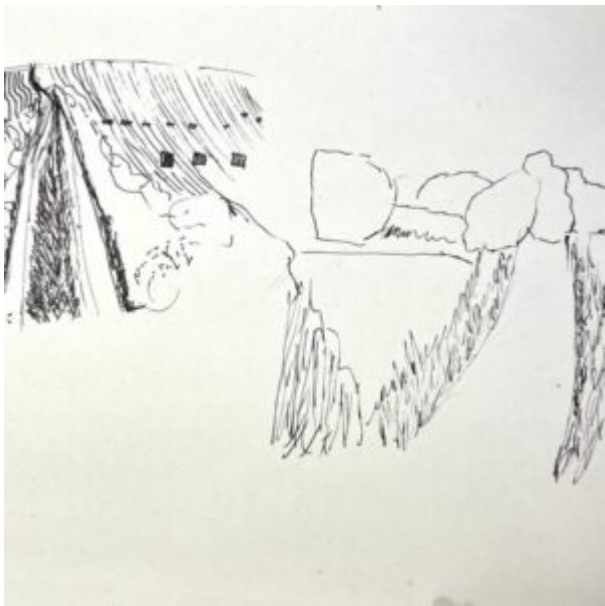


















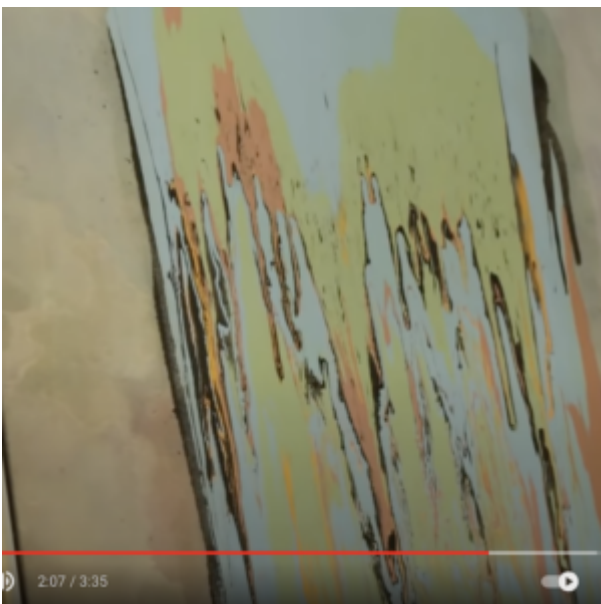
**You May Also Like...**

**Pathway: Cloth, thread,  
paint**



This is featured in the  
'Cloth, Thread, Paint'  
pathway

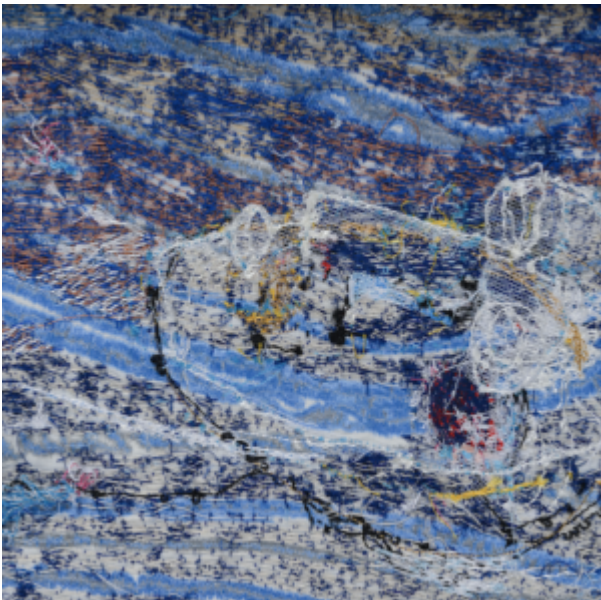
**Talking Points: Frank  
Bowling**



# Talking Points: Hannah Rae



# Talking Points: Alice Kettle



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# Using Sketchbooks to Make Visual Notes

## See This Resource Used In Schools





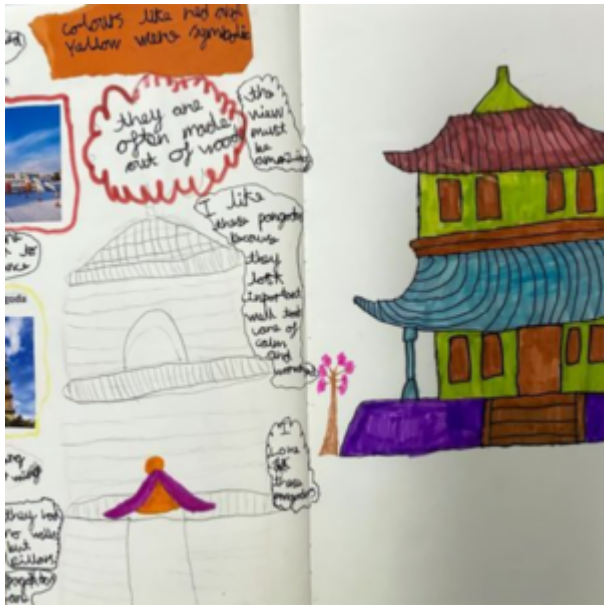


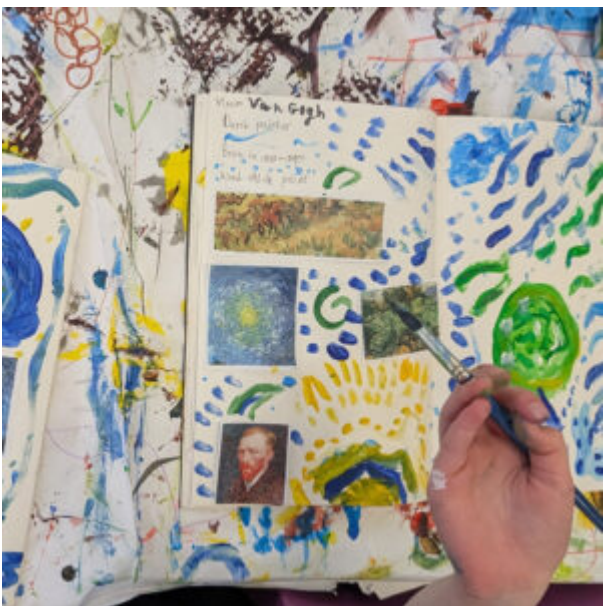














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# Making a Treehouse

You May Also

# Like...

Pathway:  
Transformation  
project

Stick



This is featured in  
the 'Stick

# Transformation Project' pathway

**Talking  
treehouses**

**Points:**



**Experimental  
Mark Making  
Tools**

**See This  
Resource Used  
In Schools...**



**You May Also  
Like...**

**Pathway: Expressive  
Painting**

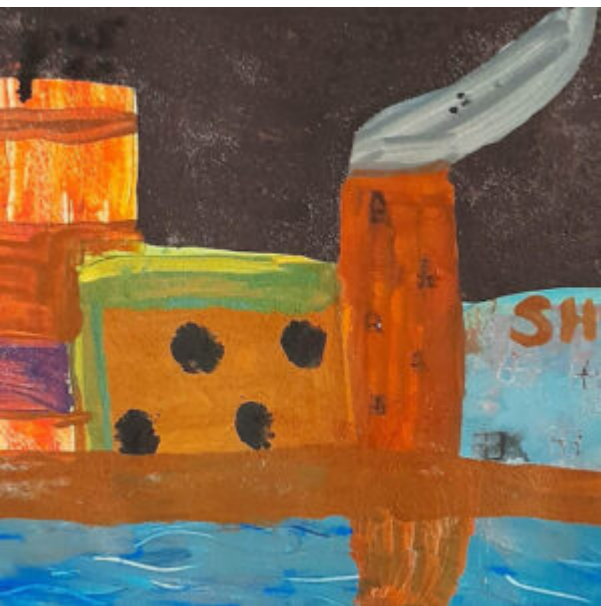


This is featured in  
the 'Expressive  
Painting' pathway

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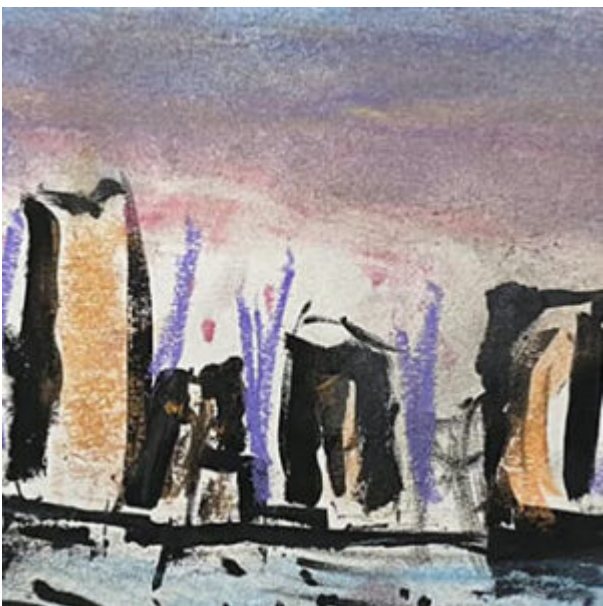
# **Mixed Media Landscape Challenges**

**See This  
Resource Used  
In Schools...**











# You May Also Like...

**Pathway: Mixed Media  
Land and city scapes**



**This is featured in  
the 'Mixed Media Land**

# and City Scapes' pathway

**Talking Points:  
Vanessa Gardiner**



**Talking Points: The  
Shoreditch Sketcher**



**Talking  
Kittie Jones**

**Points:**



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# **A Visual Poetry Zine with Monotype**

**Use monoprint, paint and collage  
to create zines inspired by  
poetry.**

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**Print Foam –  
Making Relief  
Prints: Incised  
& Additive**

**See This**

# Resource Used In Schools...





**You**

**May**

**Also**

**Like... .**

**Pathway :**

**Simple**

# Printmaking



Featured in  
the 'Simple

# Printmaking' pathway

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# **Expressiv e Painting & Colour Mixing**

**What We Like About  
This Post: "I love**

**that this activity introduces students to colour mixing in a fun and interactive way, steering away from the more formal colour wheel and promoting a more intuitive way of colour mixing. The use of sketchbooks**

**also gives students  
the opportunity to  
curate their work,  
nurturing the  
individuals creative  
decision making.' –  
Tobi, AccessArt**

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# Osakana

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# Paint

**Your  
Corner  
Shop**

**See This**

# Resource Used in Schools...





**You**

**May**

**Also**

**Like...**

**Pathway :**

**Festival**

# Feasts



This is  
featured in

the 'Festival  
Feasts'  
pathway

Talking

Points: Claes

Oldenburg



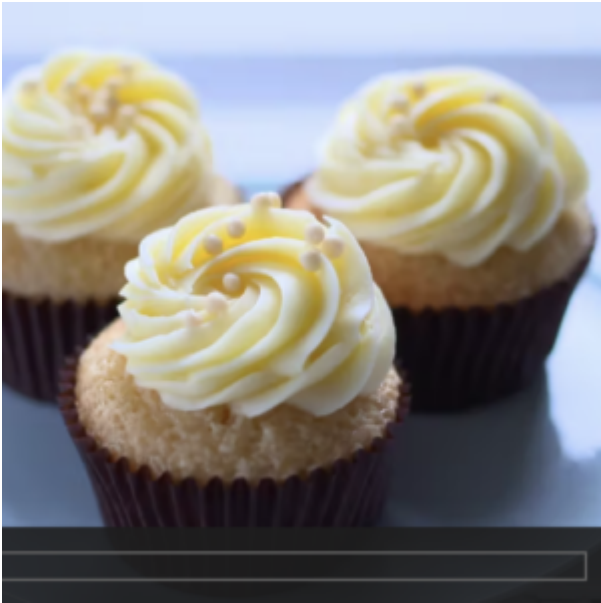
# Talking Points: Nicole Dyer



**Talking  
Points : Lucia  
Hierro**



**Drawing  
source  
material:  
Food**



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# **Making Sculptural Birds**

**See This**

# Resource Used In Schools...















**You May**

**Also**

**Like...**

**Pathway :**

**Making Birds**



Featured in  
the 'Making  
Birds'  
pathway

# Talking Points: Inspired by Birds



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**Trace**

**Monotype**

**You**

**May**

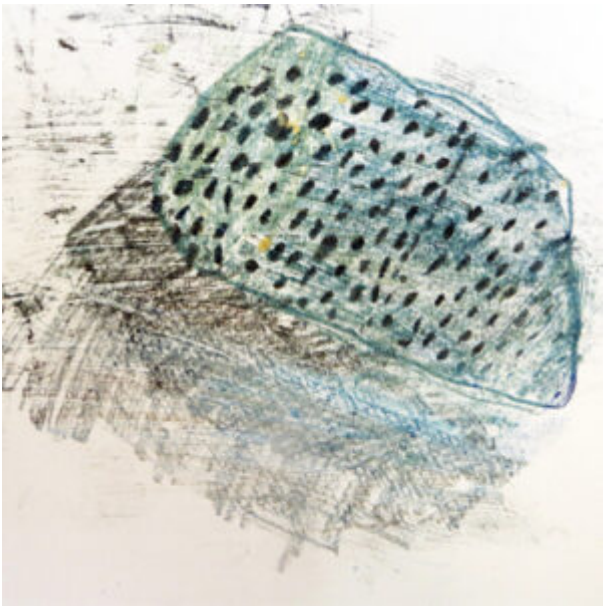
**Also**

**Like...**

**Pathway :**

**Exploring the**

**world though  
mono print**



**This is**

featured in

the

'Exploring

The World

Through Mono

print'

pathway

# Talking

# Points:

# Xgaoc' o Xare



# Video enabled monoprint resources



**Light -  
field**

**Monotype**

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