

Shibori-Inspired Fabric Dyeing: The Art of the Reveal

By [Harper Marten](#)

In this resource, Artist Educator Harper Marten explores the ancient fabric-dyeing technique of [Shibori](#) with a group of adults in a dementia care setting. Shibori is a traditional Japanese, hand-dyeing technique involving folding, twisting, stitching, or binding fabric to create resist-dyed patterns. Derived from the verb shiboru ("to squeeze or wring"), it creates lasting, intricate designs on cloth, traditionally using indigo.

This activity involves a series of gentle, tactile processes; applying pigments and dyes, and submerging materials in water. These steps make it an effective, process-led activity that offers rich sensory feedback. The striking visual transformations also create an element of surprise, motivating learners throughout. By focusing on the process rather than the final product, the activity encourages learners to engage with curiosity and confidence.

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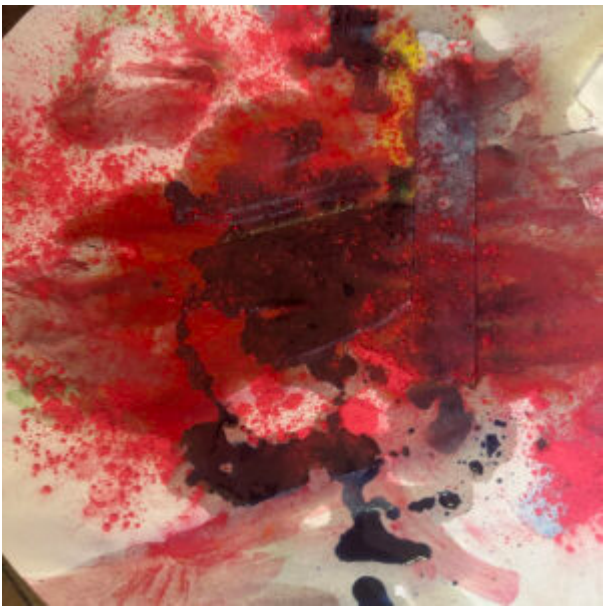
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**What We Like About This
Resource...**

“I really like how this playful resource helps us to make a creative response inspired by a stimulus, ensuring that the stimulus is only an entry point into an outcome that will look totally different. Exploring the themes of colour, texture and composition through the lens of different artists also helps us see how we can interpret (and re-interpret) colours and materials in a meaningful way. Viewfinders and collage are also great tools for those who experience ‘fear of the

white page' and will allow learners to make conscious creative decisions as they go." – Tobi, AccessArt

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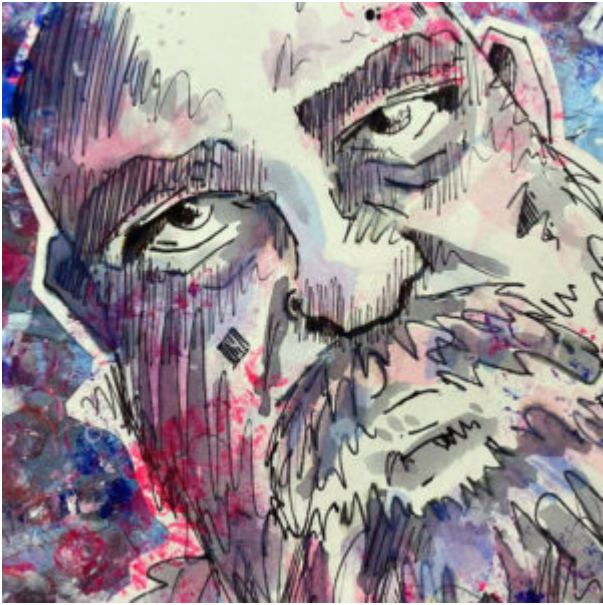
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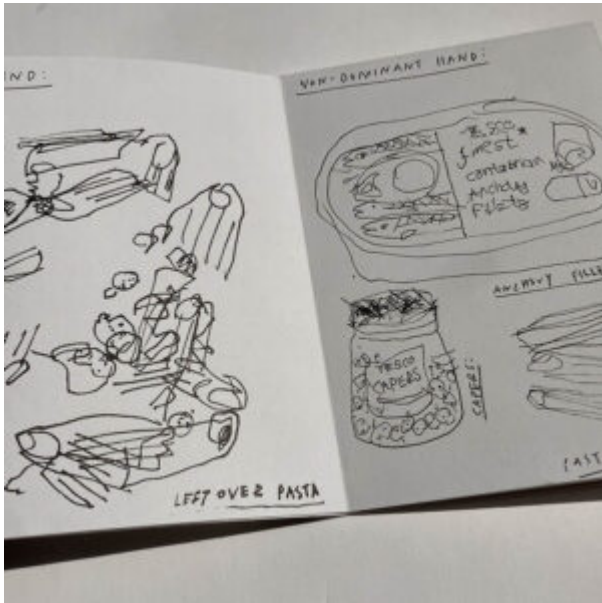
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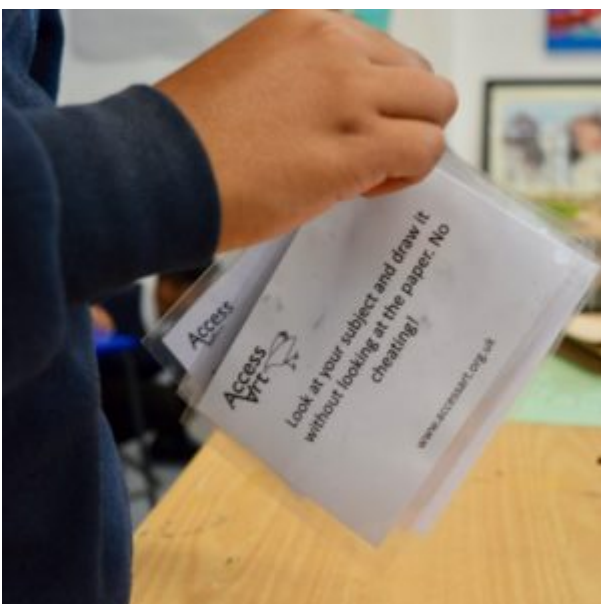
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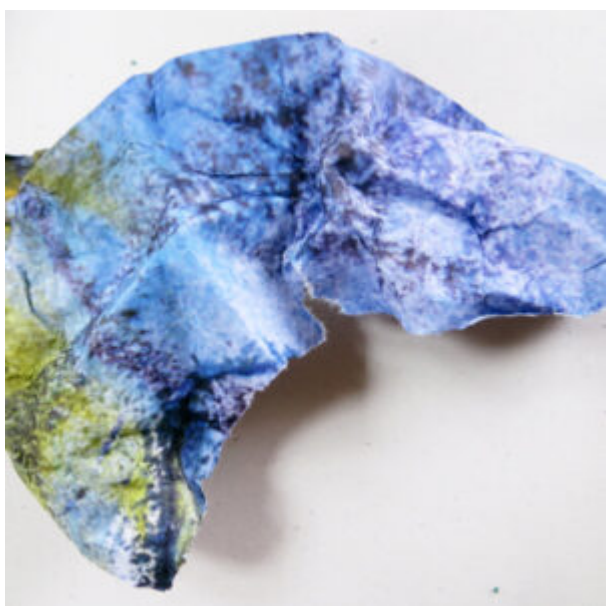
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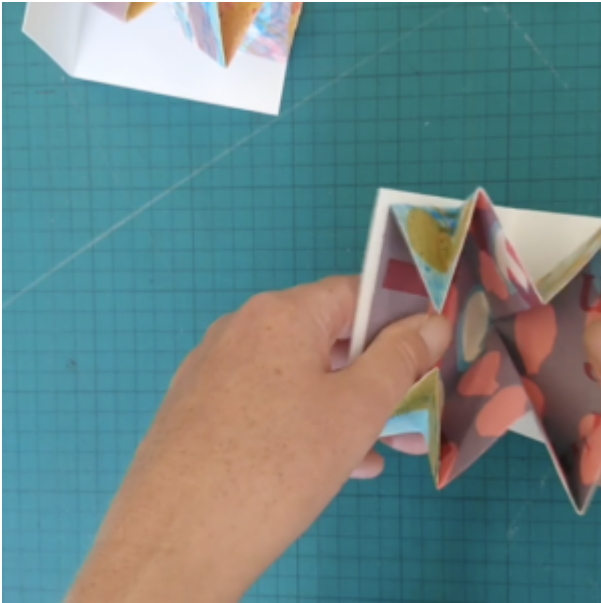
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Deconstructing to Help You See

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The Blood Bag Project

What We Like About This Resource...

This project combines art and science in innovative and creative ways. It engages children with simple and more complex sewing skills, both hand and machine. The fact that a local artist collaborated on this project, bringing her own set of skills and experience is so valuable for any extended art project, and the children were able to connect with the sensitivity of the subject matter and to empathise with it's message.

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which artists: merlin evans



Which Artist: Leigh Bowser

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What We Like About This Resource...

'This resource really demonstrates how art can successfully bring awareness to important humanitarian issues, promote inclusivity and can give a platform to those who otherwise wouldn't be heard. The links between text, photos and drawings are really strong and demonstrate the creative process used by Olivier from start to finish. I really like the inclusion of suggestions for students within the post, which encourage students to learn more about their community and to understand the experience of being displaced. This in turn will hopefully inspire the next generation to be part of an inclusive and empathetic society.' – Tobi, AccessArt