

Continuous Line Drawing Exercise

Many thanks to AccessArt Young Artist Alex Tunstall for composing the music for the video in the Continuous Line Drawing Resource.

Wave Bowls

In this session children make 'wave bowls' with Paula Briggs – a session where the pieces literally 'come together'.

The Anatomy of a Pencil

AccessArt has over 850 resources to help develop and inspire your creative thinking, practice and teaching.

AccessArt welcomes artists, educators, teachers and parents both in the UK and overseas.

We believe everyone has the right to be

creative and by working together and sharing ideas we can enable everyone to reach their creative potential.

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Arts and Minds: Time to Introduce Ourselves – A Sculpture Challenge



Arts and Minds: A 'Heart-Work' Conversation



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Feeling Through Drawing



Drawing for Mindfulness



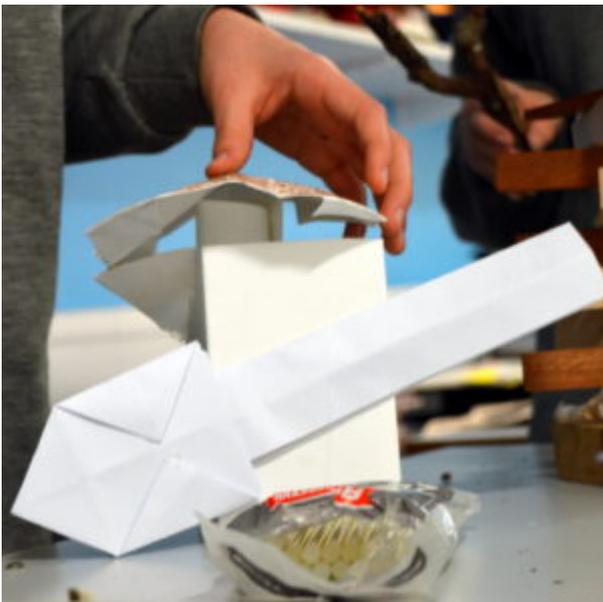
Arts and Minds: Expressive Monoprinting on a Big Scale



Constructing the World with Collage



Building to the Limit



Manipulating Clay with Water



“Heart-Work” – A series of ‘Arts on Prescription’ style workshops for young people at Cambourne Village College with Arts and Minds; Led by Sheila Ceccarelli (Artist) and Yael Pilowsky Bankirer (Psychotherapist)

This series of workshops with students at Cambourne Village College was part of the ‘Young People’s Pilot’, coordinated and managed Arts and Minds, a leading arts and mental health charity in Cambridgeshire. The sessions were led by Sheila Ceccarelli from AccessArt (artist) and Yael Pilowsky Bankirer

(Psychotherapist)

Arts and Minds: Building to the Limit

Arts and Minds: Manipulating Clay with Water

This post shows how to facilitate a sensory session exploring water and clay.

Arts and Minds: Constructing the World with Collage

Arts and Minds: Expressive

Monoprinting on a Big Scale

**Arts and Minds: Drawing for
Mindfulness**

**Arts and Minds: Feeling
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**Arts and Minds: Asemic
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**Arts and Minds: A 'Heart-
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Arts and Minds: Time to Introduce Ourselves – A Sculpture Challenge

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Fabulously inspired teenagers at AccessArt's Experimental Drawing Class made prompts to help each other overcome the 'white page syndrome'.

**Detached and Timeless
Painting Workshop by Sara
Dudman**