

Dreaming With Watercolour

By [Laura McKendry](#).

In this playful and experimental resource, Laura McKendry shares how she facilitated the exploration of watercolour with a group of adults with learning differences and neurodivergent needs at [Artbox London](#). In this workshop, learners explore the unpredictable wonder of watercolour using a range of techniques and varied mark-making tools to work towards a series of outcomes, including a dreamlike image.

This activity was facilitated in a [SEND](#) setting but would also suit a variety of age groups and learners in alternative settings.

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What We Like About This Resource...

“I really like how this playful resource helps us to make a creative response inspired by a stimulus, ensuring that the stimulus is only an entry point into an outcome that will look totally different. Exploring the themes of colour, texture and composition through the lens of different artists also helps us see how we can interpret (and re-interpret) colours and materials in a meaningful way. Viewfinders and collage are also great tools for those who experience ‘fear of the white page’ and will allow learners to make conscious creative decisions as they go.” – Tobi, AccessArt

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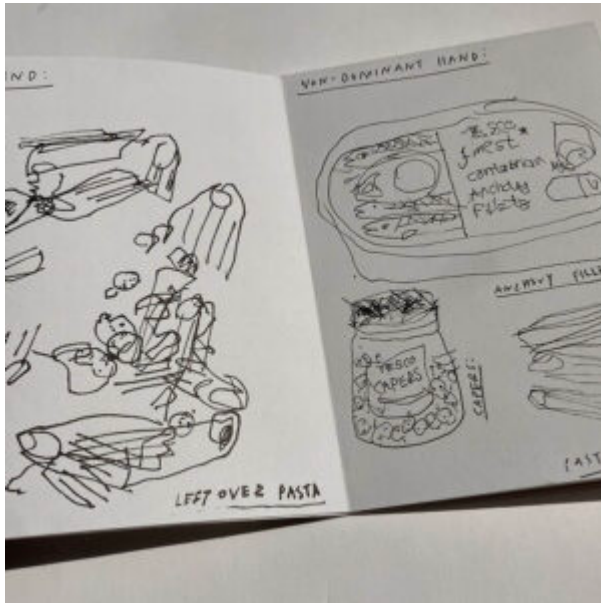
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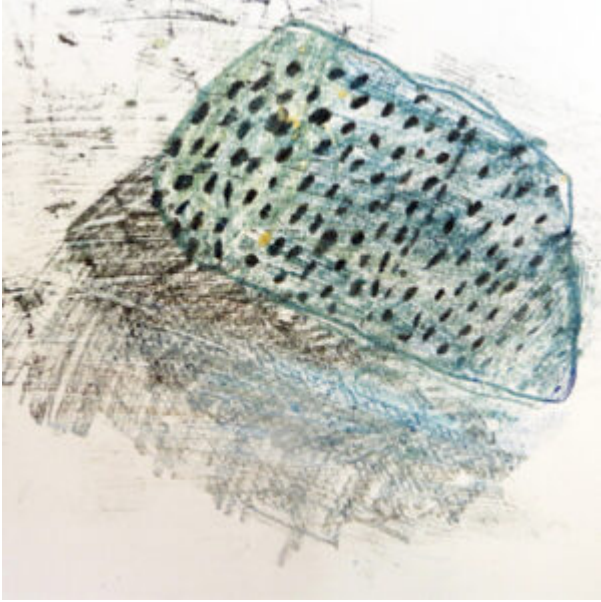


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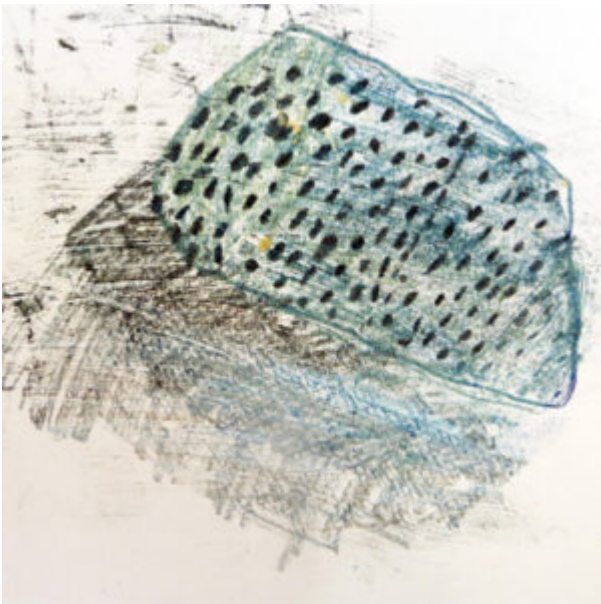
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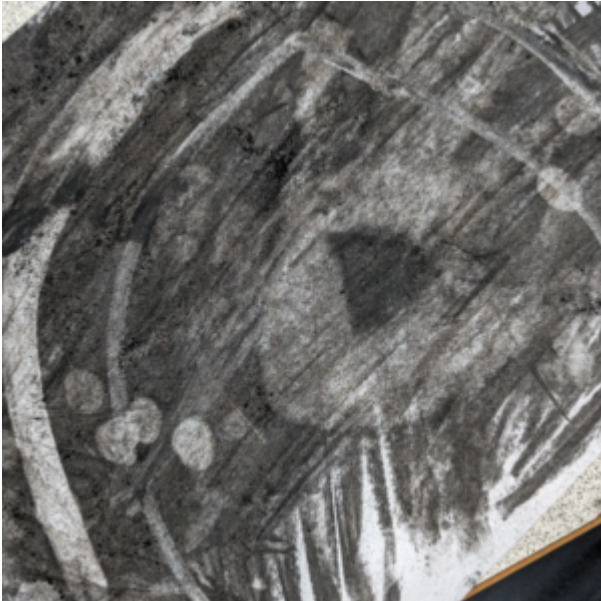
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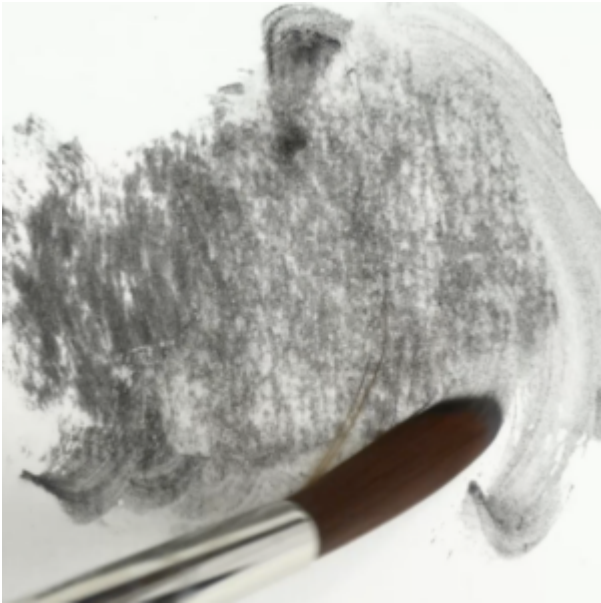


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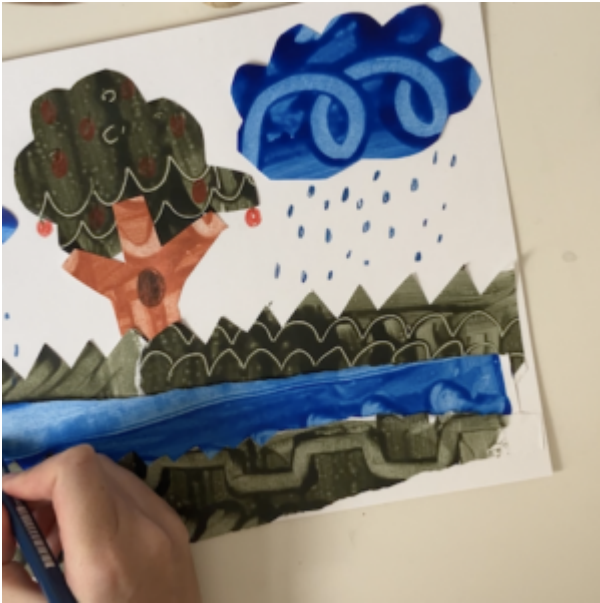


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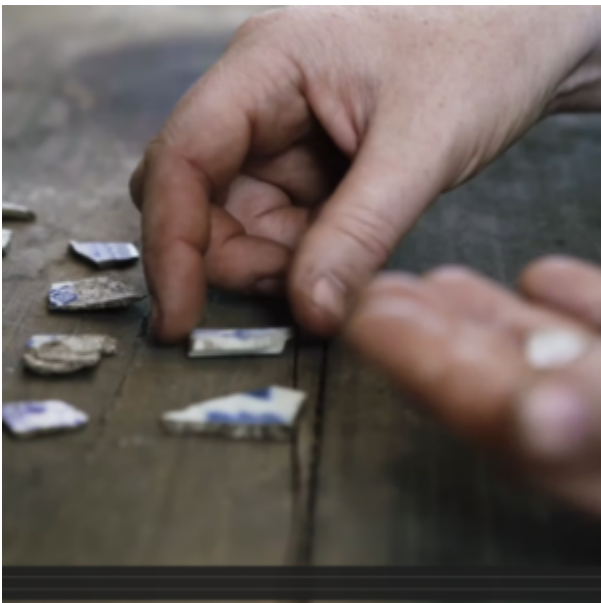
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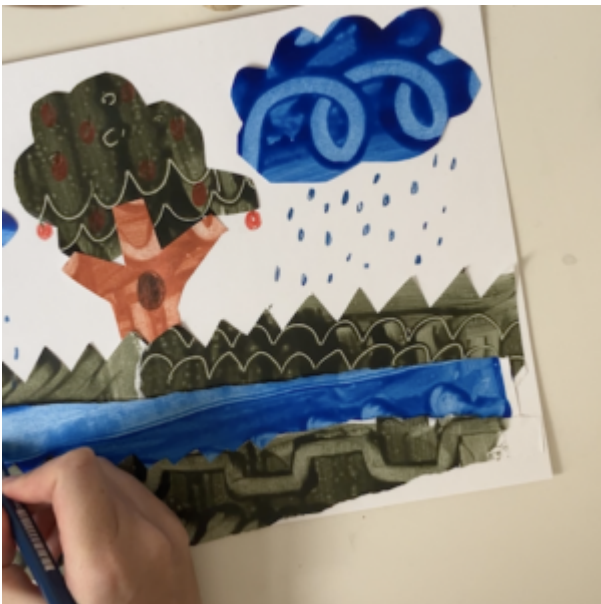
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Collage Part Two

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Collecting Colour in my Moodboard Book

What We Like About This Resource...

"It's really nice to see that although Rachel Parker works quite digitally, her process from the beginning is very tactile. Rachels books act as a really great source of inspiration, helping to break down the creative blocks that we all get from time to time. Having a sketchbook dedicated to colour means that as well as working with colours that you already love, you can test new

colour palettes and see colours from a new perspective. I especially love how Rachel picks up on the different tones in colours by looking at the way light hits it in order build her colour palette around those supporting tones as well as big statement colours.” – Tobi, AccessArt

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Collecting Colour

What We Like About This Resource...

“It’s great to see how a simple exercise such as colour collecting, which can be done in a classroom setting, is also used in a professional capacity. This gives the activity a clear context and purpose. It’s nice to see Rachel’s decisions being made in real time, it demonstrates how artists are constantly reflecting on and self evaluating their own decisions. Rachel also shows us that she sometimes gets colour palettes from photos that she’s taken herself, this is really

exciting because it demonstrates how the artists experience is central to their work. Students will be able to bring their own experience and personality to this activity by having complete control over what their colour moodboard becomes.”
– Tobi, AccessArt

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What We Like About This Resource...

“Rachel’s work is so vibrant and full of joy, it’s really exciting to see how she starts to form creative ideas around colour. Rachel highlights the importance of colour trends but also gives herself the opportunity to create her own trends which adds a level of playfulness and personality to her colour exploration. Seeing her colour books translate into fabric demonstrates a real clarity in her decision making process.” – Tobi, AccessArt.

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