

# How I use my Sketchbook as a Painter, by Rachel Thompson

In the series '[How Artists Use Their Sketchbooks](#)', we are celebrating the different ways in which artists use their sketchbooks, spanning across a range of disciplines, to open up minds as to what a sketchbook is and can be, from the perspective of practicing artists.

In this video, painter and AccesArt team member [Rachel Thompson](#) shares with us how she uses sketchbooks, whether as a series of loose sheets or a simple concertina, to develop ideas for final paintings. In this video, you'll see how Rachel captures landscapes and objects, and is led by sketchbook experiments to explore her ideas and failures, and find clues to push forward.

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*AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.*

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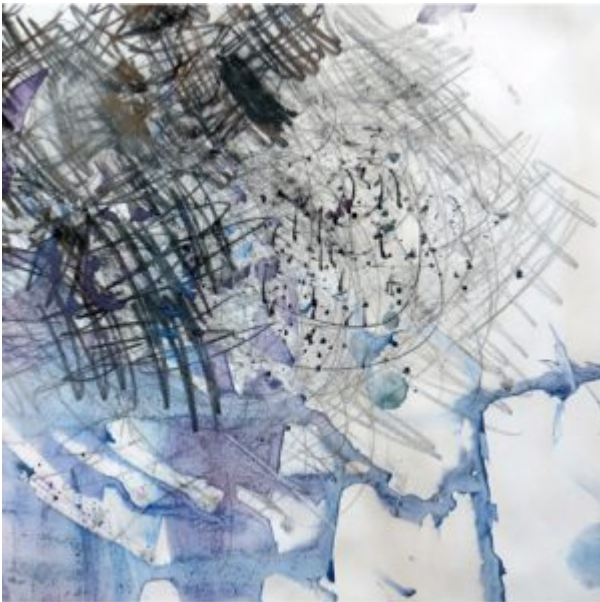
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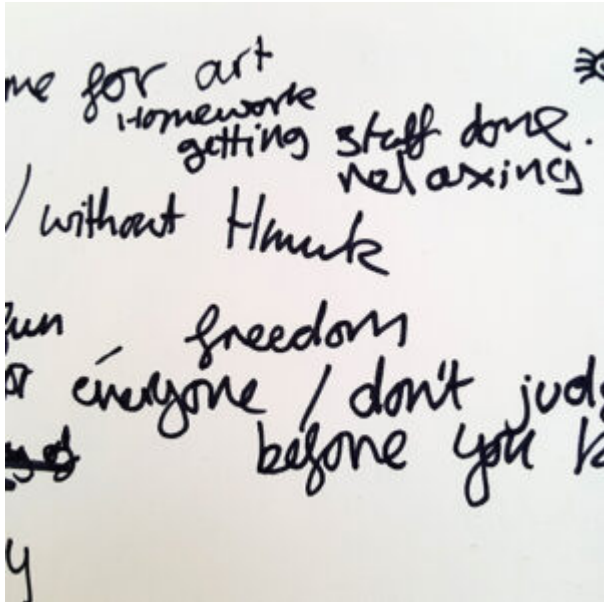
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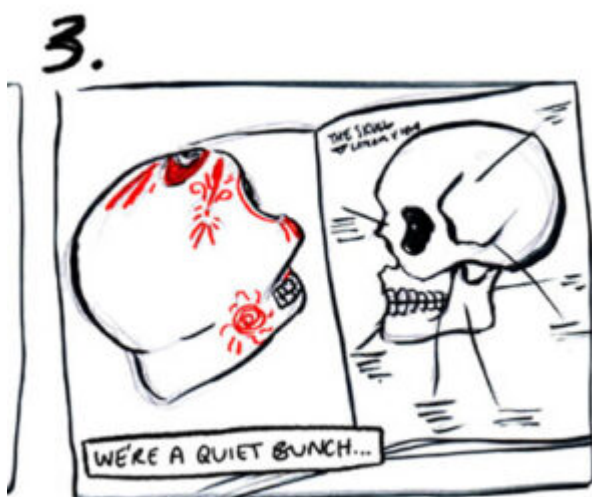
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## What We Like About This Resource...

*“I really like how this playful resource helps us to make a creative response inspired by a stimulus, ensuring that the stimulus is only an entry point into an outcome that will look totally different. Exploring the themes of colour, texture and composition through the lens of different artists also helps us see how we can interpret (and re-interpret) colours and materials in a*

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*meaningful way. Viewfinders and collage are also great tools for those who experience ‘fear of the white page’ and will allow learners to make conscious creative decisions as they go.” – Tobi, AccessArt*

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