

Drawing Spirals

AccessArt uses this exercise frequently with both adults and children as a warm-up/ice breaker to a drawing workshop. As well as getting participants to start making marks on the paper without worry or mental blocks, this simple exercise aims to introduce participants to the idea that drawing and mark making might come not only from the finger tips and wrist, but also from the finger tip, wrist, elbow, shoulder and whole body.



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AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.

See How This Resource Is Used in Schools...







You May Also Like...

Pathway: Spirals



[Featured in the 'Spirals Pathway'](#)

Talking Points: Molly Hausland



The ancient art of kolan



Drawing with a Ruler

You May Also Like...

Pathway: Exploring Form Through Drawing



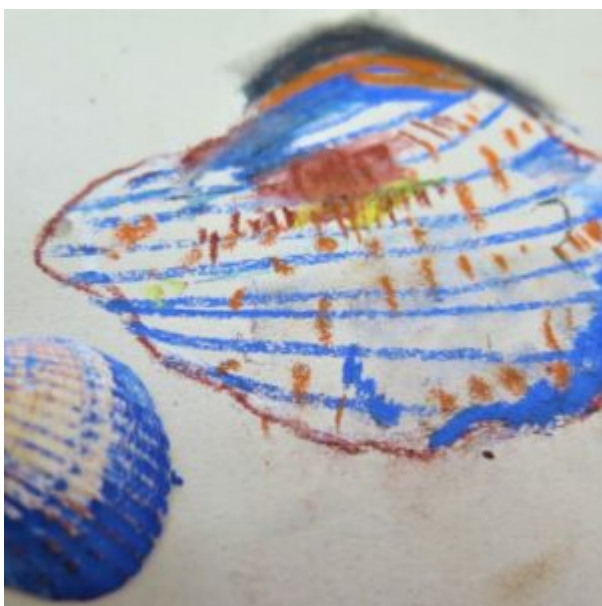
This is featured in the 'Exploring Form Through Drawing' pathway

Pathway: Stick Transformation project

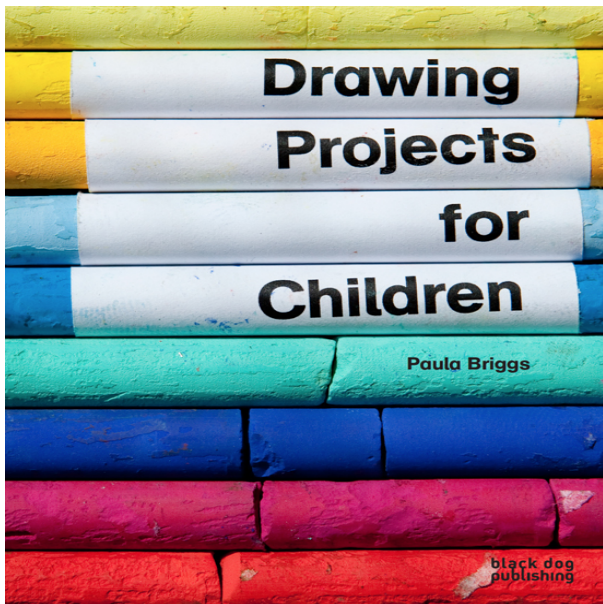


This is featured in the 'Stick Transformation Project' pathway

The drawing journey



**See Drawing Projects for Children for
more Drawing Exercises**



Supersized Jewellery

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[Make, Build, Create and Drawing Projects for Children, BlackDog Publishing 2015/2016](#)

Developing Sketchbook Work with Pink Pig Sketchbooks

Find more drawing and making ideas!



[Drawing Projects for Children and Make, Build, Create. Blackdog Publishing 2015/2016](#)

Join Us for an August Creative Challenge!

The August Creative Challenge Gallery – Week Two

Tie Dye

Rio 2016! – Sporty / Sunbathing Dolls

Inspired by Rio 2016, the AccessArt Friday Club made dolls from modroc and wire, exploring costumes and personality!

Steampunk Robots: A Kitbash Sculpture Unit

This resource, by Esmé Dawson, shows the processes students went through to create a robot sculpture that could live in a steampunk world. The main technique used was 'kitbashing;' the art of making a sculpture by taking bits out of broken plastic toys or using found and recycled objects.

Draw your Home: Collage, Stitch and Fabric Crayons

The August Creative Challenge Gallery – Week One

Drawing Outside & Never- Ending Landscapes

Block printing: Creating repeat patterns using letters with Andy McKenzie

Teenagers from AccessArt's Experimental Drawing Class worked with artist Andy McKenzie to create repeat patterns of letters.

Brushes, Rollers and Dabbers

– Year 4 Pupils Use Mixed Media to Make Mark Making Tools

to explore constructing in mixed media and using inventiveness and innovation to create painting tools, which would later be used to paint a Communal Drawing of the River.

Our River – Year Five Pupils Build a Communal Drawing in Four Steps

Choosing, Mounting, Showing and Celebrating Art Work by Teenagers

Inspired by Christo: Mixed Media Drawings

**Making Large Scale,
Screenprinted, Collaged, Co-
Created Campaign Posters!**

You May Also Like...

**Make, Build, Create: Sculpture Projects
for Children by Paula Briggs**



[Published by Black Dog Books](#)

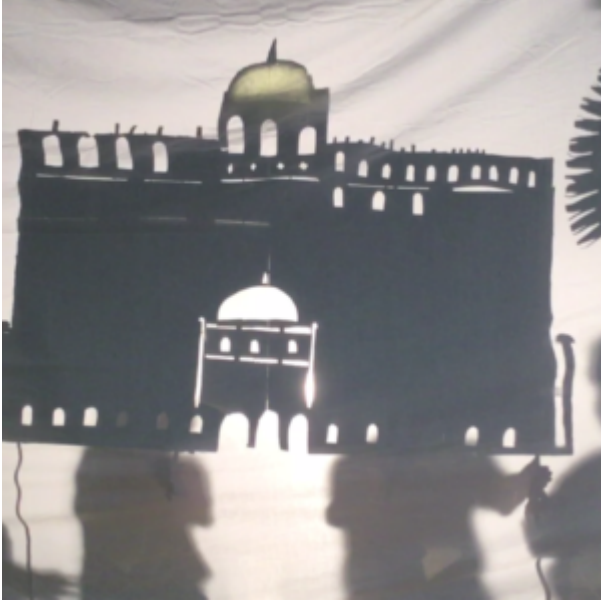
#WHATDIDMYCHILDMAKE



Shadow Puppets and Whiteboards

You May Also Like...

Pathway: Shadow Puppets



[This is featured in the 'Shadow Puppets' pathway](#)

Talking Points: Cut Outs



Talking Points: Malaysian Puppets



Talking Points: Lotte Reiniger



Session Recording: Making Shadow Puppets



Graffiti Floor – Teenagers Have a Silent Conversation with Pen and Mark

As an adult, you must remember your teenage self and all the intensity with which life was felt?