

# Arts and Minds: Constructing the World with Collage

By [Sheila Ceccarelli](#) (*artist*) and [Yael Pilowsky Bankirer](#) (*Psychotherapist*)

This was the seventh session at [Cambourne Village College](#) as part of the 'Young People's Pilot', coordinated and managed by [Arts and Minds](#), a leading arts and mental health charity in Cambridgeshire.

[Back to “Heart-Work” Arts and Wellbeing Project](#)

lace  
wool





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### ***Introduction by Sheila Ceccarelli***

Following on from [Expressive Monoprinting on a Big Scale](#), students were invited to use their prints to construct large scale collages inspired by the landscape surrounding the college.



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## **Arts and Minds: Expressive Monoprinting on a Big Scale**

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**Arts and Minds: Drawing for  
Mindfulness**

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**Arts and Minds: Feeling  
Through Drawing**

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**Arts and Minds: Asemic  
Writing and Invented Text**

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**Arts and Minds: A 'Heart-  
Work' Conversation**

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**Arts and Minds: Time to**

# **Introduce Ourselves – A Sculpture Challenge**

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## **Teachers Explore ‘Line and Shape’ at the Fitzwilliam Museum, Cambridge with AccessArt**

In the spring and summer of 2016, Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge to create and deliver a series of InSET sessions (in-service-training) for primary school teachers.

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## **Teachers Play with Plasticine to Make Prints in the Education Room at the Fitzwilliam Museum, Cambridge**

This post follows on from Gathering Marks and Tearing Paper to Appreciate Prints by Goya, Turner and Cornelius at the Fitzwilliam Museum, Cambridge and Monoprinting Inspired by Goya, Turner and Cornelius in the Education Room, and shows

how teachers used Plasticine to print textures. The session was facilitated by Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge.

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## **Gathering Marks and Tearing Paper to Appreciate Prints by Goya, Turner and Cornelius at the Fitzwilliam Museum, Cambridge**

This post shares how Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge, enabled teachers to enter into the intricacies of prints made by Turner, Goya and Cornelius in a Temporary Exhibition at the Fitzwilliam Museum in summer 2016: 1816: Prints by Turner, Goya and Cornelius.

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## **Making Sculptural Interpretations of 18th Century Portraits at the**



# **Fitzwilliam Museum, Cambridge**

This post shares how Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge, enabled teachers to explore making three dimensional interpretations of two dimensional 18th Century portraits.

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## **Using Drawing to Get Closer to 18th Century Portraits at the Fitzwilliam Museum, Cambridge**

This post shares how Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge, used drawing exercises to take a closer look at 18th Century portraits

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## **Making Sketchbooks at the Fitzwilliam Museum, Cambridge**

This post shares how Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge, enabled teachers to make sketchbooks and explore them as a physical space to connect and collect ideas and

observations from museum collections.

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## **Using Sketchbooks, Drawing and Reflective Tools in the 20th Century Gallery at the Fitzwilliam Museum, Cambridge**

This post shares how Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge, enabled teachers to explore 20th Century paintings and sculpture, through using sketchbooks & drawing as tools for looking and remembering.

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## **Thoughtful Drawing and Mark Making in the Armoury at the Fitzwilliam Museum, Cambridge**

This post shares how Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge, enabled teachers to explore armour through discussion, drawing and mark making.

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# **Making Giant Withie Lanterns**

With 'festivals of lights' in November and December, teenagers at AccessArt's Experimental Drawing class had a fun time constructing giant lanterns out of withies and wet-strength tissue paper.

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## **50 Minutes Looking and Sketching Autumn Leaves**

With rich colours and shapes everywhere, a wonderful opportunity to use sketching to tune into this beautiful time of the year.

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## **Teenagers Write A Letter, A Postcard, A Poem or A Narrative in Invented Text**

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## **Teenagers Use Touch to Draw**

# and Explore Small Objects

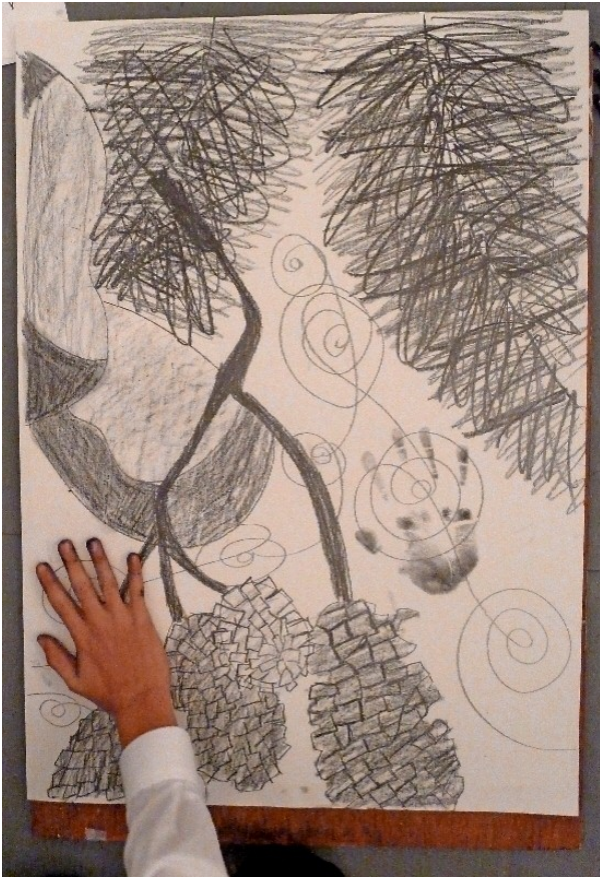
**“Feely Drawings” or Drawing by Touch – a 5 minute drawing exercise**



This short icebreaker or warm up exercise, led by Paula Briggs at the Drawing Workshops for ages 6 to 10, encourages the children to relax into their drawing session.

## **Introducing Graphite and Blind Drawing**





Teenagers explored mark making, drawing 'blind' with the age old drawing tool 'the pencil' and softer graphite sticks.  
Sheila Ceccarelli

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**Time to Introduce Ourselves –  
Initial Sculpture!**