

# “Acts of Kindness” Workshop

By [Paula Briggs](#)



Portrait of Jan Brueghel I (1568-1625) and his family, by Peter Paul Rubens (Detail)

The day after Trump and Zelenskyy stunned the world with their televised argument in the Oval Office, AccessArt ran a “Constructing Positive Social Stories: Acts of Kindness” workshop session at the [AccessArt Lab](#).

The event was one of a number of “[Artists & Teachers Exploring Together](#)” sessions, devised by AccessArt to give us an opportunity to think about some of the more philosophical issues behind art education. By working with artists and educators who are open to holding ideas lightly, we hope to collaboratively discover new arts educational approaches and activities, transferable to a variety of settings.

The idea behind this particular session was to explore how we can use making as a tool to help us focus more closely on the positives which surround us everyday, no matter how small. By creating a shared space for making and conversation, we hoped to lift spirits and create a sense of shared experience.

This post shares the session aims, some of the conversational highlights, and observations of the workshop attendees, and my own as facilitator. Thank you to all who attended, and for your generosity.

*“A timely workshop this Saturday morning led by AccessArt. Reflecting individually on our own experiences of small kindnesses, and then choosing*

*from a table of materials to abstractly or literally depict these, prompted conversation that magnified the acts beyond their original intent. The joy of creating by hand alongside others, of talking and making sense whilst sculpting and glueing, of sharing in stories of the smallest of acts that had made a difference to someone else... about people feeling seen, loved, heard. I left feeling lighter, more hopeful about the world, and with more generosity towards other drivers on my journey home."*

---

	Please log in here to access full content.
Username	<input type="text"/>
Password	<input type="password"/>
	<input type="button" value="Login"/> <input checked="" type="checkbox"/> Remember me
	<a href="#">Forgot Password</a>

To access all content, I would like to join as...

An Individual





Creative practitioners, educators, teachers, parents, learners...

From £3.50

**An Organisation...**



# Abstracting

## What We Like About This Resource...

*“I really like how this playful resource helps us to make a creative response inspired by a stimulus, ensuring that the stimulus is only an entry point into an outcome that will look totally different. Exploring the themes of colour, texture and composition through the lens of different artists also helps us see how we can interpret (and re-interpret) colours and materials in a meaningful way. Viewfinders and collage are also great tools for those who experience ‘fear of the white page’ and will allow learners to make conscious creative decisions as they go.” – Tobi, AccessArt*

## You May Also Like

**Adapting AccessArt: Colour and Composition**



## **Cut Paper Collage Still Life**



## **Cooking with collage**





---

## **Giant Jewellery: Multimedia Response to Yayoi Kusama**

---

### **Playing With Perspective**

### **You May Also Like...**

**Other Resources by Joe Gamble**





## **Adapting AccessArt: Colour and Composition**



## **Thoughtful Mark making**



---

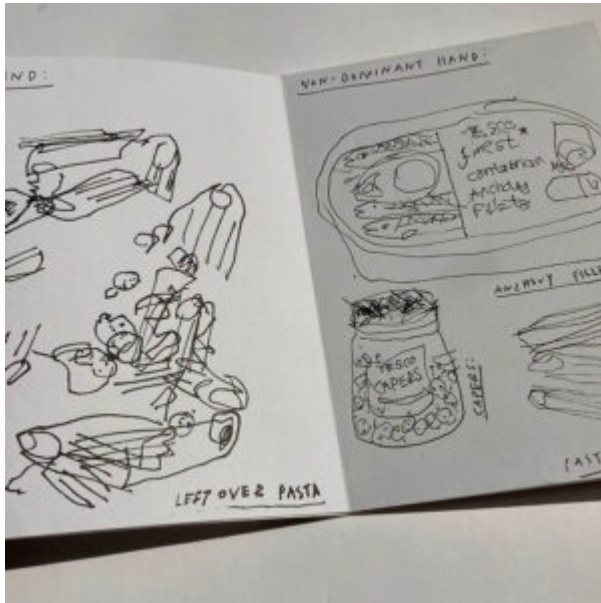
# Cooking With Collage

## You May Also Like...

Redesigning food Packaging



## What i ate in a day



## Paint Your corner Shop



## Creating Repeat Patterns

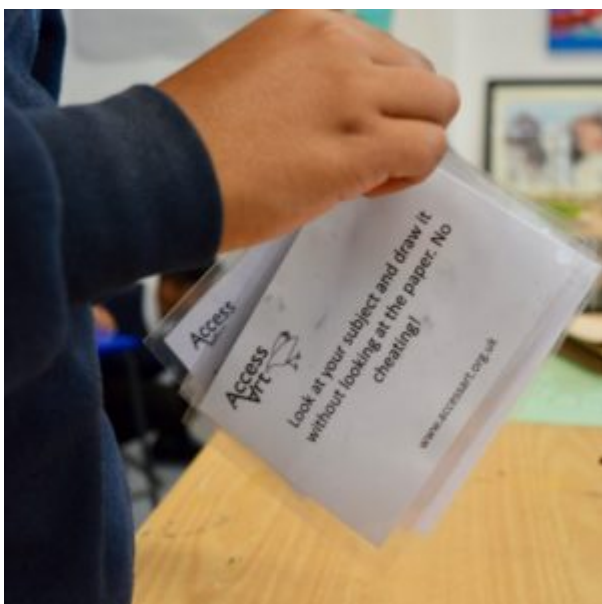


---

# What I Ate in a Day

## You May Also Like

### Drawing Prompt Cards





# Watercolour Washes Inspired by the Tapestries of Henry Moore



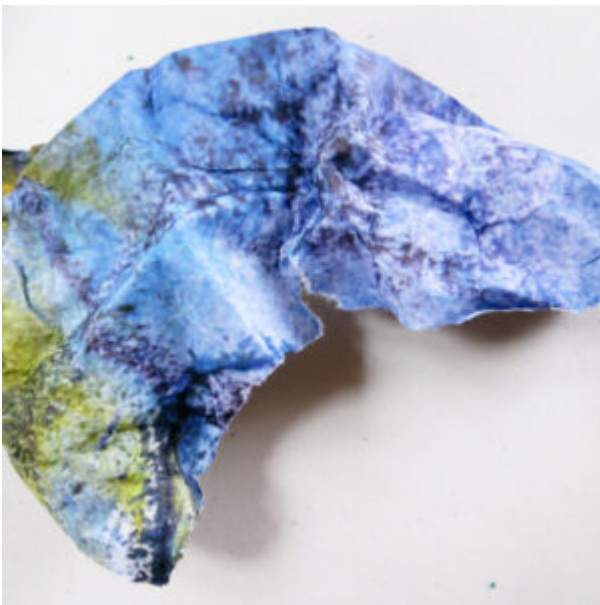
## Paint Your corner Shop



# Adapting AccessArt: From 2D to 3D

## You May Also Like

Manipulating Paper: Turning 2D into 3D



Making Prompt cards



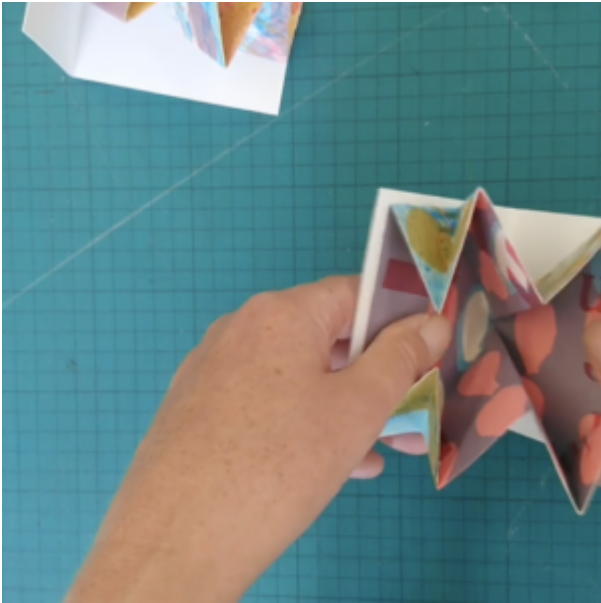
**playful making pathway**



**ASTRONAUT PAPER BODY CASTS**



**Turkish map fold**



## **Adapting AccessArt: Playful Making Inspired by Nnena Kalu**



---

## **Ice Worlds**



# You May Also Like...

## Pathway: Using Art To Explore Global Issues



[This resource is featured in the 'Using Art To Explore Global Issues' pathway](#)

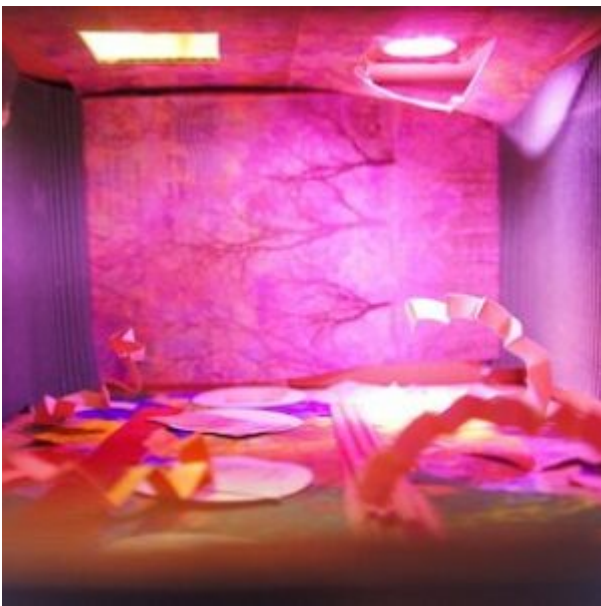
Drawing Source material: ice



## Talking Points: Drawn To Antarctica



## Mini world Lightboxes



---

## Magic Caring Box

---

# Angry Cat, Calm Cat

---

## An Introduction to Sculpture

### You Might Also Like...

Talking Points: Wassily Kandinsky



Inspired by Miro – Collage, Automatic Drawing, & Sculpture



## **Design Through Making**



---

## **Wet Strength Tissue Paper Cups**



# You Might Also Like...

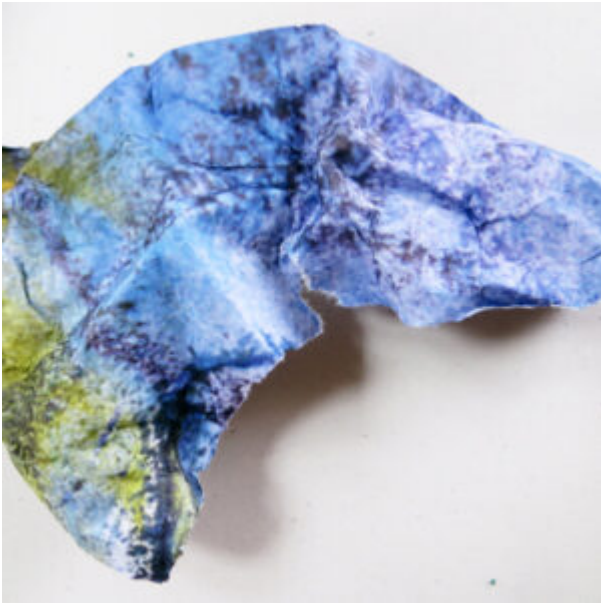
## Sculptural Modroc Pots



## Art Club Cafe



## Manipulating Paper: 2D into 3D



---

# Alternative Fashion

## You Might Also Like...

2d and 3d Fashion Designs using Painted Paper



## Barbie and Ken Transformation



## Puppets Inspired by Historical Paintings



---

## Working on Black Paper

# You Might Also Like...

## Drawing Spirals



## Thinking Silhouettes



## Painting with Poster Paint





---

## **Hew Locke Inspired Boats**

**See This Resource Used In  
Schools...**





# You Might Also Like...

## Making a Treehouse



## Dropped Cone Sculptures



## What is Sculpture?



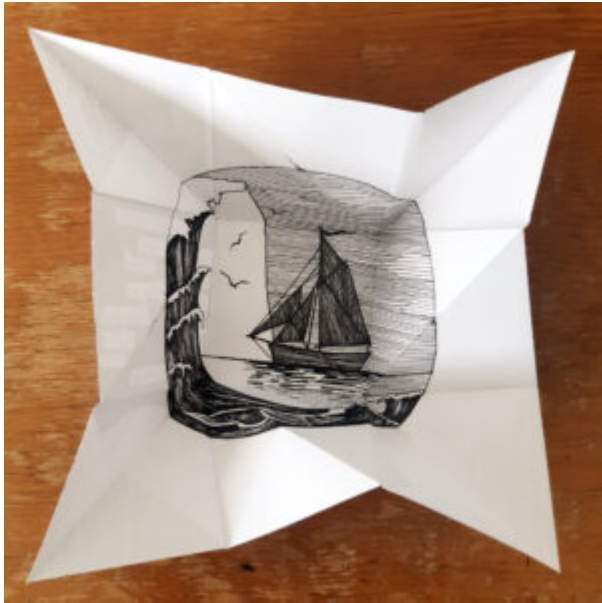
---

# Recycled Baubles by Scarlett Rebecca

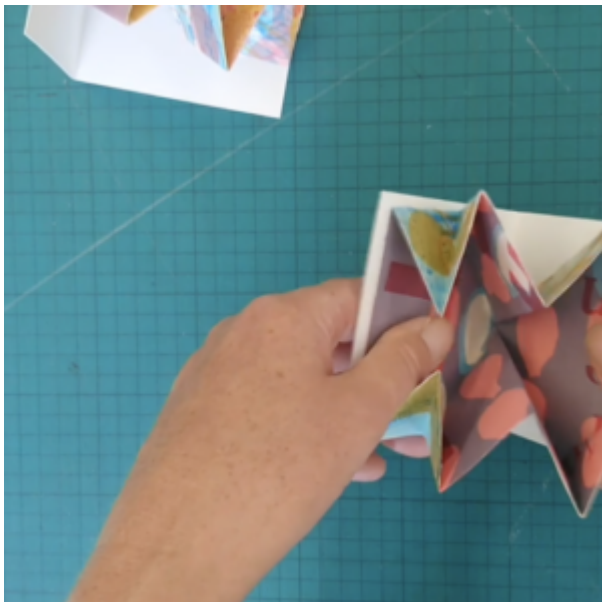
## You May Also Like

making a puzzle purse





**Turkish map fold**



**adapting accessart: 2d to 3d**



---

**Artist Studio Series: Sherrie  
Leigh Jones**

---

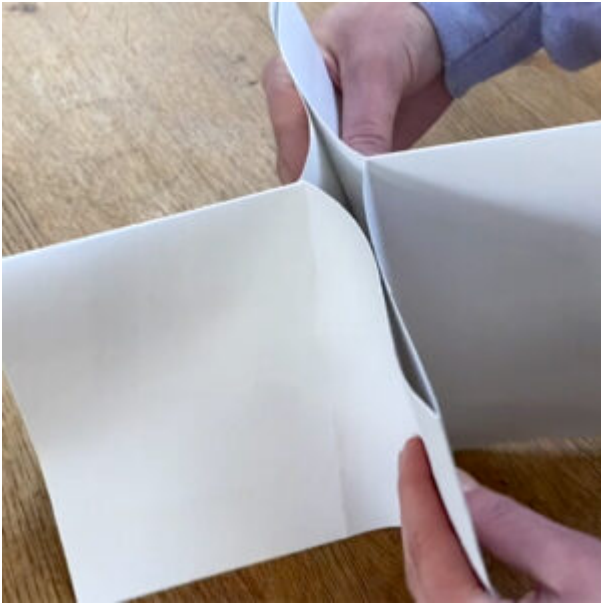
**Marbled Hole Punch Sketchbook**

**DALER**   
**ROWNEY**



**You May Also Like**

**folded sketchbook**

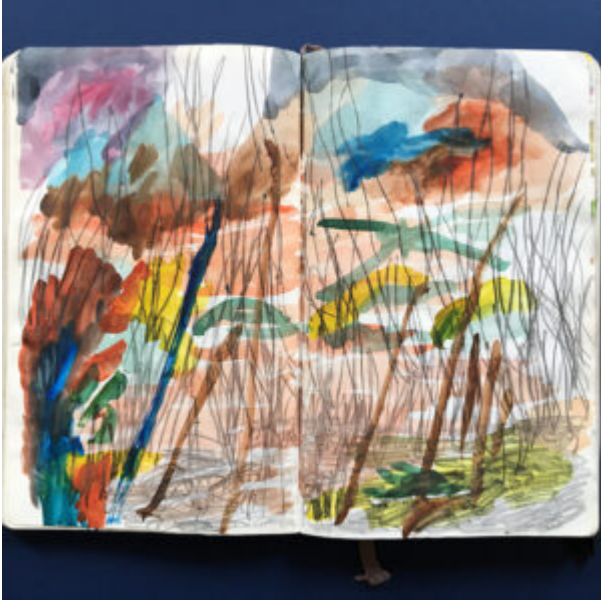


**buying and making sketchbooks**



**the sketchbook journey**





---

# **Recycled Baskets by Scarlett Rebecca**

## **You May Also Like**

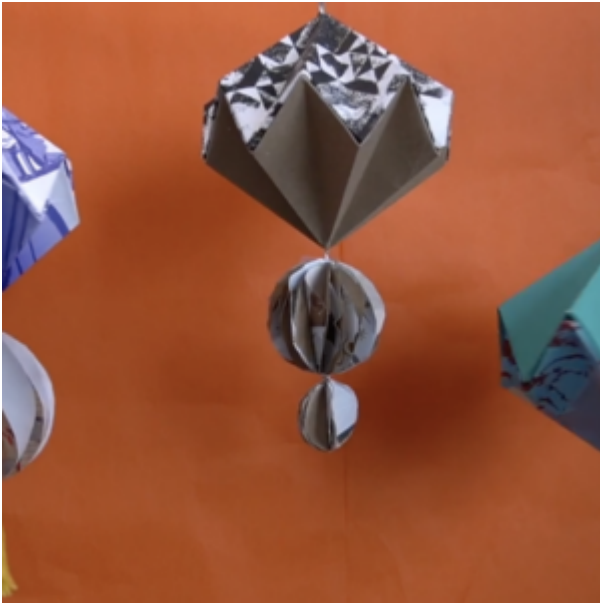
**paper bowls**



**explore paper weaving**



**recycled baubles**



---

## **Exploring A Midsummer Night's Dream: Making Magic Spells**