

Destroying to Create

Creation and destruction, often seen as opposing forces, are in fact deeply interconnected and mutually beneficial. This video explores how learners can better understand the relationship between these two processes, and how we might empower them to be more mindful in the activities they undertake.

This is a sample of a resource created by UK Charity AccessArt. We have over 1500 resources to help develop and inspire your creative thinking, practice and teaching.

AccessArt welcomes artists, educators, teachers and parents both in the UK and overseas.

We believe everyone has the right to be creative and by working together and sharing ideas we can enable everyone to reach their creative potential.

Co-Design in the Classroom

You May Also Like...

Our Creative Community: A pupil-led Project



Visual Arts Pedagogy



Art in Times of Ill Health

You May Also Like...

AccessArt treehouse



AccessArt Wellbeing Resources



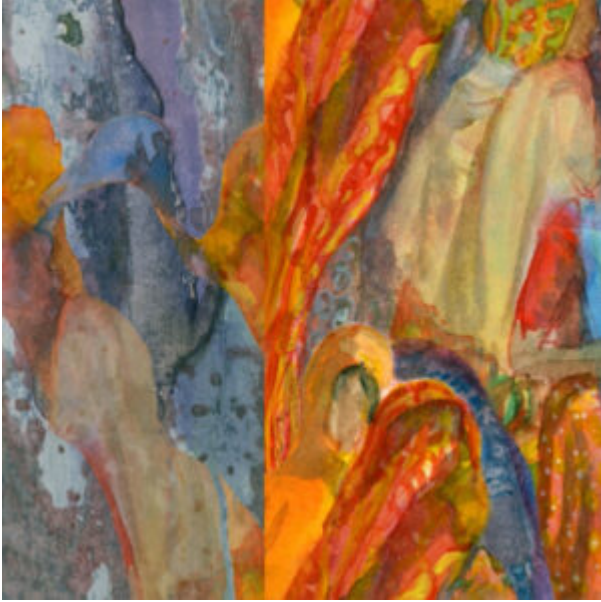
Which Artists: Merlin Evans



Dreaming With Watercolour

You May Also Like...

let me inspire you by emma burleigh



Globe paintings



introduction to watercolour



See all send resources



How I use my Sketchbook as a Painter, by Rachel Thompson

Word and Image: Creating New Narratives

You May Also Like....

Teenagers write in invented text



Teenagers write in invented text



Monoprint to explore poetry



3d Visual Maps



Thick and Thin Paint

You May Also Like...

The AccessArt Offer to SEND (mainstream)



Painting the Storm



Mixed Media Landscape Challenges



How I use my Sketchbook as an

Illustrator, by Alice Bowsher

**Glimpses and Folds: A
Sketchbook Challenge**

**Tiny Art Schools: The
Children's Art School**

You May Also Like...

**The AccessArt Tiny Art School
Movement**



Artist Educator Map



Art School Ilkley Case Study

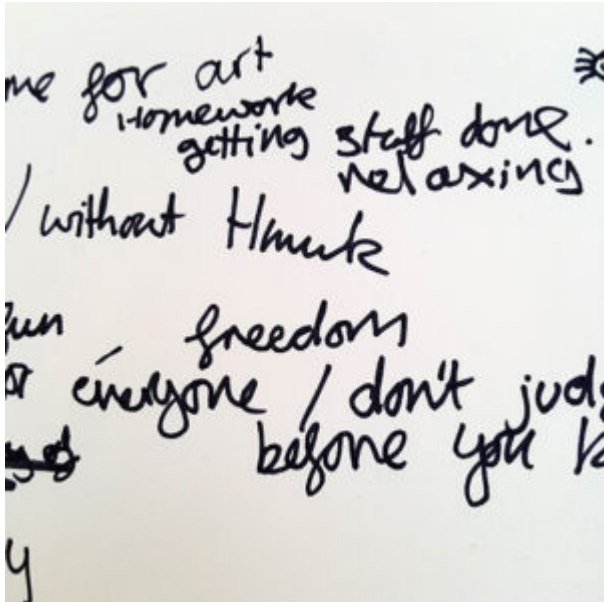


Making Tips & Tricks: Working with Tissue Paper & PVA Glue

Talking Heads

You May Also Like...

find your messages



Portrait Club



Adapting AccessArt: Faces and

Stories



Exploring Macbeth Through Art: Macbeth Portraits



Adapting Sequence Building

AccessArt: and Story

You May Also Like...

3-panel drawing challenge



Drawing Stories



How I use my Sketchbook as an Illustrator by Tobi Meuwissen

How I use my Sketchbook as a Mixed Media Artist

**by Morag Thomson
Merriman**

**How I use my Sketchbook
as a Painter by Joe
Gamble**

Iridescent Insects

You May Also Like...

Drawing Minibeasts



Minibeast Mural



Flora and Fauna Pathway



Sensory Sculpture inspired by Barbara Hepworth

**Engaging Audiences
Through Transportation**

Making a Ruler Drawing (of a Bag)