

# Shibori-Inspired Fabric Dyeing: The Art of the Reveal

By [Harper Marten](#)

*In this resource, Artist Educator Harper Marten explores the ancient fabric-dyeing technique of [Shibori](#) with a group of adults in a dementia care setting. Shibori is a traditional Japanese, hand-dyeing technique involving folding, twisting, stitching, or binding fabric to create resist-dyed patterns. Derived from the verb shiboru ("to squeeze or wring"), it creates lasting, intricate designs on cloth, traditionally using indigo.*

*This activity involves a series of gentle, tactile processes; applying pigments and dyes, and submerging materials in water. These steps make it an effective, process-led activity that offers rich sensory feedback. The striking visual transformations also create an element of surprise, motivating learners throughout. By focusing on the process rather than the final product, the activity encourages learners to engage with curiosity and confidence.*

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*AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.*

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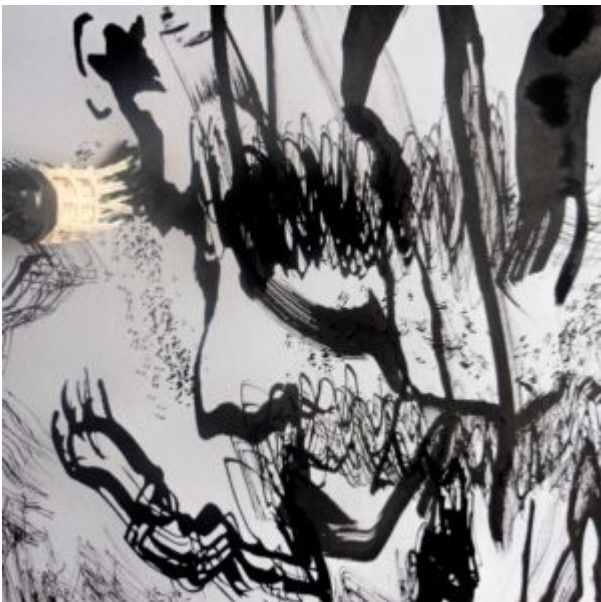
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# Making the “AccessArt For All” Banner

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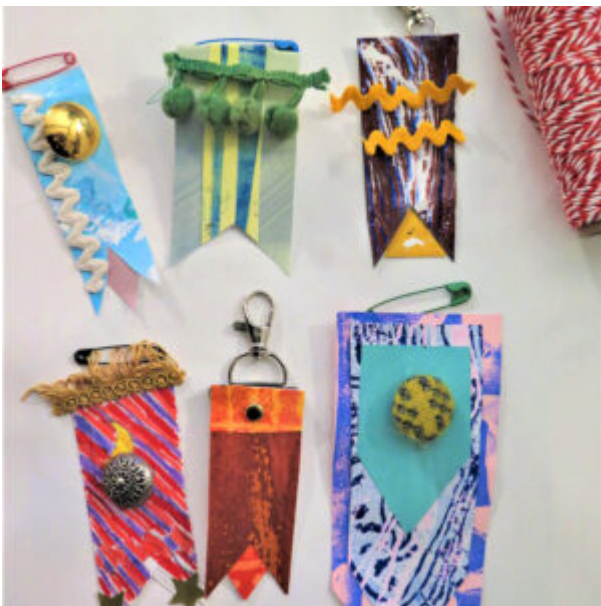
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CURIOSITY AND KINDNESS



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## Prompt Cards for Making



roots and shoots



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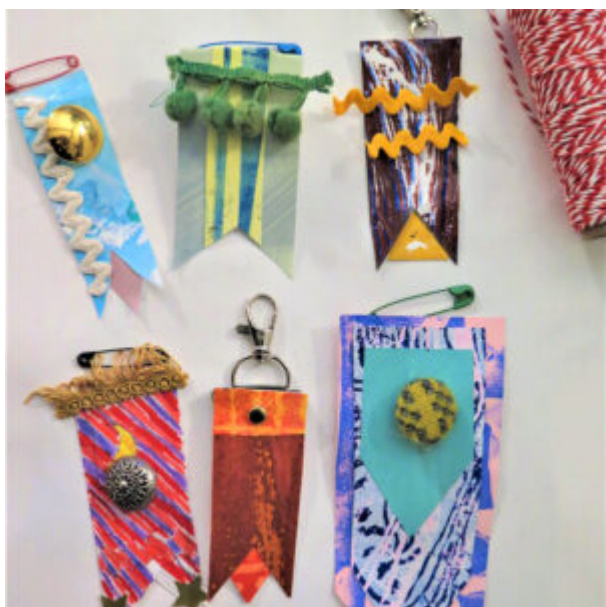
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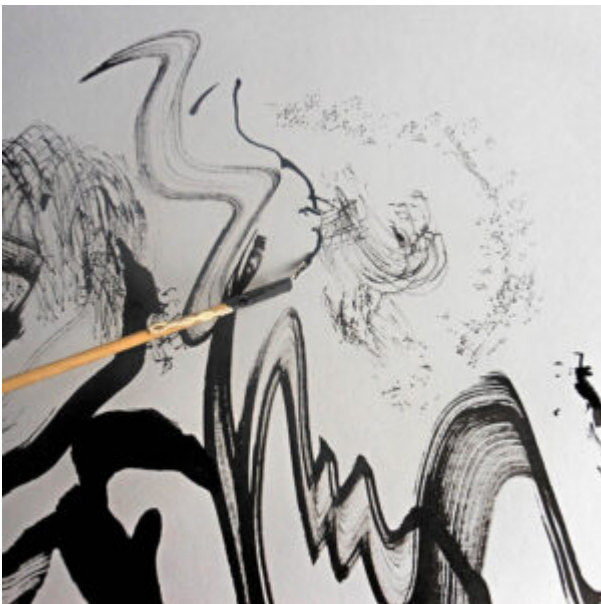
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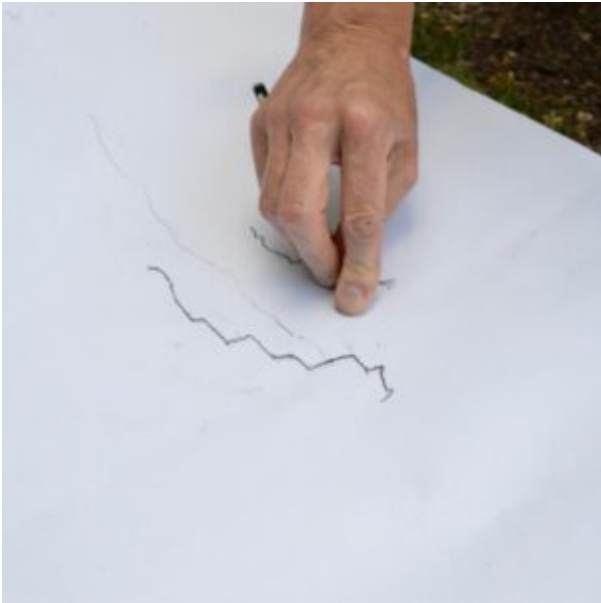
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## Experimental mark-making tools



## the anatomy of a pencil



## **Finding Marks Through Drawings Made by Artists**



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**Splendour and Opulence**

# Inspired by Klimt

## What We Like About This Resource...

*"We really love how Nichola devised and facilitated this activity, giving learners complete freedom whilst limiting certain elements such as colour palette. This activity incorporates a journeyful approach, in which the experiments all come together to form a shared outcome, and celebrate every learners exploration, which we love!" – Tobi, AccessArt*

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## **Dizzy Tins**

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# **Collaged Costume for Cardboard Figures**

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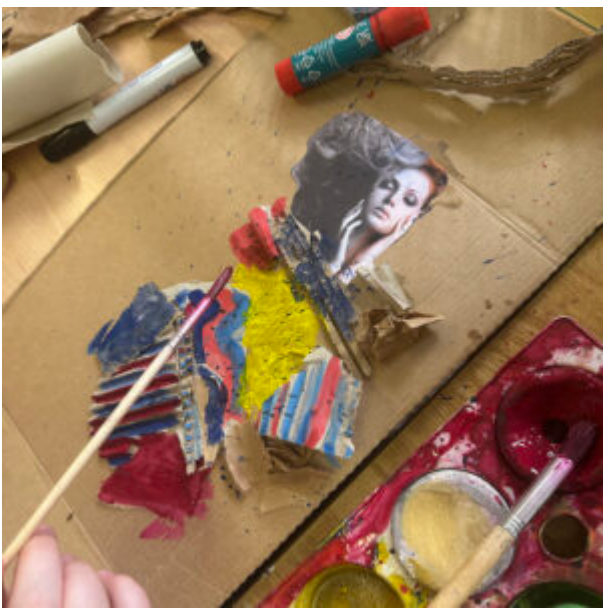
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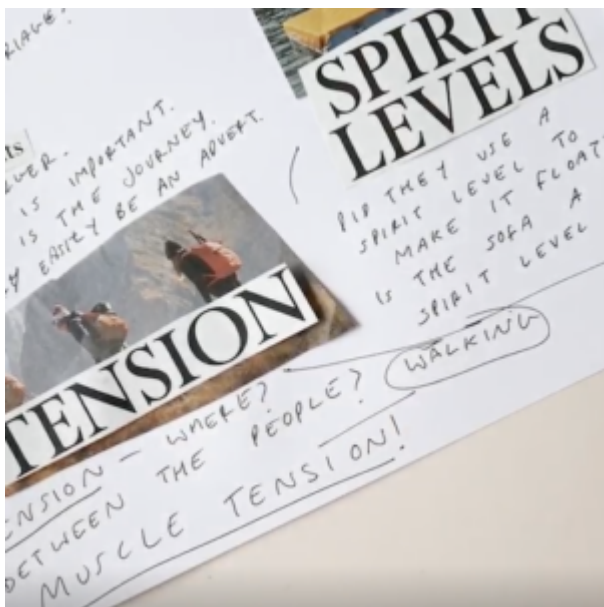
## Speech Bubble Challenge

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## **Drawing With Two Hands**

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## Feely Drawings



**Ten minutes, five times a week**



**CPD recording: drawing with two hands**



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## **Adapting AccessArt: Plinth People**

**This Project Uses The Following Resources...**

**Plinth people: Sculptural Self Portraits**



## **Quick Clay Figurative Sketches**

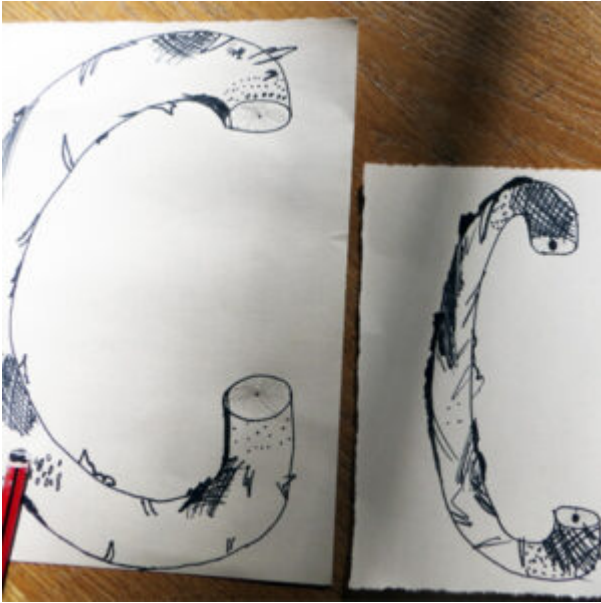


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## **Landscapes Inspired by John Piper**



## typography for children



## drawing with scissors



## CPD Recording: Transforming Letters



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## Talking With Your Hands

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## Dreaming With Watercolour

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