

Drawing With Two Hands

By [Joe Gamble](#)

This experimental drawing activity is formed of 8 drawing exercises, all focused on drawing using both the dominant and non-dominant hand, challenging learners to explore dexterity and control (or lack thereof).

These exercises can be split up to form part of a longer session, or they can be used individually as [warm-ups](#).

Learners will explore how both hands and drawing materials interact with each other to create fluid and rich drawings that challenge preconceptions of what makes a 'good' drawing.

The video is appropriate for viewers aged 14 and over, but can be used in a guided session with younger learners.

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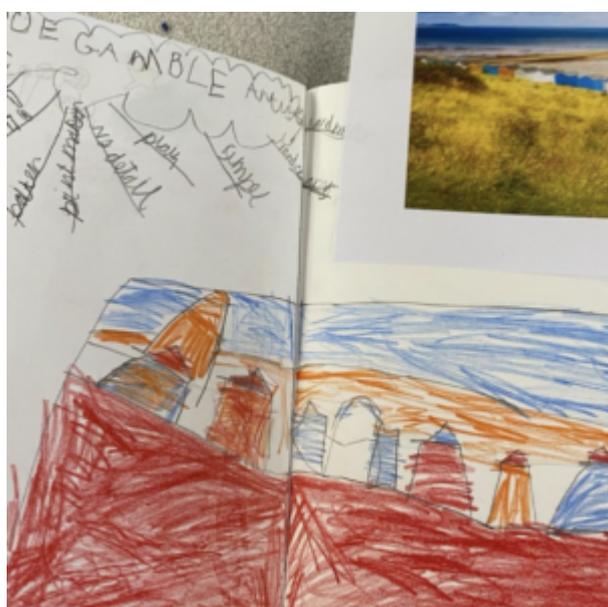
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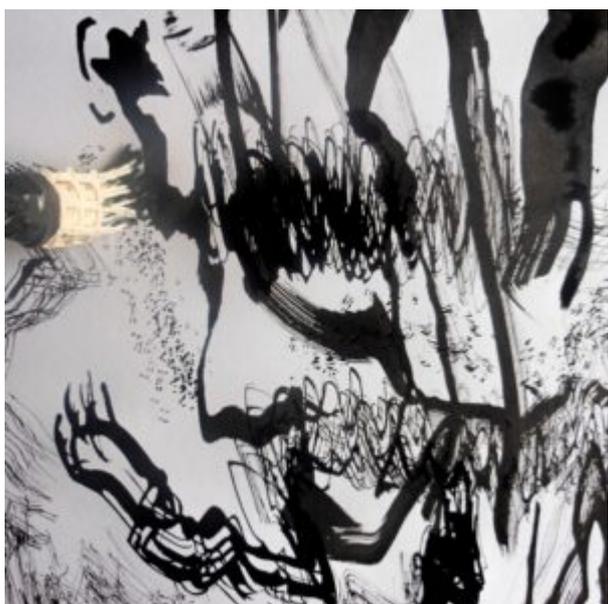
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What We Like About This Resource

“This is a great activity to get students to think about drawing in a different way. Extending reach and accepting a lack of control can lead to really exciting and energised mark-making. It’s great to see that this resource has also been used in SEND settings, demonstrating its accessibility.” – Tobi, AccessArt.

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