

Explore and Draw

By [Cathy Mills](#)

This innovative drawing and nature project for children ages 7-13 yrs, took place at the [Museum in the Park, Stratford Park](#), Stroud, Glos, over five Saturdays. Cathy Mills managed and taught the project, assisted by artist Alison Cockcroft, who facilitated two of the sessions. The project was funded by Arts Council/ Museum in the Park and Stroud Arts Festival Fund.

Several different approaches to drawing were introduced over 5 sessions. All sessions were linked into the natural environment of Stratford Park and the huge trees there. The children were taken out into the park for gathering ideas, materials and inspiration. Cathy introduced relaxing physical exercises at the beginning of each session to help focus the children and encourage them to move and use their bodies. The exercises, derived from Cathy's knowledge of Tai Chi involved stretching, breathing and calming down the children whilst being fun too.



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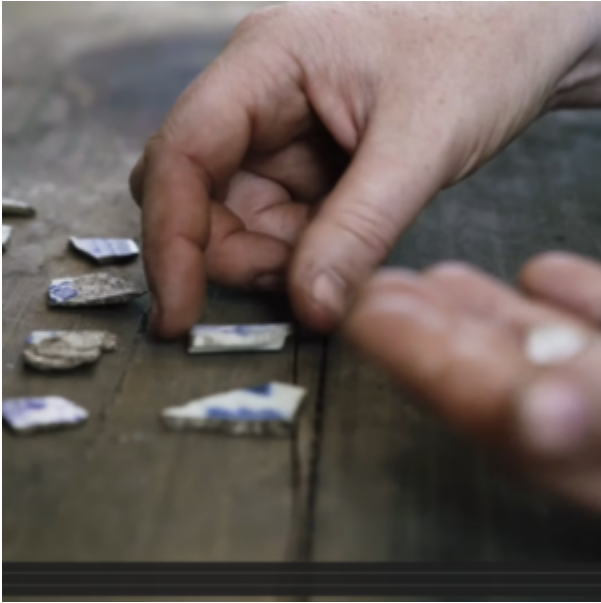
Pathway: Explore and Draw



[Featured in the 'Explore and Draw' Pathway](#)

Talking Points: Artists as Collectors and

explorers



Talking Points: What is Composition



Sculpture Project Inspired by Egyptian Wall Painting

This resource shares a project which explored mould making, casting and painting in the creation of a sculpture inspired

by Egyptian wallpainting, in particular Nebamun hunting in the marshes, Nebamun's tomb-chapel, which can be seen in the British Museum, London

The project can be adapted for use in KS 2 and 3, and can be used to accompany a study of Egyptian Art / Hieroglyphics.

Drawing as a Tool for Wellbeing at Chesterton Community College, Cambridge

Continuous Line Drawing Exercise

Many thanks to AccessArt Young Artist Alex Tunstall for composing the music for the video in the Continuous Line Drawing Resource.

Balancing Observational & Experimental Drawing

Teaching for the Journey not the Outcome

Layered Landscapes: Working in Mixed Media on Location with Kittie Jones

Wave Bowls

In this session children make 'wave bowls' with Paula Briggs – a session where the pieces literally 'come together'.

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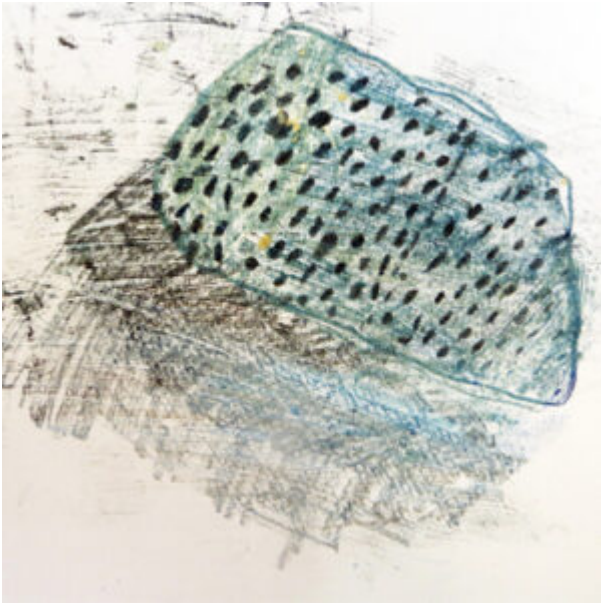


Using Colour to Develop Gestural Drawing

Backwards Forwards Drawing Exercise

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Drawing small



The Anatomy of a Pencil

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