"Heart-Work" — A series of 'Arts on Prescription' style workshops for young people at Cambourne Village College with Arts and Minds; Led by Sheila Ceccarelli (Artist) and Yael Pilowsky Bankirer (Psychotherapist)

This series of workshops with students at Cambourne Village College was part of the 'Young People's Pilot', coordinated and managed Arts and Minds, a leading arts and mental health charity in Cambridgeshire. The sessions were led by Sheila Ceccarelli from AccessArt (artist) and Yael Pilowsky Bankirer (Psychotherapist)

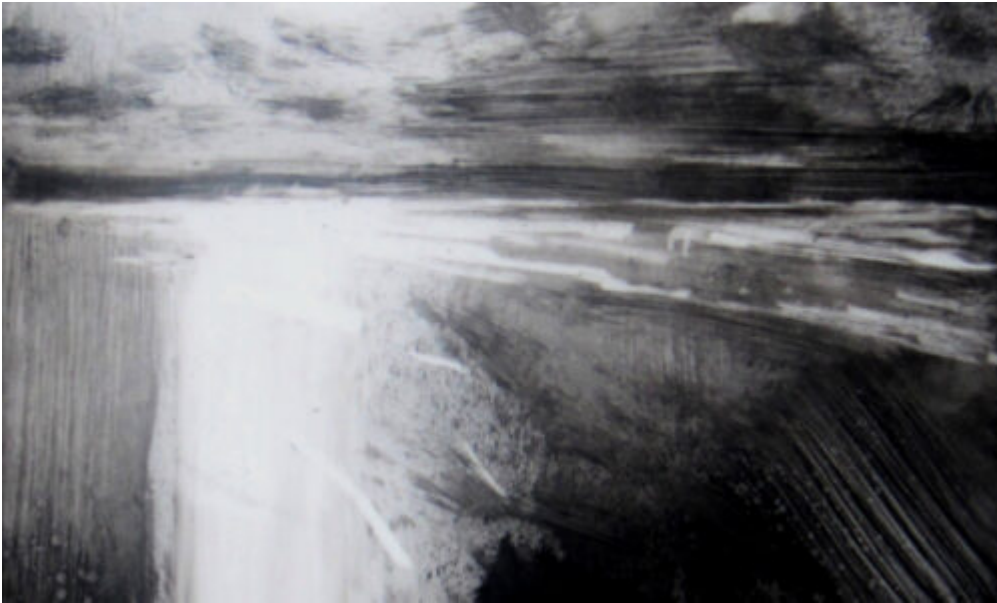# Landscape Painting: Tone in the Landscape

Landscape Painting: A Collection of Resources by Hester Berry

Introduction to Landscape by Hester Berry

[This introduction to landscape painting is an exercise in looking and discovering, browsing and daydreaming.](#)

Landscape Painting: Tone in the Landscape

In this post Hester Berry explores tone as a crucial aspect of landscape drawing and painting.

Landscape Painting: Plein Air Painting

Plein Air painting is the practice of painting outside, normally in front of one's subject.

Landscape Painting: Colour in the Landscape

[Hester Berry shows how working with colour can be broken down, simplified and approached in a pragmatic way.](#)

landscape Painting: Expressive mark Making

Arts and Minds: Expressive Monoprinting on a Big Scale

Arts and Minds: Drawing for Mindfulness

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Arts and Minds: A 'Heart-Work' Conversation

Sketchbook Exercise: Drawing Brushes with Charcoal

Introduction to Landscape by Hester Berry

Teachers Explore 'Line and Shape' at the Fitzwilliam

Museum, Cambridge with AccessArt

In the spring and summer of 2016, Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge to create and deliver a series of InSET sessions (in-service-training) for primary school teachers.

Gathering Marks and Tearing Paper to Appreciate Prints by Goya, Turner and Cornelius at the Fitzwilliam Museum, Cambridge

This post shares how Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge, enabled teachers to enter into the intricacies of prints made by Turner, Goya and Cornelius in a Temporary Exhibition at the Fitzwilliam Museum in summer 2016: 1816: Prints by Turner, Goya and Cornelius.

Using Drawing to Get Closer to 18th Century Portraits at the Fitzwilliam Museum, Cambridge

This post shares how Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge, used drawing exercises to take a closer look at 18th Century portraits

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Using Sketchbooks, Drawing and Reflective Tools in the 20th Century Gallery at the Fitzwilliam Museum, Cambridge

This post shares how Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge, enabled teachers to explore 20th Century paintings and sculpture, through using sketchbooks & drawing as tools for looking and remembering.

Thoughtful Drawing and Mark Making in the Armoury at the Fitzwilliam Museum, Cambridge

This post shares how Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge, enabled teachers to explore armour through discussion, drawing and mark making.
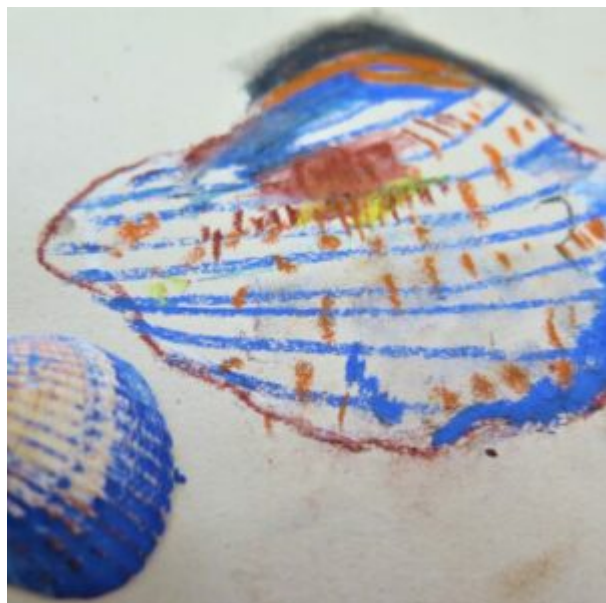

Filling a Sketchbook: Ruler Drawings

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