Life Drawing: Drawing Hands and Feet with Hester Berry

By Hester Berry

Hands and Feet

It can be tricky to tackle hands and feet - many people leave them out all together during short poses, choosing neatly severed stumps over vaguely sausagey arrangements. Indeed they are complex parts of the anatomy — hands offer so many variables, with five independent and sometimes foreshortened fingers; feet are large and relatively featureless, it's difficult to find any landmarks and they often only begin to make sense with successful use of tone.

Because of this, it is impossible to learn to draw 'a hand' or 'a foot', you must objectively draw the object that you see in front of you, relying only on your powers of observation. But in order to aid that observation, I can give you a secret shortcut — think 'mittens' and 'socks'!



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Shipwrecked! A Shadow Puppet Play by Children Aged 10

As the winter nights draw in and it was dark outside and cosy inside, Friday Club students, turn the summerhouse into a theatre and make a shadow puppet play.

Paperback Figures: Collaged, Relief Sculptures

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Life Drawing: Drawing the

Head by Hester Berry

Red to Green: Wax Resist and Scraffito

Red to Green: Making Sculpture

I wanted students to be pushed to explore how to make a free standing sculpture encompassing modern sculptural principles of form, shape and balance, yet with an accessible and tangible approach to working.

Red to Green: Steps to Observational Drawing

Foundations for students to be able to approach observational drawing without feeling inhibited or paralyzed and reinstate their confidence in their ability and right to draw.

Red to Green: Monoprinting

Monoprinting is an excellent way to access mark making and drawing but with a bit of 'distance' from the finished work. Results are always unexpected and the process itself very engaging, so any potential anxiety about what a finished drawing 'should' look like is taken away.

Life Drawing: Capturing Gesture by Hester Berry

Red to Green: Block Printing

enjoyed the process of block printing

Red to Green: Taking Rubbings and Making Compositions

process of recording by taken rubbings from natural and man made objects whilst incidentally making uninhibited gestures

Red to Green: Patterns in Nature, Line and Wire

using drawing as a way into exploring designs and patterns in nature, followed by a making session using wire to extend ideas into 3D

Aspire to Create: Inspired by Nature & Empowered by Creativity - Red to Green

One: Casting



Exploring mark making into wet clay, mould making, mixing and pouring plaster

Two: Patterns in Nature, Line and Wire



Using drawing to look at designs and patterns in nature to inspire the creation of wire sculpture

Three: Taking Rubbings and Making Compositions



Recording the surrounding world by taking rubbings

Four: Block Printing



Learners are introduced to block printing

Five: Monoprinting



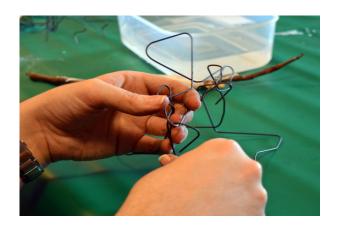
Exploring texture, pattern and mark
making through monoprinting

Six: Steps to Observational Drawing



Four steps to enabling observational drawing

Seven: Making Sculpture



<u>Learners explore sculptural principles of</u> <u>form, space and balance</u>

Eight: Wax Resist and Scraffito



<u>Introducing colour with wax resist and</u> <u>scraffito techniques</u>



Red to Green: Casting

day one of AccessArt's six day residency at Red2Green mark making into clay, mould making and casting

Windy Day Drawing: What was it really all about?

3D Drawing with Paper: Texture - Surface - Structure

Artist Andrea Butler sets teenagers the challenge to create 3D forms from sheets of paper experimenting with structure and texture using manipulation techniques.

Bold Autumn Still Life

Teenagers engaged in creating bold still life drawings

Life Drawing: A Collection of Resources by Hester Berry

How to Run a Life Drawing Class



_Introducing Hester and providing an overview of how Hester sets up and facilitates a life class.

An Introduction to Life Drawing



__Getting started with life

drawing and some simple warm-up exercises to help you become familiar with your drawing materials and the life model.

Capturing gesture



_Hester provides some helpful advice along with a series of short drawing exercises, that will enable you to identify the essentials of a pose and successfully record the movement and gesture of the life model.

Drawing the head



__Drawing faces can be daunting, but Hester explains how you can tackle them successfully using simple and logical steps.

drawing hands and feet



__Hands and feet are tricky subjects and often get omitted because the forms seem too

complicated to draw. Hester shares a secret shortcut to understanding and drawing these complex forms ...think mittens and socks!

Understanding Foreshortening



_When drawing the life model, it can be difficult to process your view of a 3D form into a 2D representation. Hester explains clearly and concisely how to successfully achieve a foreshortened figure to create the illusion of space in your drawings.

Using Tone



_Hester explains how to use tone effectively to give your drawings more definition and an increased sense of volume and suggests ways of using tone when drawing short poses, that will build your confidence and skills.

Introduction to Life Drawing with Hester Berry

Years 3 and 4 D&T and Making Club

A collection of resources by Sheila Ceccarelli based on her Brilliant Makers Club for year three and four pupils at Milton Road Primary School, Cambridge. Children were encouraged to experiment, think and engineer creative solutions by working on simple projects, with individual and independently generated outcomes.