# Exploring Primary Colours and Progressing from Powder Paint to Gouache and Acrylic

This resource is based on methods shared, during an AccessArt InSET session, for primary school teachers at New Hall School, Chelmsford, to ultimately enable their pupils to develop colour skills. Teachers explored using their intuition and experience to mix primary colours, creating coloured swatches, that matched the colours of spring flowers, whilst comparing painting mediums. By Sheila Ceccarelli

#### The Opposite of Light

Teenagers work with artist Melissa Pierce Murray on a range of explorations looking at light and contrasts. This workshop explores contemporary themes around placement, object and meaning.

#### **Snowflakes**

Artist Melissa Pierce Murray leads teenagers in a festive workshop exploring snowflakes and decorating Christmas cookies with piping and egg tempura.

#### Making your Mark on Small Canvases

### Sculpture Project Inspired by Egyptian Wall Painting

This resource shares a project which explored mould making, casting and painting in the creation of a sculpture inspired by Egyptian wallpainting, in particular Nebamun hunting in the marshes, Nebamun's tomb-chapel, which can be seen in the British Museum, London

The project can be adapted for use in KS 2 and 3, and can be used to accompany a study of Egyptian Art / Hieroglyphics.

#### Watercolour Portrait

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watercolour



foreshortened sketches



#### Wave Bowls

In this session children make 'wave bowls' with Paula Briggs — a session where the pieces literally 'come together'.

#### Under the Ocean Mirrors

This was an afternoon session for year four pupils at Ridgefield Primary School, Cambridge, and part of AccessArt's Brilliant Makers Club, a campaign supporting and championing making experiences in schools. By Sheila Ceccarelli

#### Self Portrait in Acrylic

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# "Heart-Work" an Arts and Wellbeing Project for Young People

Arts and Minds: Time to Introduce Ourselves — A Sculpture Challenge



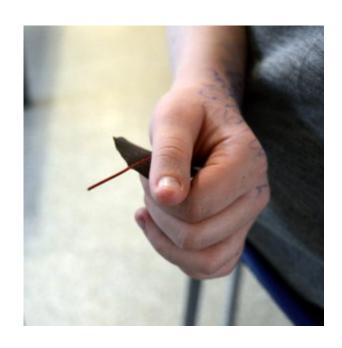
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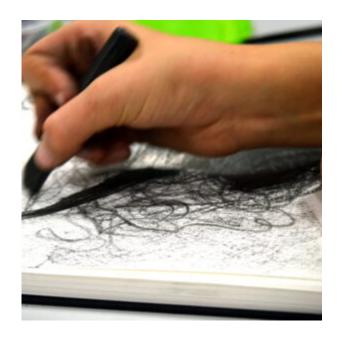
Arts and Minds: Asemic Writing and Invented Text



Feeling Through Drawing



**Drawing for Mindfulness** 



Arts and Minds: Expressive Monoprinting on a Big Scale



Constructing the World with Collage



**Building to the Limit** 



Manipulating Clay with Water



#### Landscape Painting: Expressive Mark Making

#### Questioning the Canvas

Landscape Painting: Plein Air Painting

Teenagers Paint a Canvas with Scolaquip

Landscape Painting: Colour in the Landscape

Teenagers Experiment with

#### Glow in the Dark Paint and Rice with Artist Melissa Pierce Murray

teenagers at AccessArt's Experimental Drawing Class, I brought in UV reactive paint and markers, and surprised students by turning off the lights and shining a UV torch on the palates.

"Heart-Work" — A series of 'Arts on Prescription' style workshops for young people at Cambourne Village College with Arts and Minds; Led by Sheila Ceccarelli (Artist) and Yael Pilowsky Bankirer (Psychotherapist)

This series of workshops with students at Cambourne Village College was part of the 'Young People's Pilot', coordinated and managed Arts and Minds, a leading arts and mental health charity in Cambridgeshire. The sessions were led by Sheila Ceccarelli from AccessArt (artist) and Yael Pilowsky Bankirer (Psychotherapist)

#### Landscape Painting: A Collection of Resources by Hester Berry

Introduction to Landscape by Hester Berry



This introduction to landscape painting is an exercise in looking and discovering, browsing and daydreaming.

Landscape Painting: Tone in the Landscape



In this post Hester Berry explores tone as a crucial aspect of landscape drawing and painting.

Landscape Painting: Plein Air Painting



Plein Air painting is the practice of painting outside, normally in front of one's subject.

### Landscape Painting: Colour in the Landscape



Hester Berry shows how working with colour can be broken down, simplified and approached in a pragmatic way.

landscape Painting: Expressive mark Making



Practice and hone technical skills, use of tone and colour, observation and time spent in the landscape.

Arts and Minds: Asemic Writing and Invented Text

Arts and Minds: A 'Heart-Work' Conversation