

Inspire: Teachers

This post is based on CPD (Continued Professional Development) sessions in February and March 2019, hosted and delivered by the Fitzwilliam Museum, Cambridge in collaboration with AccessArt, for Cambridgeshire teachers participating in Inspire 2020 Project.

Drawing in the Dark: Developing a Visual Language

Taking on the Inktober Challenge

Artist Morag Thompson Merriman taking on the Inktober Challenge and generously shares her process with AccessArt.

Colour Wheel for Infants and Juniors

In this post, artist educator Rosie James, shows her open-ended and experiential approach to introducing the colour

wheel to primary aged children throughout the key stages.

Composite Still Life Studies in Candlelight

Making an Ink and Wax Village with Pupils in Mansfield

Sketchbooks Made with Screenprinted Papers

A “Wallpaper” Sketchbook – Enabling Drawing by Getting Rid of the White page

Using Sketchbooks to Take Ownership of Ideas

“Heart-Work” an Arts and Wellbeing Project for Young People

Arts and Minds: Time to Introduce Ourselves – A Sculpture Challenge



Arts and Minds: A ‘Heart-Work’

Conversation



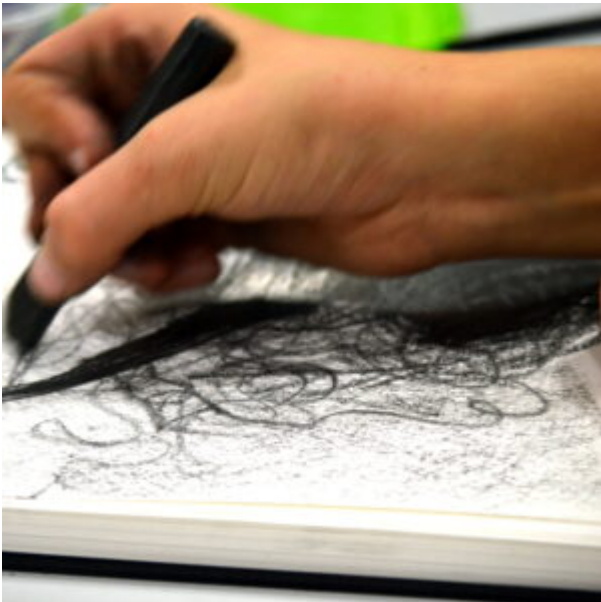
Arts and Minds: Asemic Writing and Invented Text



Feeling Through Drawing



Drawing for Mindfulness



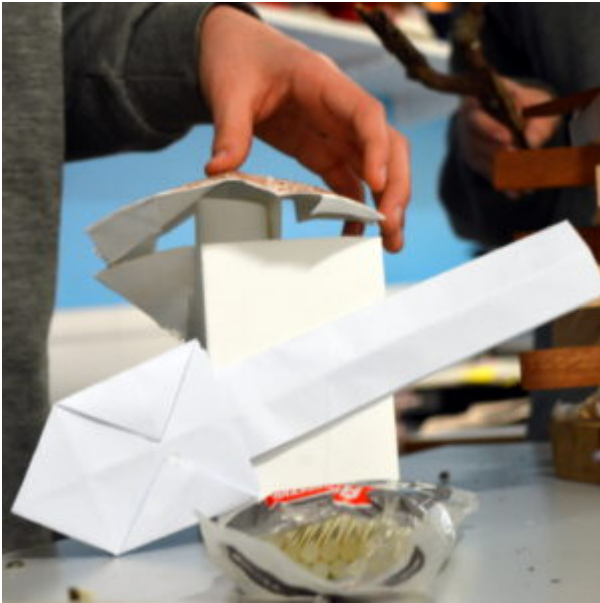
Arts and Minds: Expressive Monoprinting on a Big Scale



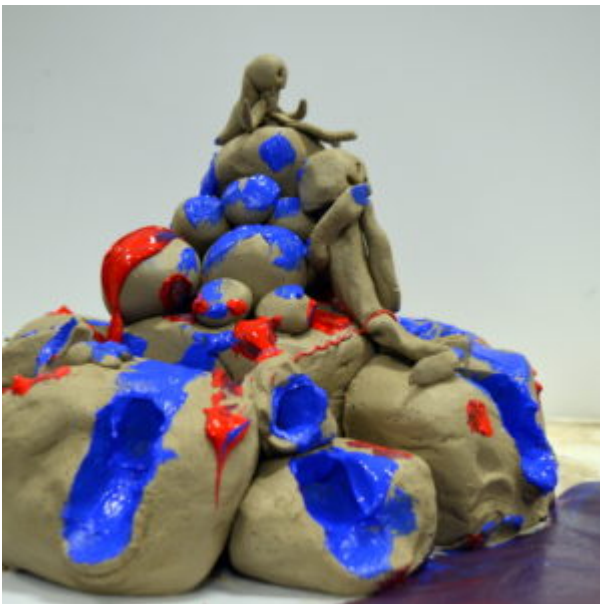
Constructing the World with Collage



Building to the Limit



Manipulating Clay with Water



**Making Elastic Band
Sketchbooks with Pupils at**

Philip Southcote School

Mayan Tabletop Eraser Printing Project

**“Heart-Work” – A series of
‘Arts on Prescription’ style
workshops for young people at
Cambourne Village College
with Arts and Minds; Led by
Sheila Ceccarelli (Artist)
and Yael Pilowsky Bankirer
(Psychotherapist)**

This series of workshops with students at Cambourne Village College was part of the ‘Young People’s Pilot’, coordinated and managed Arts and Minds, a leading arts and mental health charity in Cambridgeshire. The sessions were led by Sheila Ceccarelli from AccessArt (artist) and Yael Pilowsky Bankirer (Psychotherapist)

Landscape Painting: A Collection of Resources by Hester Berry



Explore these resources created by artist [Hester Berry](#), to develop your develop technique, observation, and good practice in painting and drawing when approaching the landscape as a subject.

The series begins with suggestions for how to keep a sketchbook followed by exercises in drawing and painting.

We hope that these exciting resources will inspire you to experiment with materials and techniques

and enable you to discover your own visual language for drawing and painting the landscape.

Explore Hester Berry's resources to help build upon [drawing and painting from life](#).

Explore the basics....

Develop your understanding of landscape painting

Introduction to Landscape by Hester Berry



[An exercise in looking and discovering](#)

Landscape Painting: Tone in the Landscape



Explore tone in the landscape

Landscape Painting: Plein Air Painting



Explore what 'Plein Air' means

Landscape Painting: Colour in the Landscape



Simplify colour by breaking it down

landscape Painting: Expressive mark Making



Practice and hone technical skills

**Arts and Minds: Drawing for
Mindfulness**

**Arts and Minds: Feeling
Through Drawing**

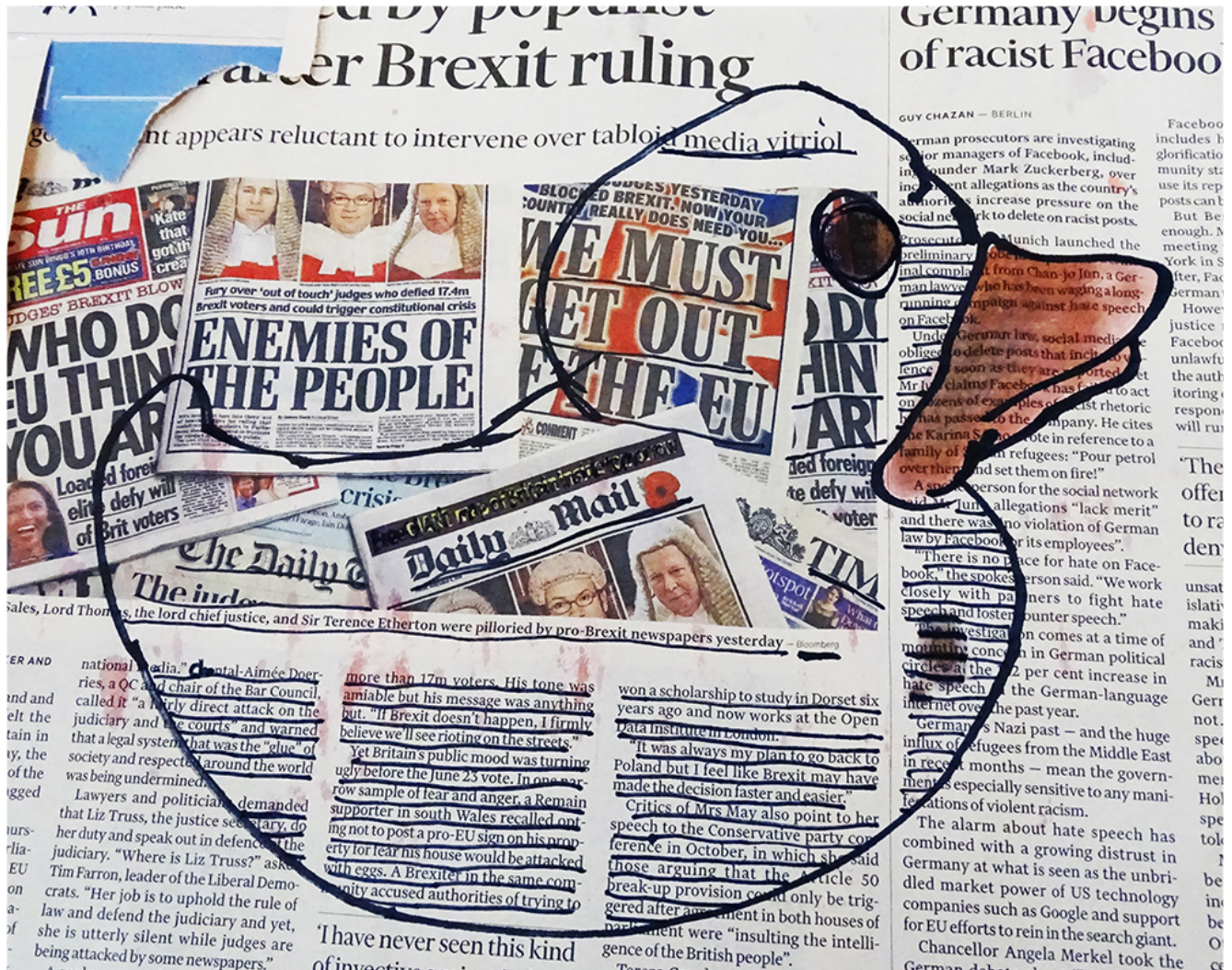
**Arts and Minds: Asemic
Writing and Invented Text**

**Sketchbook Exercise: Drawing
Brushes with Charcoal**

Filling a Sketchbook:

Sketchbook Exercises

What is a Canvas?



Making drawings which compete with the background

Making a Charcoal Animation



Inspired by the animations of William Kentridge

Making Ruler Drawings



Using 2 grades of pencil and only straight lines

Drawing Brushes with Charcoal



Using varied marks to capture the qualities of brushes

Many thanks to Pink Pig International for the sketchbooks



Using Drawing to Get Closer to 18th Century Portraits at the Fitzwilliam Museum, Cambridge

This post shares how Paula Briggs and Sheila Ceccarelli from AccessArt and Kate Noble from the Fitzwilliam Museum, Cambridge, used drawing exercises to take a closer look at 18th Century portraits