

# Drawing With Two Hands

By [Joe Gamble](#)

*This experimental drawing activity is formed of 8 drawing exercises, all focused on drawing using both the dominant and non-dominant hand, challenging learners to explore dexterity and control (or lack thereof).*

*These exercises can be split up to form part of a longer session, or they can be used individually as [warm-ups](#).*

*Learners will explore how both hands and drawing materials interact with each other to create fluid and rich drawings that challenge preconceptions of what makes a 'good' drawing.*

*The video is appropriate for viewers aged 14 and over, but can be used in a guided session with younger learners.*

**[Log in](#) as a full member to watch the video below.**

---

<b>Please log in here to access full content.</b>	
Username	<input type="text"/>
Password	<input type="password"/>
	<input type="button" value="Login"/> <input type="checkbox"/> Remember me
	<a href="#"><u>Forgot Password</u></a>

To access all content, I would like to join as...

An Individual



Creative practitioners, educators, teachers, parents, learners...

From £3.50

An Organisation...



Schools, Colleges, Arts Organisations: Single and Multi-Users  
From £42

*AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.*

---

## You May Also Like...

**see three shapes**



## Feely Drawings



Ten minutes, five times a week



---

## **Landscapes Inspired by John Piper**

---

### **Talking With Your Hands**

---

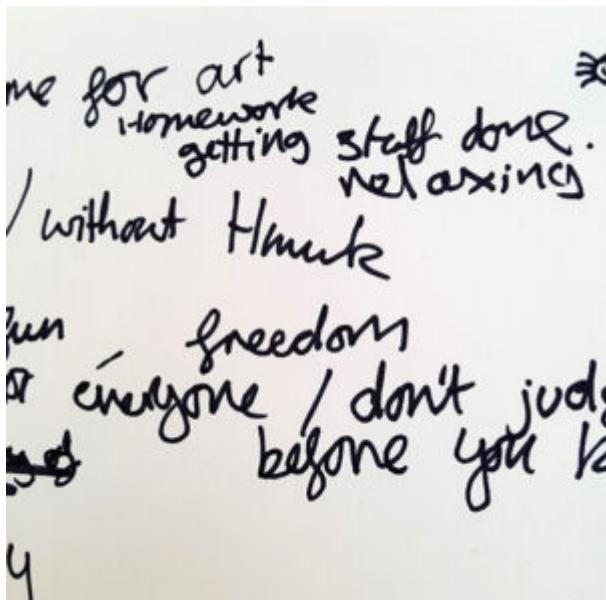
### **Glimpses and Folds: A Sketchbook Challenge**

---

# Talking Heads

## You May Also Like...

# find your messages



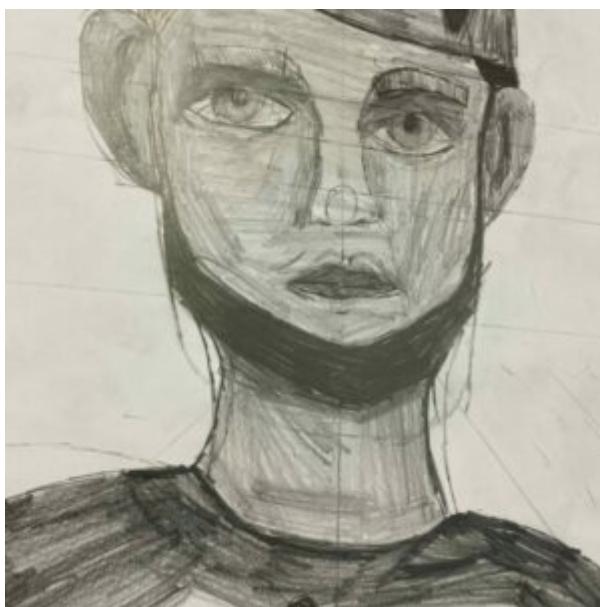
# Portrait Club



## **Adapting AccessArt: Faces and Stories**



## **Exploring Macbeth Through Art: Macbeth Portraits**

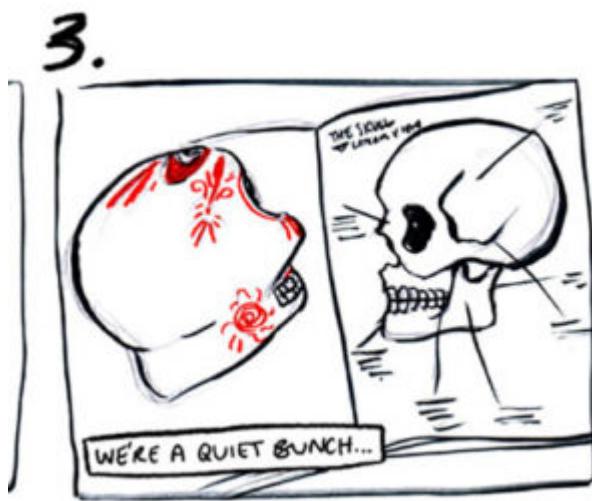


---

# Adapting AccessArt: Sequence and Story Building

## You May Also Like...

### 3-panel drawing challenge



### Drawing Stories



---

# Iridescent Insects

You May Also Like...

[Drawing Minibeasts](#)



[Minibeast Mural](#)



## **Flora and Fauna Pathway**



---

## **Sensory Sculpture inspired by Barbara Hepworth**

---

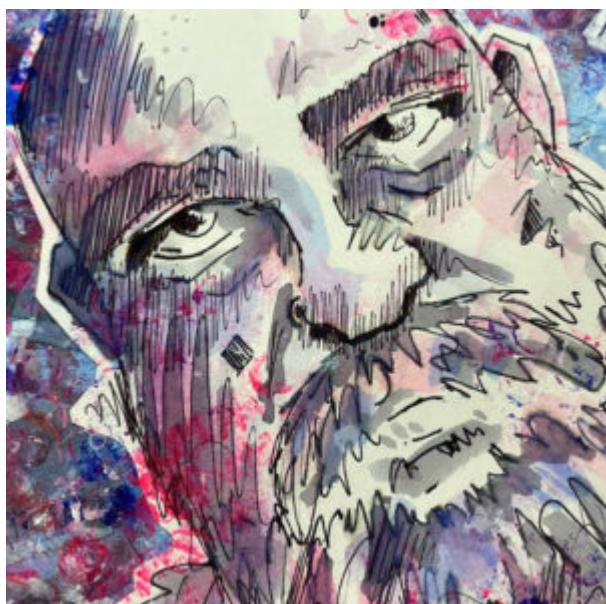
## **Making a Ruler Drawing (of a Bag)**

---

# Adapting AccessArt: Stories and Faces

You May Also Like...

Making Physical or Digital Layered Portraits



Pathway: Exploring Identity



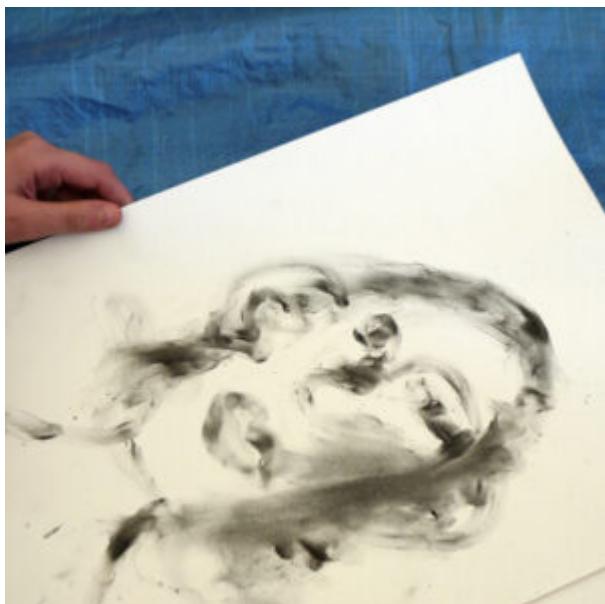
## **Quentin Blake's Drawings as Inspiration: Exaggerating to communicate**



## **Session Recording: Creating School Exhibitions & Displays**



## Finger Palette Portraits



## elastic band sketchbook



---

## Playing With Perspective

### You May Also Like...

### Other Resources by Joe Gamble



# Adapting AccessArt: Colour and Composition



## Thoughtful Mark making



---

# Adapting AccessArt: Colour and Composition

## You May Also Like

### Manipulating Forms in Landscape Painting



### Layered Colour Gestural Drawing



## Cut Paper Collage Still Life

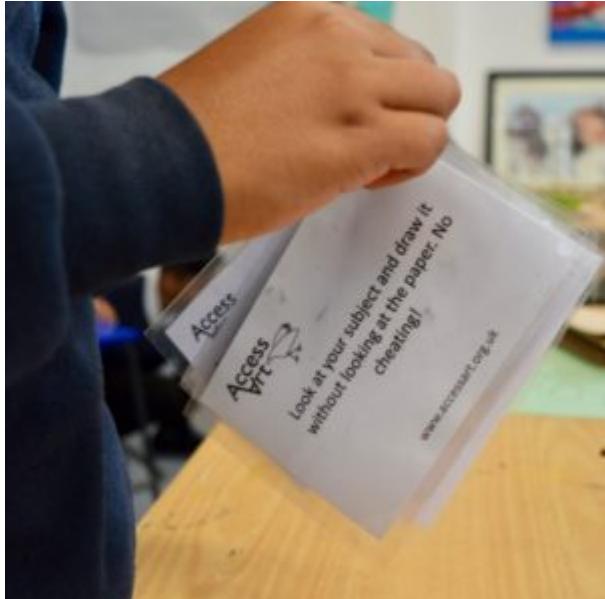


---

## What I Ate in a Day

### You May Also Like

Drawing Prompt Cards



## Watercolour Washes Inspired by the Tapestries of Henry Moore



## Paint Your corner Shop

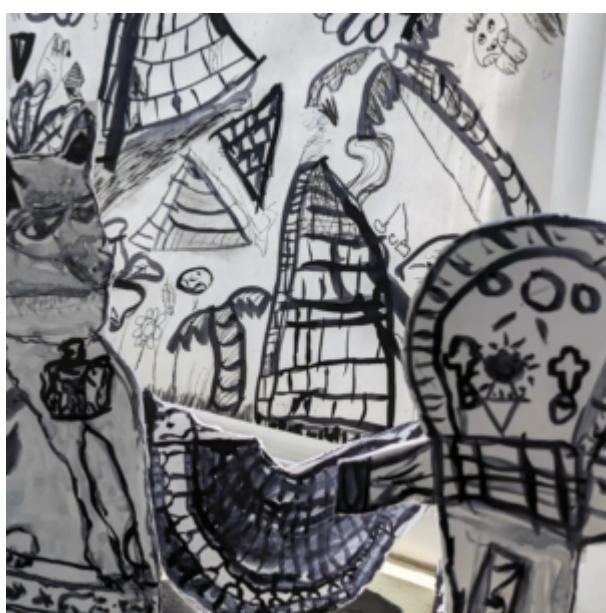


---

## **Adapting AccessArt: Egypt in Ink**

**See This Resource Used In Schools...**





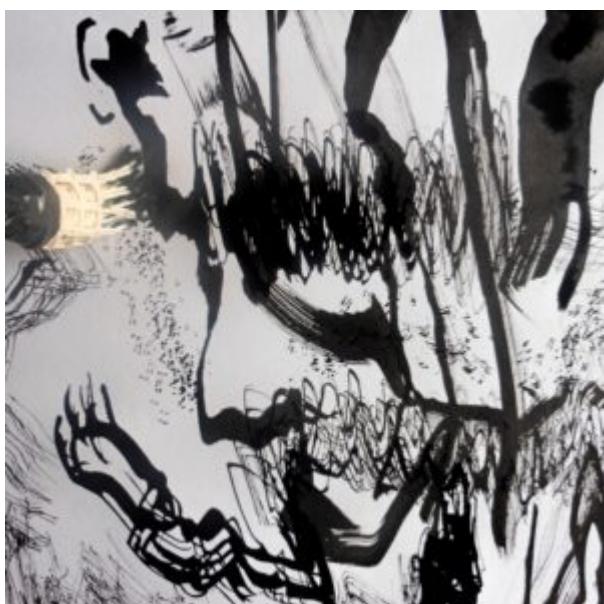


# You May Also Like...

## Graphite



## ink



## Graphic inky still life



---

## **Ice Worlds**

**You May Also Like...**

**Pathway: Using Art To Explore Global Issues**

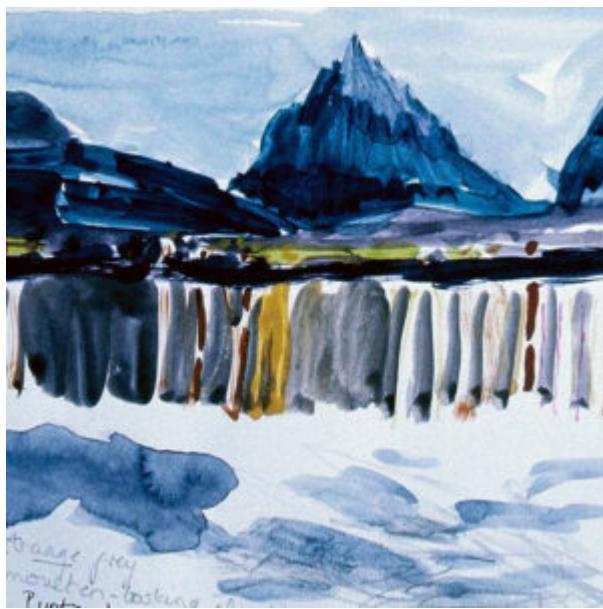


This resource is features in the 'Using Art To Explore Global Issues' pathway

**Drawing Source material: ice**



**Talking Points: Drawn To Antarctica**



**Mini world Lightboxes**

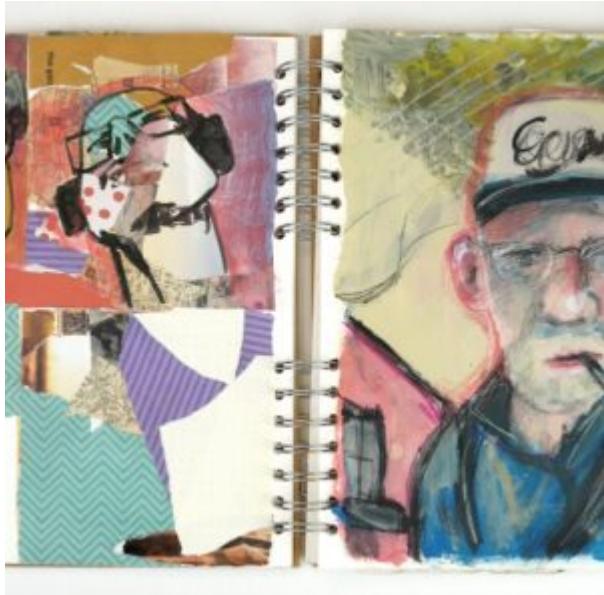


---

## **Drawing from Life with Lance Richardson: 3 Sketchbook Exercises**

### **You May Also Like**

**Drawing From Life: How Artists Use Sketchbooks**



## The Sketchbook Journey



## Video enabled resources: Sketchbooks



---

## **Sketch Your World: Drawing The Details**

---

## **Sketch Your World: Perspective**

---

## **Sketch Your World: Choosing**

# Subject Matter

---

## Sketch Your World: Materials