

# Drawing With Two Hands

By [Joe Gamble](#)

*This experimental drawing activity is formed of 8 drawing exercises, all focused on drawing using both the dominant and non-dominant hand, challenging learners to explore dexterity and control (or lack thereof).*

*These exercises can be split up to form part of a longer session, or they can be used individually as [warm-ups](#).*

*Learners will explore how both hands and drawing materials interact with each other to create fluid and rich drawings that challenge preconceptions of what makes a 'good' drawing.*

*The video is appropriate for viewers aged 14 and over, but can be used in a guided session with younger learners.*

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## Feely Drawings



Ten minutes, five times a week



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# Subject Matter

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## Walking and Drawing



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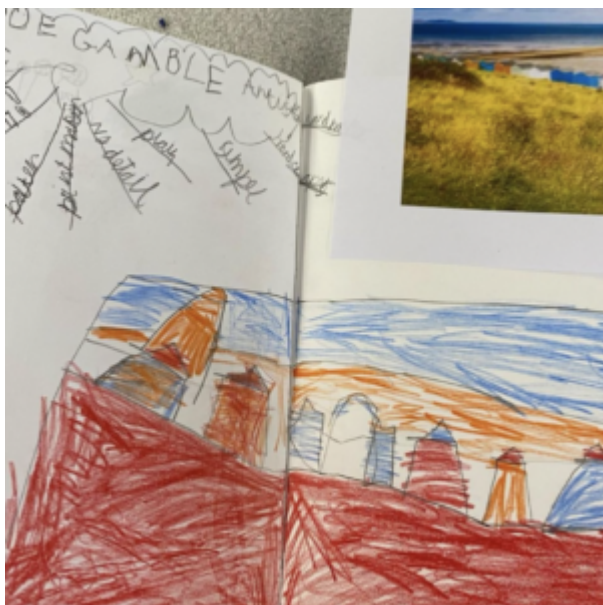


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**Manipulating Forms in**

# Landscape Painting

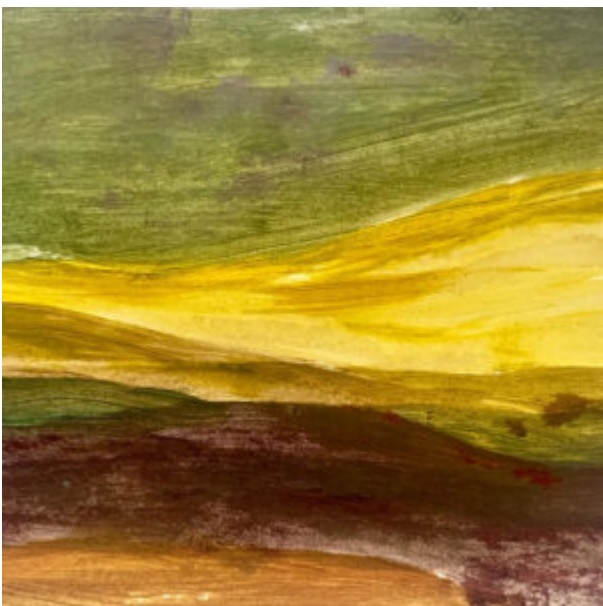
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## Introduction to Ink

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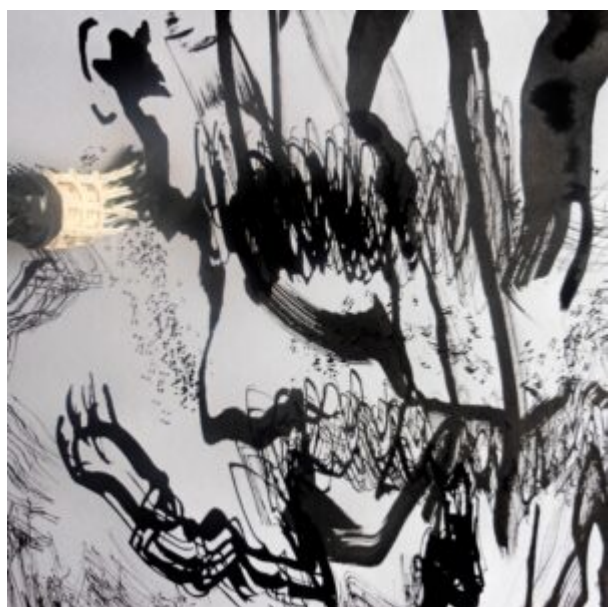
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## See Three Shapes



see all ink resources



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# Introduction to Colour

# Pencils

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## Introduction to Chalk Pastels

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## Drawing with Sticks

## What We Like About This Resource

*“This is a great activity to get students to think about drawing in a different way. Extending reach and accepting a lack of control can lead to really exciting and energised mark-making. It’s great to see that this resource has also been used in SEND settings, demonstrating its accessibility.” – Tobi, AccessArt.*

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