

Drawing With Two Hands

By [Joe Gamble](#)

This experimental drawing activity is formed of 8 drawing exercises, all focused on drawing using both the dominant and non-dominant hand, challenging learners to explore dexterity and control (or lack thereof).

These exercises can be split up to form part of a longer session, or they can be used individually as [warm-ups](#).

Learners will explore how both hands and drawing materials interact with each other to create fluid and rich drawings that challenge preconceptions of what makes a 'good' drawing.

The video is appropriate for viewers aged 14 and over, but can be used in a guided session with younger learners.

[Log in](#) as a full member to watch the video below.

	Please log in here to access full content.	
Username	<input type="text"/>	
Password	<input type="password"/>	
	<input type="button" value="Login"/>	<input checked="" type="checkbox"/> Remember me
	Forgot Password	

To access all content, I would like to join as...

An Individual



Creative practitioners, educators, teachers, parents, learners...

[From £3.50](#)

An Organisation...



Schools, Colleges, Arts Organisations: Single and Multi-Users
From £42

AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.

You May Also Like...

see three shapes



Feely Drawings



Ten minutes, five times a week



CPD recording: drawing with two hands



Playing With Perspective

You May Also Like...

Other Resources by Joe Gamble



Adapting AccessArt: Colour and Composition



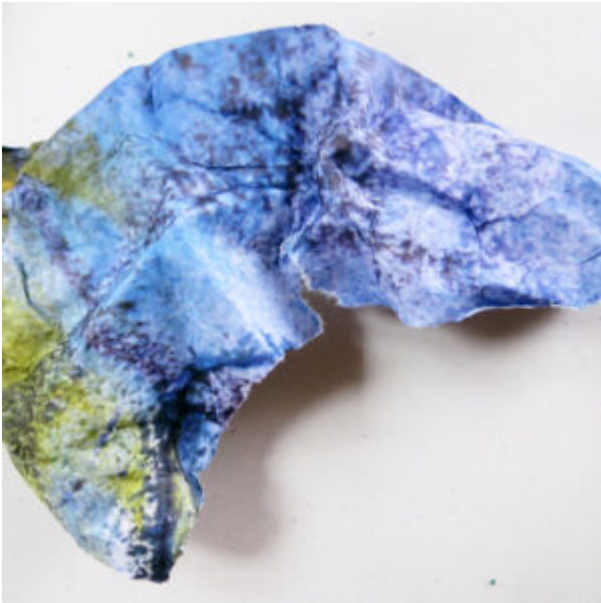
Thoughtful Mark making



Adapting AccessArt: From 2D to 3D

You May Also Like

[Manipulating Paper: Turning 2D into 3D](#)



Making Prompt cards



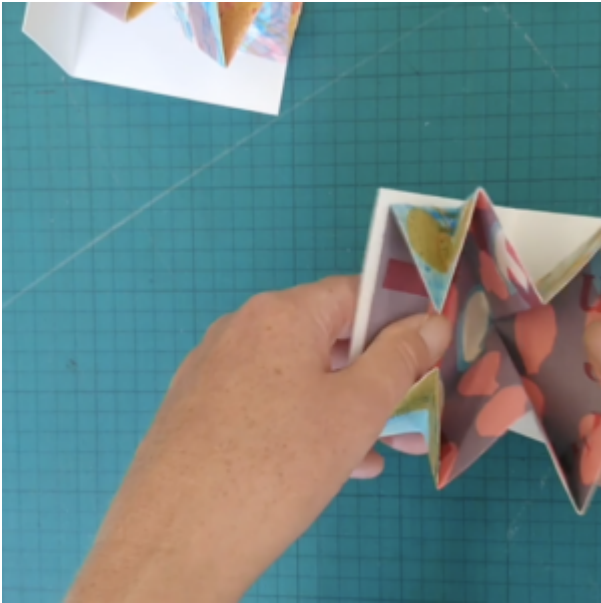
playful making pathway



ASTRONAUT PAPER BODY CASTS



Turkish map fold



Adapting AccessArt: Playful Making Inspired by Nnena Kalu



Cloth, Paint, Print: Inspired

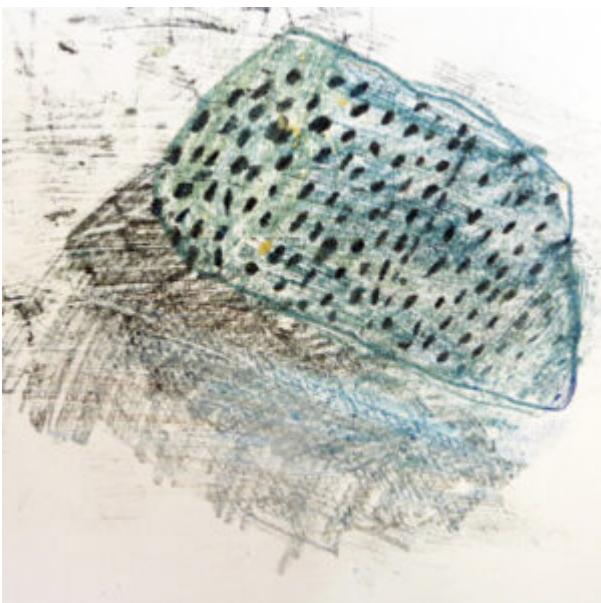
by Natural Objects

You May Also Like

Making Painted & Sewn Landscapes



Monoprinting with Oil Pastel and Carbon Copy Paper



Working on Black Paper

You Might Also Like...

Drawing Spirals



Thinking Silhouettes



Painting with Poster Paint



Coat-hanger Shells

You Might Also Like...

[Drawing and Making Flowers](#)



Painted and Sculptural Plant Pots



Drawing Insects with Wire



Hew Locke Inspired Boats

See This Resource Used In Schools...





You Might Also Like...

Making a Treehouse



Dropped Cone Sculptures



What is Sculpture?



Modroc Plasterboard

You May Also Like...

Session Recording: how to use modroc



How to use modroc



Deconstructing to Help You See

You May Also Like

ten minutes, five times a week



the drawing journey



all drawing resources



Transforming Objects



DALER ROWNEY

You May Also Like

Painting with Poster Paint



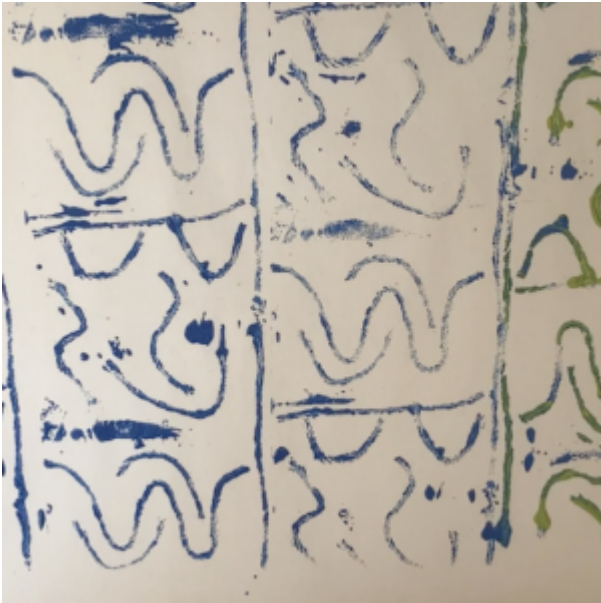
Collaging with Wax Crayon Rubbings



Prop making for toys



Repeat Pattern Printing Roller



Concertina Landscapes

**See This Resource Used In
Schools...**



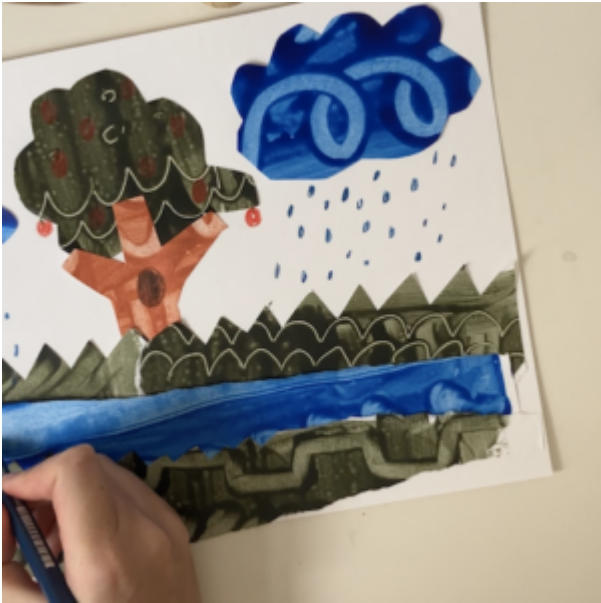


You May Also Like

Manipulating Forms in Landscape Painting



Imaginary Landscape



Autumn Floor Textiles



DALER 
ROWNEY

**Repeat
Roller**

Pattern

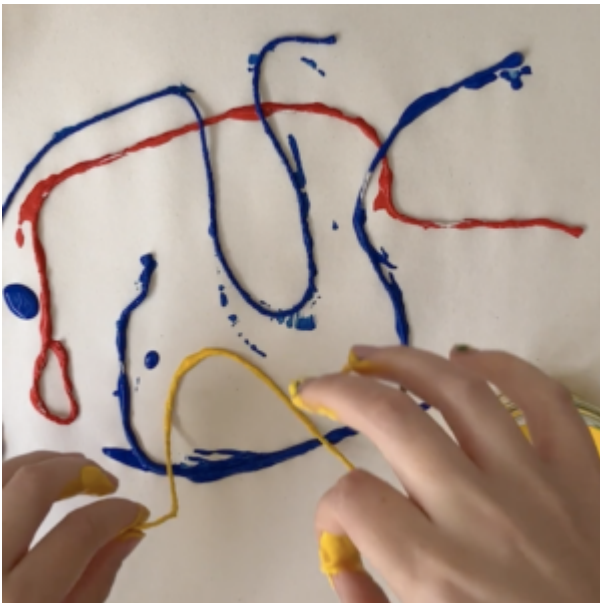
Printing

DALER 
ROWNEY

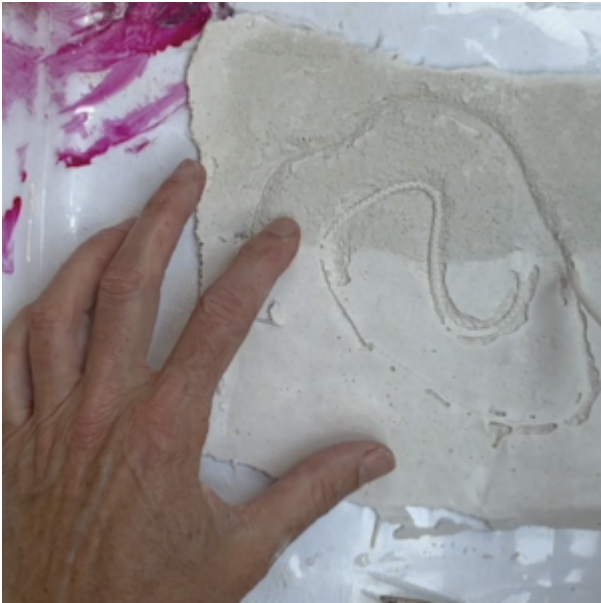


You May Also Like...

Printing with string



Modroc Plasterboard



Anaologue Drawing

What We Like About This Resource...

“This activity highlights how visual communication can be used to convey emotion. When artwork is relatable in a human and emotive way it can be really powerful. Learning how to translate feeling into mark-making is a really important skill and can help children break down the essence of a range of their own emotions, and communicate it to others. Explore colour and a range of materials to enrich this experience.” – Tobi, AccessArt.

Drawing With Your Feet

What We Like About This Resource

“I love this resource because I can picture the energy in the classroom whilst students enjoy the process of mark-making using their feet. Creating drawings with parts of the body other than hands can be really freeing; students will hopefully look at their drawings in a less critical way, with the emphasis of the activity being more about the process than the outcome. It might be a nice addition to use a viewfinder to zoom in on areas where the marks collide in interesting ways” – Tobi, AccessArt.

Drawing with Sticks

What We Like About This

Resource

“This is a great activity to get students to think about drawing in a different way. Extending reach and accepting a lack of control can lead to really exciting and energised mark-making. It’s great to see that this resource has also been used in SEND settings, demonstrating its accessibility.” – Tobi, AccessArt.

Sculptural Environments Inspired by Hockney

**See This Resource Used In
Schools...**







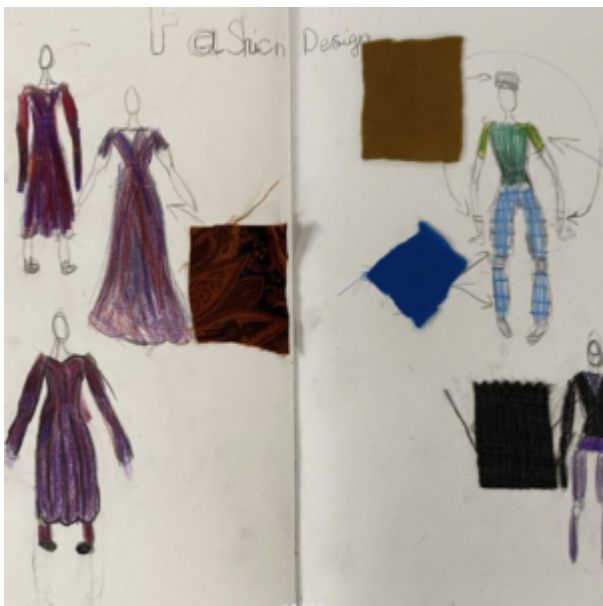
**Making 2d & 3d Fashion
Designs with Painted and
Decorated Paper**

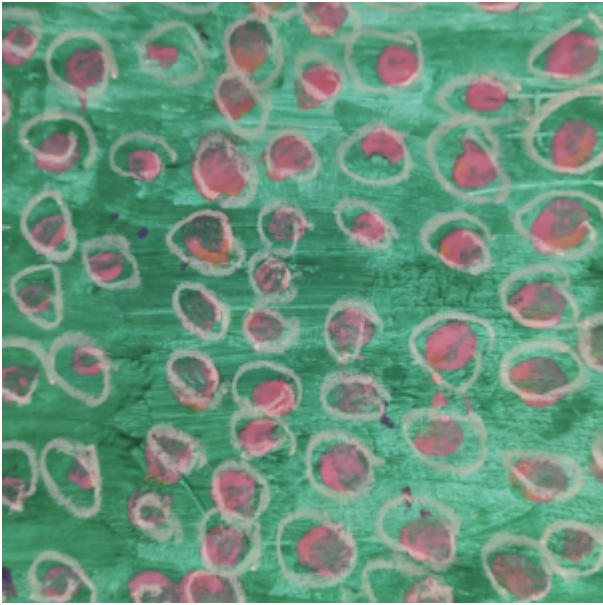
**See This Resource Used
In Schools...**

















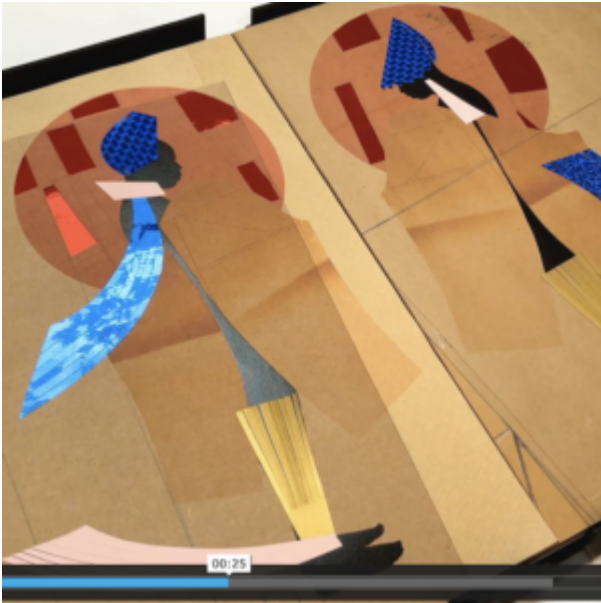
You May Also Like...

Pathway: Fashion Design



[This is featured in the 'Fashion Design' pathway](#)

Talking Points: Hormazd Narielwalla



Talking Points: Tatyana Antoun



Talking Points: Alice Fox



Talking Points: Pyer Moss



Talking Points: Rahul Mishra



Making Painted & Sewn Landscapes

**See This Resource Used
In Schools...**

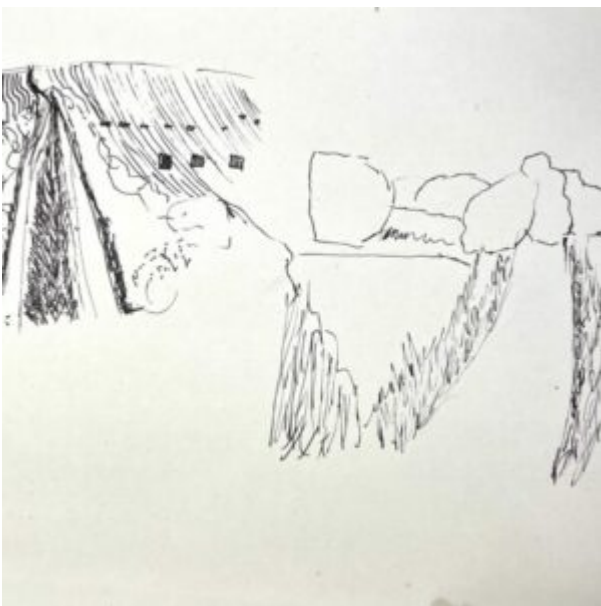




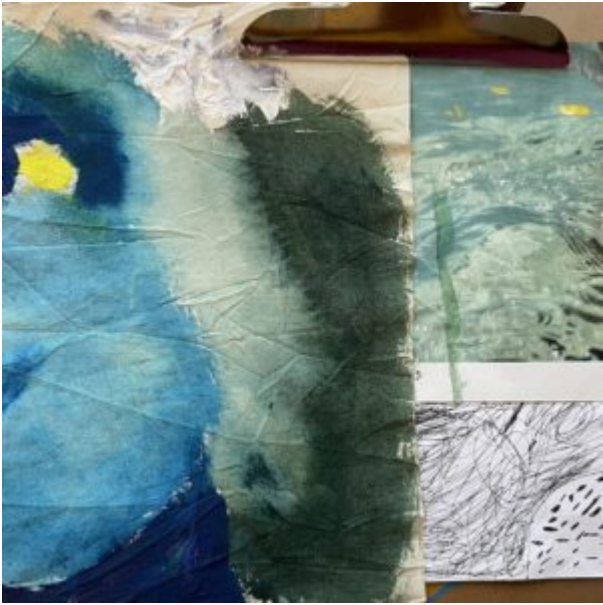














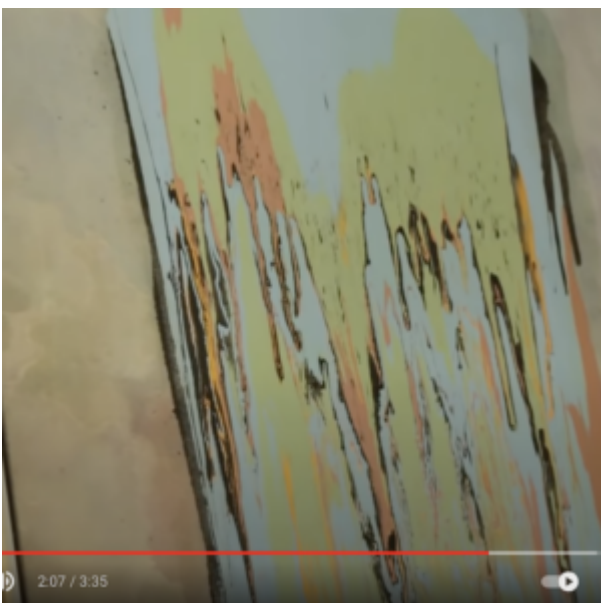
You May Also Like...

Pathway: Cloth, thread, paint



[This is featured in the 'Cloth, Thread, Paint' pathway](#)

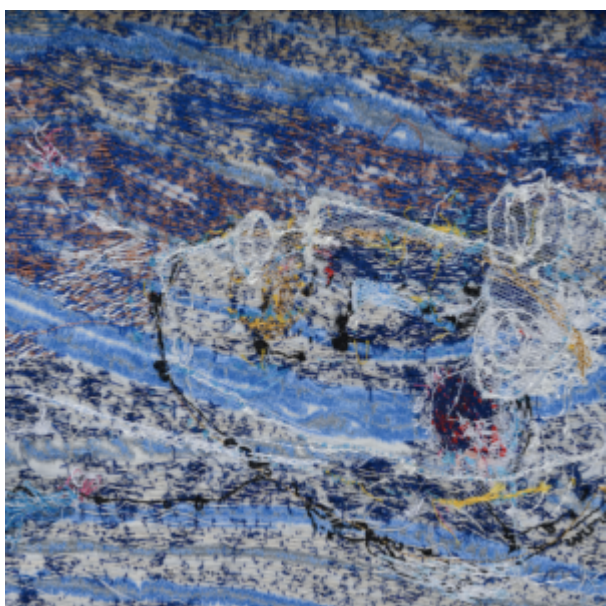
Talking Points: Frank Bowling



Talking Points: Hannah Rae



Talking Points: Alice Kettle



Experimental Making Tools

Mark

See This Resource Used
In Schools...





You May Also Like...

Pathway: Expressive Painting



[This is featured in the 'Expressive Painting' pathway](#)