

Dreaming With Watercolour

By [Laura McKendry](#).

In this playful and experimental resource, Laura McKendry shares how she facilitated the exploration of watercolour with a group of adults with learning differences and neurodivergent needs at [Artbox London](#). In this workshop, learners explore the unpredictable wonder of watercolour using a range of techniques and varied mark-making tools to work towards a series of outcomes, including a dreamlike image.

This activity was facilitated in a [SEND](#) setting but would also suit a variety of age groups and learners in alternative settings.

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What We Like About This Resource...

“I really like how this playful resource helps us to make a creative response inspired by a stimulus, ensuring that the stimulus is only an entry point into an outcome that will look totally different. Exploring the themes of colour, texture and composition through the lens of different artists also helps us see how we can interpret (and re-interpret) colours and materials in a meaningful way. Viewfinders and collage are also great tools for those who experience ‘fear of the white page’ and will allow learners to make conscious creative decisions as they go.” – Tobi, AccessArt

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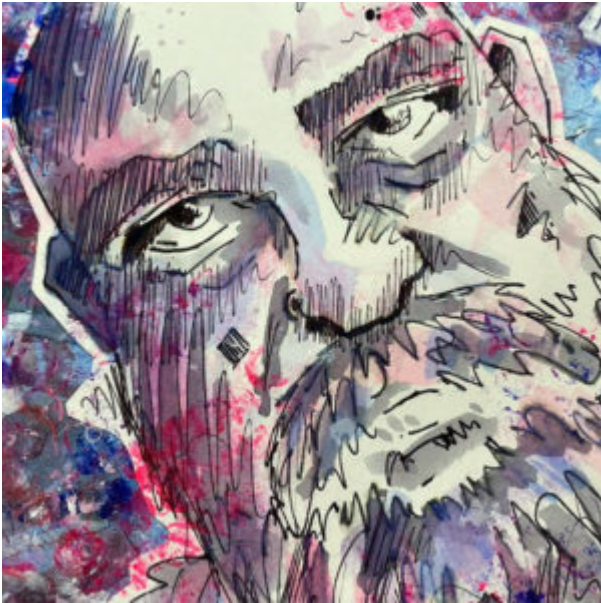
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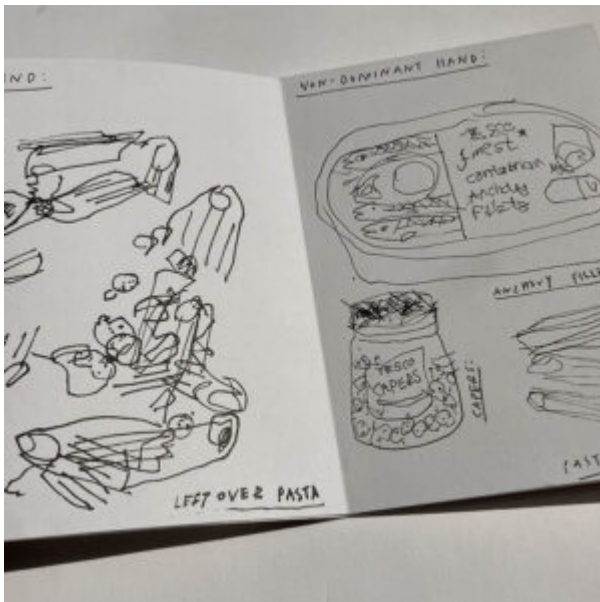
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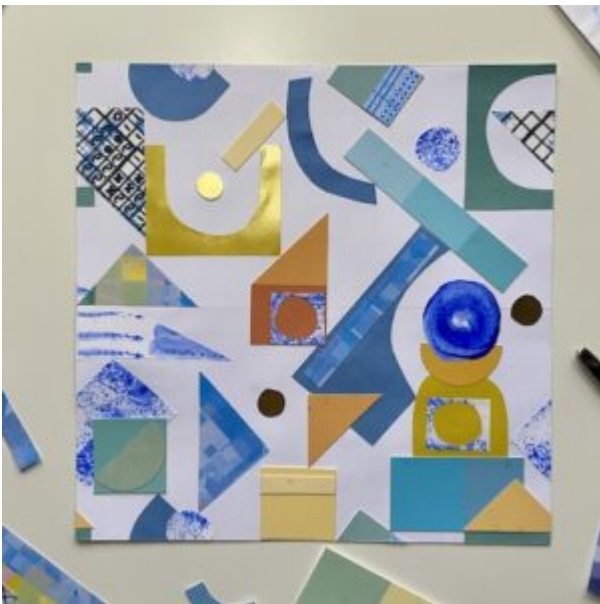
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