

# Life Drawing: A Collection of Resources by Hester Berry

Drawing the human form is one of the most challenging subjects for an artist and can feel overwhelming - it's often difficult to know where to begin when faced with such a wealth of visual information.

We are delighted that Hester Berry, an experienced life drawing tutor and artist, has agreed to create a set of resources that we hope will help you get to grips with this very rewarding activity and inspire you to have go!

## How to Run a Life Drawing Class



[\\_Introducing Hester and providing an overview of how Hester sets up and facilitates a life class.](#)

## An Introduction to Life Drawing



[\\_Getting started with life](#)

drawing and some simple warm-up exercises to help you become familiar with your drawing materials and the life model.

## Capturing gesture



Hester provides some helpful advice along with a series of short drawing exercises, that will enable you to identify the essentials of a pose and successfully record the movement and gesture of the life model.

## Drawing the head



Drawing faces can be daunting, but Hester explains how you can tackle them successfully using simple and logical steps.

## drawing hands and feet



Hands and feet are tricky subjects and often get omitted because the forms seem too complicated to draw. Hester shares a secret shortcut to understanding and drawing these complex forms ...think mittens and socks!

## Understanding Foreshortening



When drawing the life model, it can be difficult to process your view of a 3D form into a 2D representation. Hester explains clearly and concisely how to successfully achieve a foreshortened figure to create the illusion of space in your drawings.

## Using Tone



[Hester](#) explains how to use tone effectively to give your drawings more definition and an increased sense of volume and suggests ways of using tone when drawing short poses, that will build your confidence and skills.

---

## Introduction to Life Drawing with Hester Berry

---

## Years 3 and 4 D&T and Making Club

A collection of resources by Sheila Ceccarelli based on her Brilliant Makers Club for year three and four pupils at Milton Road Primary School, Cambridge. Children were encouraged to experiment, think and engineer creative solutions by working on simple projects, with individual and independently generated outcomes.

---

# **40 Minute Cardboard and Double-Sided Sticky Tape Engineering Challenge**

This workshop was all about getting year three and four Brilliant Makers at Milton Road Primary School to think about the biggest challenge for any maker: how to make something stand up.

---

## **Paper Pigeon Project**

---

## **Teenagers Improvise a Shadow Puppet Play**

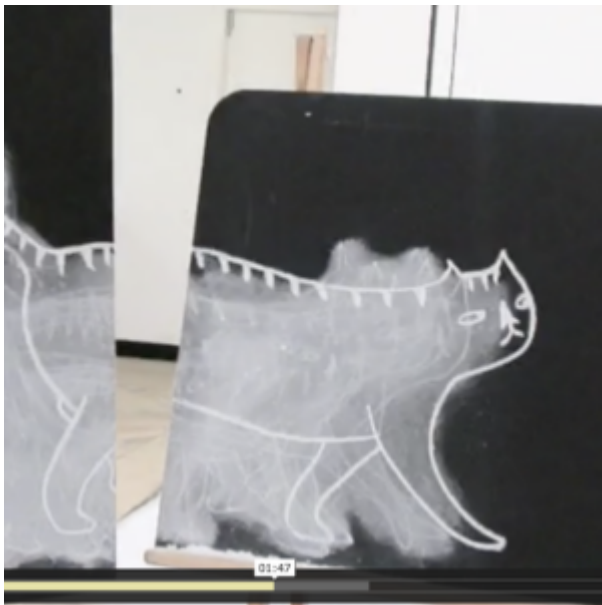
Enjoy following how the saga of a lion., a dog, a goat, a stegosaurus, and an 'animal fairy', told by Sophia and improvised by this creative 'Experimental Drawing' team

---

# Year 3 & 4 Making Club: Animating Articulated Beasts

## You May Also Like...

Talking points: Making drawings move



Talking Points: paper cut puppets



## Talking Points: Lauren child



## Talking Points: Lotte reiniger



---

## Painting the Light and the

# Dark...

---

## Show Me The Shadows

---

## Cantus Arcticus (Concerto for Birds and Orchestra) Op.61: Images Inspired by Music

---

## How to Make a Simple Origami Bird by Melanie Johns

Melanie Johns suggests using origami to transform old artwork. It's an exciting way of using less successful drawings or paintings on paper to produce a new creative outcome, in the form of a personalised paper sculpture.

---



# **‘Birds in the Trees’ by Pupils at Battyeford Primary School**

## **You May Also Like....**

**Visual Arts Planning Collections: Birds**



**Drawing Feathers**



**Flat yet sculptural**



---

**Year 3 & 4 Making Club:  
Articulated Beasts**

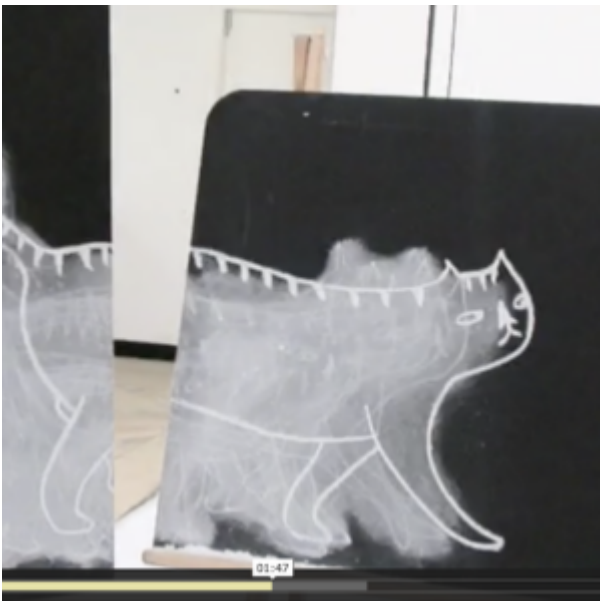
# You May Also Like...

## Pathway: Making Animated Drawings

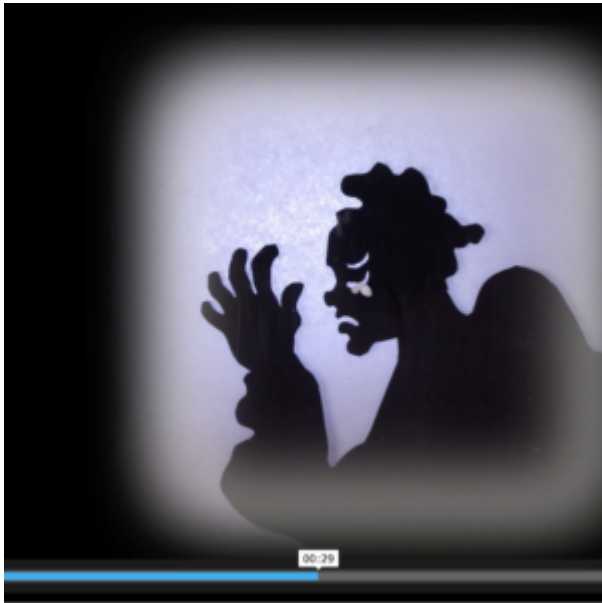


[This is featured in the 'Making Animated Drawings' pathway](#)

Talking points: Making drawings move



## Talking Points: paper cut puppets



## Talking Points: Lauren child



## Talking Points: Lotte reiniger



---

## In the Company of Birds

You May Also Like...

Visual Arts Planning Collections: Birds





**swoop**



**Birds in trees**



---

**Articulated and Animated**

# Drawings by Teenagers at AccessArt's Experimental Drawing Class

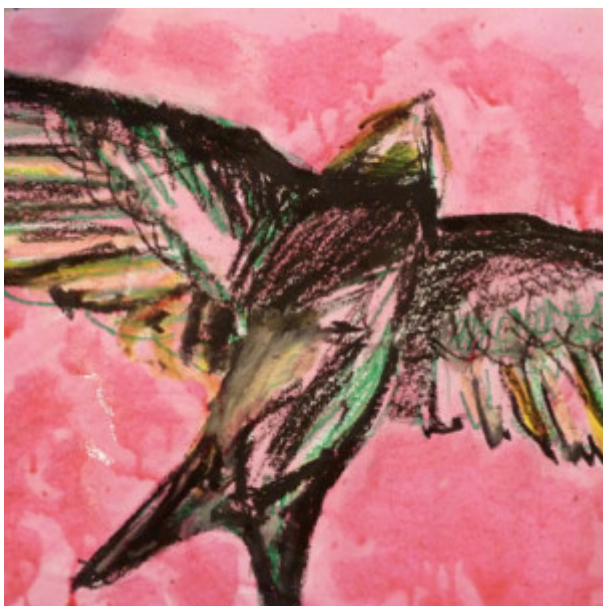
A simple project to teach how to make an articulated drawing with only very basic materials.

---

## “Flock” at Prospect House School, Inspired by Veronica Lindsay-Addy

### You May Also Like....

Visual Arts Planning Collections: Birds



## Swoop



## How To Make an Origami Bird



---

**Printing at Battyeford**



# Primary, Inspired by Hester Cox

---

## Illustrating 'The Jabberwocky'

In this resource, AccessArt contributor Eleanor Somerset, illustrates how she worked with a group of 7-10 year old pupils and another of 10-15 year old budding artists, at the Little Art Studio in Sheffield, on a series of workshops to illustrate Lewis Carroll's The Jabberwocky.

---

## Paint, Colour and Autobiographical Imagery

---

## My House – A Cardboard Construction Project

These autobiographical architectural sculptures use corrugated cardboard, laid in strips on their side, to create sculptures designed to be peered in to!