

# How I Use Sketchbooks & Drawing

By [Scarlett Rebecca](#)

In this post printmaker Scarlett shows us that a sketchbook is for more than just drawing. It is a place to remember loved ones, to generate new ideas and to spend a few hours simply enjoying some mindfulness. Find out how Scarlett uses her sketchbook to set drawing challenges, write down recipes and to understand the world around her better.

The full video is available to [full members](#) below.

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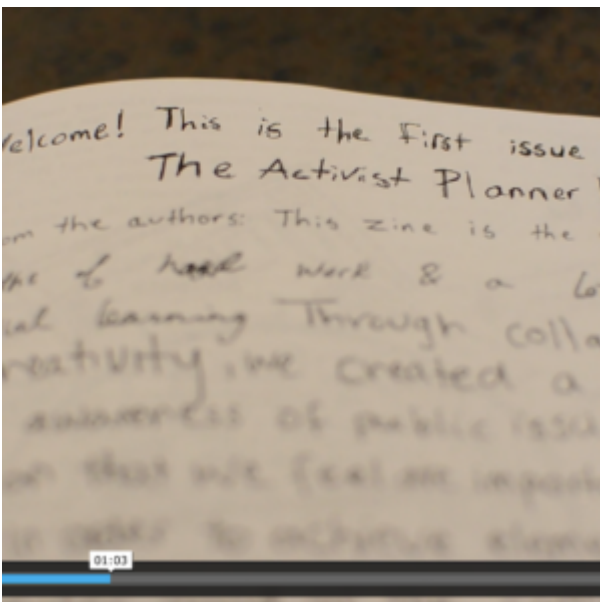


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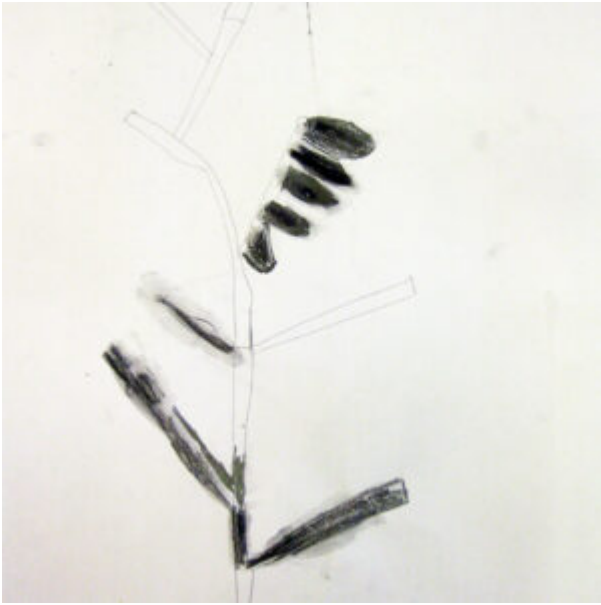
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