

Zoom Access Link: Creative Wellbeing for the Festive Season

Creative Wellbeing for the Festive Season.

Tuesday 1st December, 4.00-4.45pm GMT.

As the festive season approaches and the school term draws to a close, join us for an uplifting and practical online CPD designed to help you reconnect with your own creativity and get into the festive spirit!

Together, we'll explore fun and open-ended activities that encourage curiosity and playfulness, giving you the opportunity to take some time out from the busy end of term schedule and enjoy some creative freedom. We'll consider how simple materials, shared making experiences and moments of observation can help create connection and a sense of joy and wellbeing. The activities we demonstrate will be low-pressure and accessible, and you can participate alongside us, or you are welcome to just watch and observe.

Whilst this session is primarily intended as a creative break, you will also take away practical ideas for your setting, that you can adapt and facilitate during any time of the school year, helping you end the term with purpose and inspiration.

Come along with a drink or festive snack of your choice and join us for some well-earned creative time!

A simple list of materials will be needed for this session, details to follow.

This event is free and only open to [AccessArt Members](#).

This session will not be recorded.

Log in below to access the link to the session.

If you have any issues logging in please contact andrea@accessart.org.uk.

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