

Destroying to Create

Creation and destruction, often seen as opposing forces, are in fact deeply interconnected and mutually beneficial. This video explores how learners can better understand the relationship between these two processes, and how we might empower them to be more mindful in the activities they undertake.

This is a sample of a resource created by UK Charity AccessArt. We have over 1500 resources to help develop and inspire your creative thinking, practice and teaching.

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