

The Drawing Journey for Children Ages 5 to 7 – Drawing Exercises

[<<< Back to the AccessArt Drawing Journey for Children Ages 5 to 7<<<](#)

Exercises to Build Drawing Skills

The exercises below have been selected as being suitable for ages 5 to 7.

Drawing exercises underpin all creativity. Please note there is no absolute order that these exercises might be introduced, so please do feel able to choose the exercises that appeal to you.

Repeated practice is key: vary the subject matter and drawing medium to keep the process active and engaging.

These exercises might be done at the start of an art lesson as warm-ups, or when children come in to school in the morning or after lunch as transition activities. Skills will quickly build over time, as will familiarity with materials, techniques and ideas. Skills will then feed into all art work.

Work in sketchbooks or loose sheets of paper which can then be gathered into a [Backwards Sketchbook](#).



Ten minutes, five times a week



If you are new to AccessArt start with these exercises...

making stronger drawings



Try this exercise to help learners make bolder drawings

Backwards forwards drawings



Slow down your drawing (and looking)

see 3 shapes



See simple shapes to help develop drawing skills

Drawing Spirals



Explore creating marks using the whole

body

continuous line drawing



Develop observation and coordinate hand and eye

Squiggle drawings



Introducing continuous line drawing

feely drawings



Create a drawing using the sense of touch

finding Marks through artists



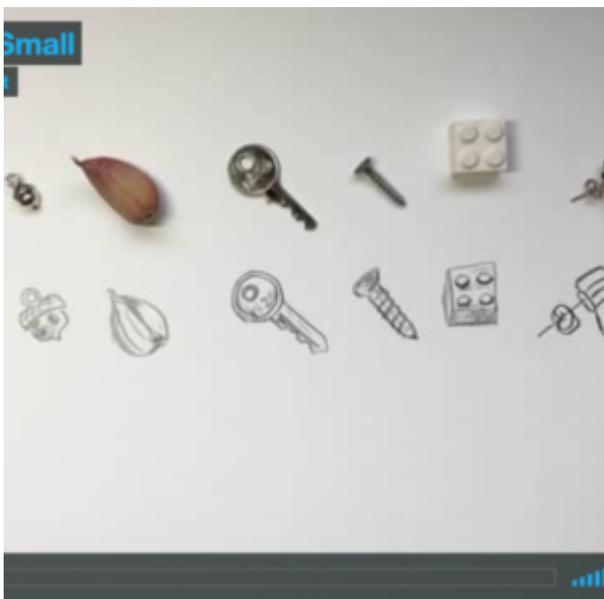
Be inspired by the marks made by artists

drawing speed



Experiment with the speed at which you draw

drawing small



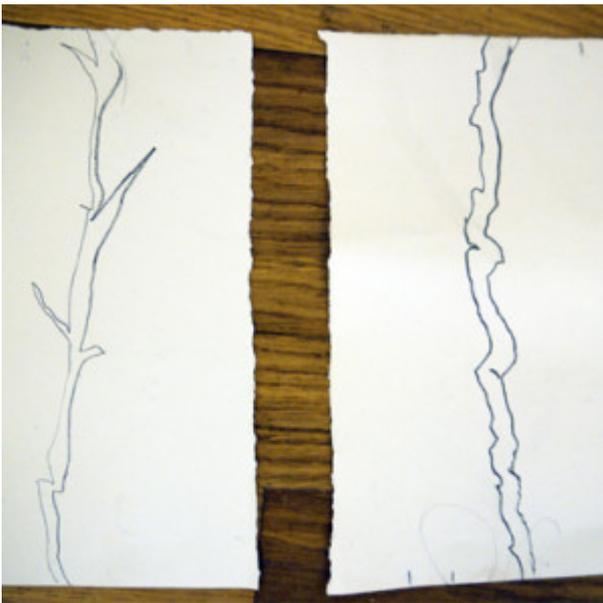
Make a series of small drawings

drawing Large



Make larger, gestural drawings

HELP CHILDREN DRAW LARGER



Encourage children to draw larger

drawing like a caveman



Using our hands as tools for drawing

Make a shy drawing



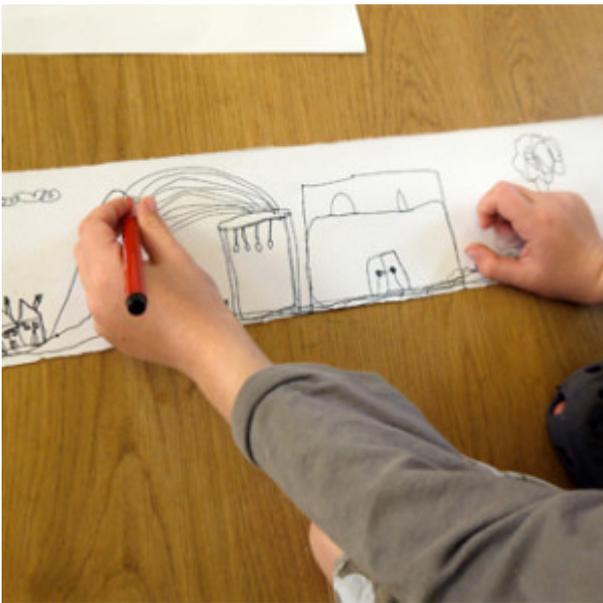
Slow down and make quiet, introverted drawings

drawing hands



Simple continuous line drawings of hands

One line street scene



Think about architectural shapes and structures

Mark Making & Sound



Let sound and music inspire your drawing
drawing with a ruler



Make your drawings with straight lines only
thoughtful mark making



Develop mark-making vocabulary

blind contour drawings



Match the speed of drawing with looking

discovering charcoal



Explore the qualities of charcoal

Look up not down portraits



Fun portrait exercise working in pairs

Finger palette portraits



“Finger paint” a portrait with charcoal

Analogue Drawing



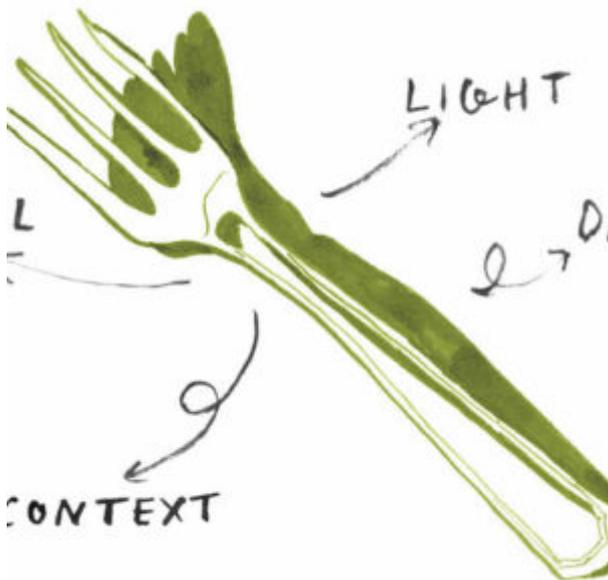
Use mark-making to express emotion

Visual notes



Slow down looking to process information

Show Me What You See



Respond to what they see through drawing

Show Me What You See: Anglo Saxon Buildings



[‘Show Me What You See’ put into practise](#)

Continue your Drawing Journey...



[>>On to Step 3: Introducing Materials >>](#)

[<< Back to Step 1: Pedagogy and Understanding<<](#)