

# Drawing Speed

This exercise can be used during sketchbook time as a way of focussing the mind, as well as a way of improving drawing and looking skills. It can take five minutes, or much longer, depending upon how you present the activity. Again as a teacher it might be beneficial if you try this activity at the same time as your pupils.

Speed might not be a word which you associate with drawing, but in fact when children (or adults) become frustrated with a drawing, it might be because the speed with which they are looking at the object, and the speed with which they are drawing, are not well matched. The hand might be moving to draw before the eye sees!

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