

# Drawing With Two Hands

By [Joe Gamble](#)

*This experimental drawing activity is formed of 8 drawing exercises, all focused on drawing using both the dominant and non-dominant hand, challenging learners to explore dexterity and control (or lack thereof).*

*These exercises can be split up to form part of a longer session, or they can be used individually as [warm-ups](#).*

*Learners will explore how both hands and drawing materials interact with each other to create fluid and rich drawings that challenge preconceptions of what makes a 'good' drawing.*

*The video is appropriate for viewers aged 14 and over, but can be used in a guided session with younger learners.*

[Log in](#) as a full member to watch the video below.

---

	Please log in here to access full content.	
Username	<input type="text"/>	
Password	<input type="password"/>	
	<input type="button" value="Login"/>	<input checked="" type="checkbox"/> Remember me
	<a href="#">Forgot Password</a>	

To access all content, I would like to join as...

**An Individual**



Creative practitioners, educators, teachers, parents, learners...

[From £3.50](#)

**An Organisation...**



Schools, Colleges, Arts Organisations: Single and Multi-Users  
**From £42**

*AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.*

---

## You May Also Like...

**see three shapes**



## Feely Drawings



Ten minutes, five times a week

