

# Drawing With Your Feet

[By Elizabeth Hammond](#)

In this post artist Elizabeth Hammond demonstrates how to use your foot as a drawing tool. This allows for freedom of expression and learning to embrace the unexpected while creating unique marks that bring a static object to life! Become a [member](#) to watch the full video.

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## What We Like About This Resource

***“I love this resource because I can picture the energy in the classroom whilst students enjoy the process of mark-making using their feet. Creating***

*drawings with parts of the body other than hands can be really freeing; students will hopefully look at their drawings in a less critical way, with the emphasis of the activity being more about the process than the outcome. It might be a nice addition to use a viewfinder to zoom in on areas where the marks collide in interesting ways” – Tobi, AccessArt.*