

# É Com As Nossas Mãos Que...

AccessArt and the #BeACreativeProducer Project are proud to support the 2019 UNESCO International Arts Education Week, supported by the World Alliance for Arts Education and InSEA through the “It Is Through Our Hands” video. #Making\_InSEA

Sharing “It Is Through Our Hands” and Using it to Inspire Creativity...

We hope you will show “It Is Through Our Hands” to your pupils and audiences in classrooms, workshops and assemblies. Perhaps you might then like to celebrate the creativity of your audiences/pupils through the activities below.

## Workshop Session Ideas

### Primary



[Drawing like a caveman.](#)

**All Ages**



**Making simple continuous line drawings of cupped hands.**

**Secondary Upwards**



**Making casts of hands**

**Secondary Upwards**



## Life Drawing Hands

All ages



## Non Dominant Hand Drawing Exercise

Secondary Upwards



## [Animating Hands](#)

**You Might Also Like...**



[What Did My Child Make With Their Hands This Week? \(and why it is important\)](#)

## With Thanks To...

Many thanks to all involved in making "It Is Through Our Hands"

[#BeACreativeProducer Project](#)

Soundtrack: [Rise by Alex Tunstall](#)

Maisie, Lauren, Emily, Owen, Oliver and from [Durham Sixth Form Centre](#)

Words & Editing by [Paula Briggs](#)

[InSEA](#) and [Susan Coles](#)

## Do You Believe Creativity Has The Power To Transform Lives?

AccessArt is a UK Charity and our income comes from membership fees, which in turn help us commission new resources for the benefit of our members.

Please consider [joining AccessArt](#) and becoming a part of a dynamic, creative community.

To pay for an annual membership in Euros (non-recurring) please click on the link below:

[AccessArt Annual Membership in Euros](#)