How I use my Sketchbook as a Painter and Maker, by Rowan Briggs Smith: Anatomy Sketchbooks

In the series 'How Artists Use Their Sketchbooks', we are celebrating the different ways in which artists use their sketchbooks, spanning across a range of disciplines, to open up minds as to what a sketchbook is and can be, from the perspective of practising artists.

In this video, artist and fine art student at Ruskin School of Art, Rowan Briggs Smith, shares with us the sketchbook she uses as part of an anatomy class. She explains that keeping a sketchbook helps her process and absorb what she observes, even when the subjects are difficult or uncomfortable.

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