

How I use my Sketchbook as a Painter and Maker, by Rowan Briggs Smith: Anatomy Sketchbooks

In the series '[How Artists Use Their Sketchbooks](#)', we are celebrating the different ways in which artists use their sketchbooks, spanning across a range of disciplines, to open up minds as to what a sketchbook is and can be, from the perspective of practising artists.

In this video, artist and fine art student at Ruskin School of Art, [Rowan Briggs Smith](#), shares with us the sketchbook she uses as part of an anatomy class. She explains that keeping a sketchbook helps her process and absorb what she observes, even when the subjects are difficult or uncomfortable.

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