

# Look Up, Not Down – Portrait Drawing Exercises

By **Paula Briggs** and **Sheila Ceccarelli**.

Simple portrait drawing exercises act as a great icebreaker and warm up to portrait drawing. This exercise helps participants understand the importance of looking, as a drawing skill, and it also enables participants to loose their inhibitions about their drawings.

Working in pairs, participants were asked to make drawings of each other with the challenge of only looking at their partner, and NOT looking at their paper. Quite a challenge for some.

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