

CPD Recording: Ten Minutes, Five Times a Week with AccessArt and DRYAD Education

In this 45-minute session designed to give you a practical and hands-on introduction to an exercise or approach, Paula and Rachel demonstrate [Ten Minutes, Five Times a Week](#), a simple set of drawing exercises designed to widen understanding of drawing and give non-specialist teachers the skills to facilitate an exploration of drawing with confidence. We are also joined by Jane and Chrissy from [Dryad Education](#), who answer your questions about stocking materials.

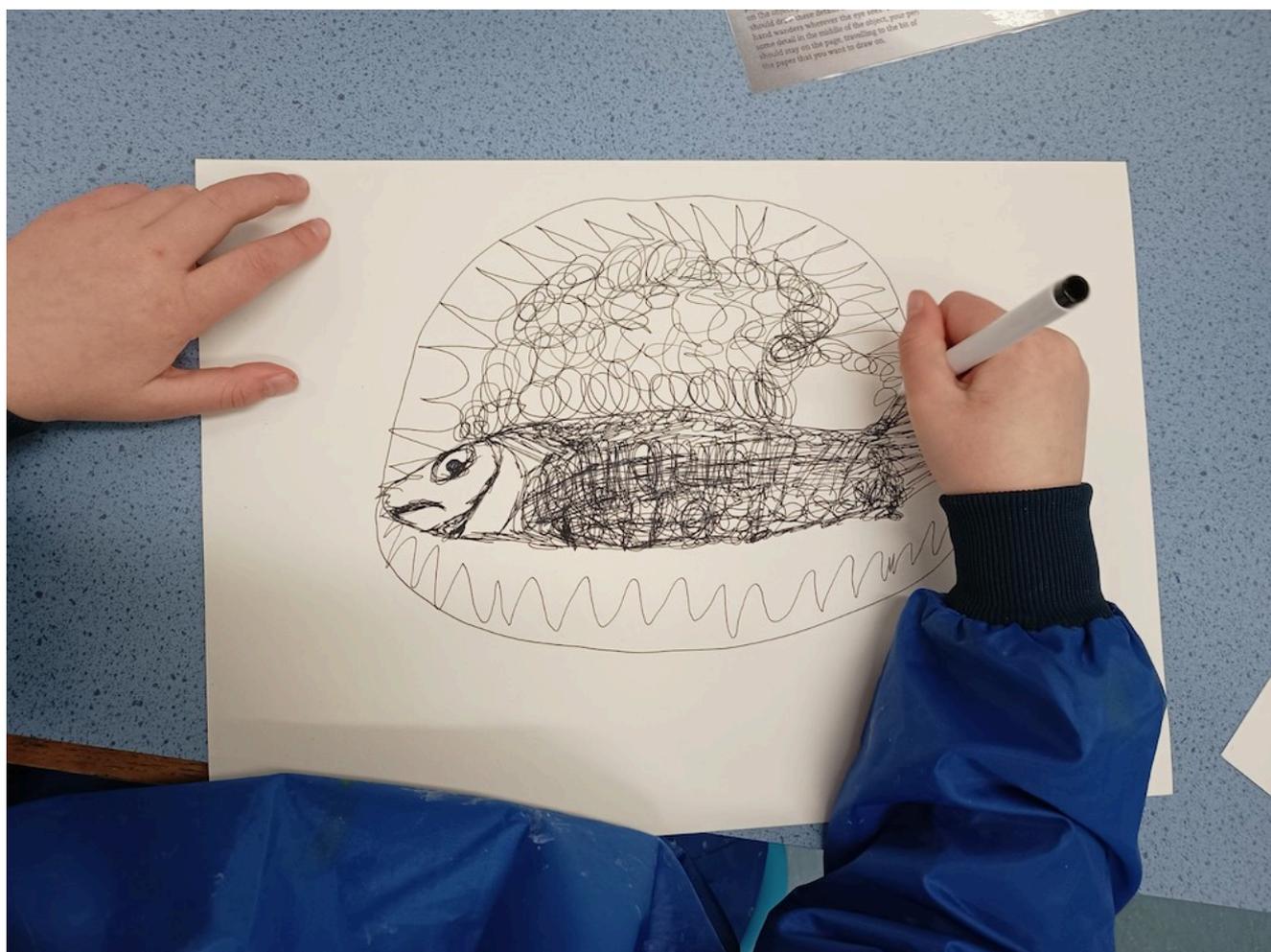
The drawing exercises in Ten Minutes, Five Times a Week, are suitable for the whole school or whichever educational setting you may come from. If you are considering using the AccessArt Primary Art Curriculum, these exercises are a great way to introduce pupils and teachers to our practice and ethos.

If you'd like to join along with the activities in the recording, please have some basic drawing materials to hand.

This session is suitable for educators working in all settings, including EYFS, Primary and Secondary Schools, Health & Community Care, Home

Education, Lifelong Learning and Museum and Gallery Education.

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AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.

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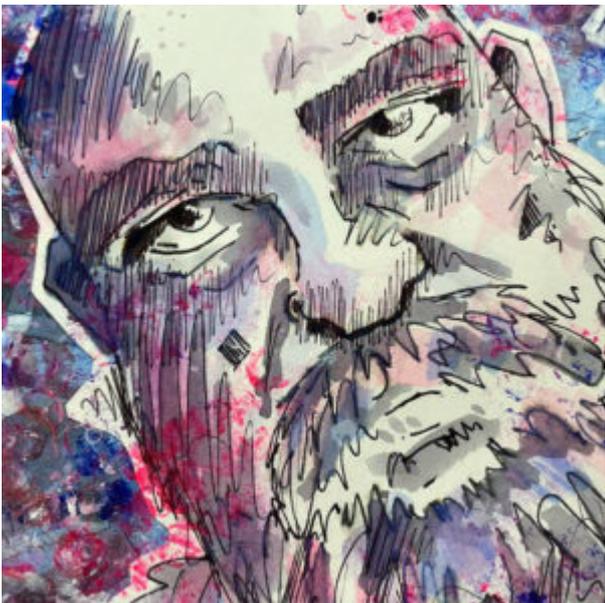


“Everyone has the right to freedom of expression”

Adapting AccessArt: Stories and Faces

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Talking Points: An Introduction to Shape

**A collection of sources and imagery to
introduce shape.**

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An Introduction to Shape

Shape is used throughout art for lots of reasons; shapes can be vehicles for colour, convey emotion, and lead the eye on a journey around the page.

Different types of shapes can be categorised as 'geometric', 'organic' and 'intuitive'.

Geometric shapes, like squares and triangles, are mainly found in manmade objects, for example, houses. You would often find 'organic' shapes in nature, for example, in leaves or shells. In 2-dimensional artwork, artists also create shapes 'intuitively' to represent a 'thing'.

Artists use shapes to communicate a certain message or convey an emotion.

- What emotion do you associate with certain shapes, for example, a triangle, circle or square?
- Do you feel different when you look at organic shapes compared to geometric shapes?

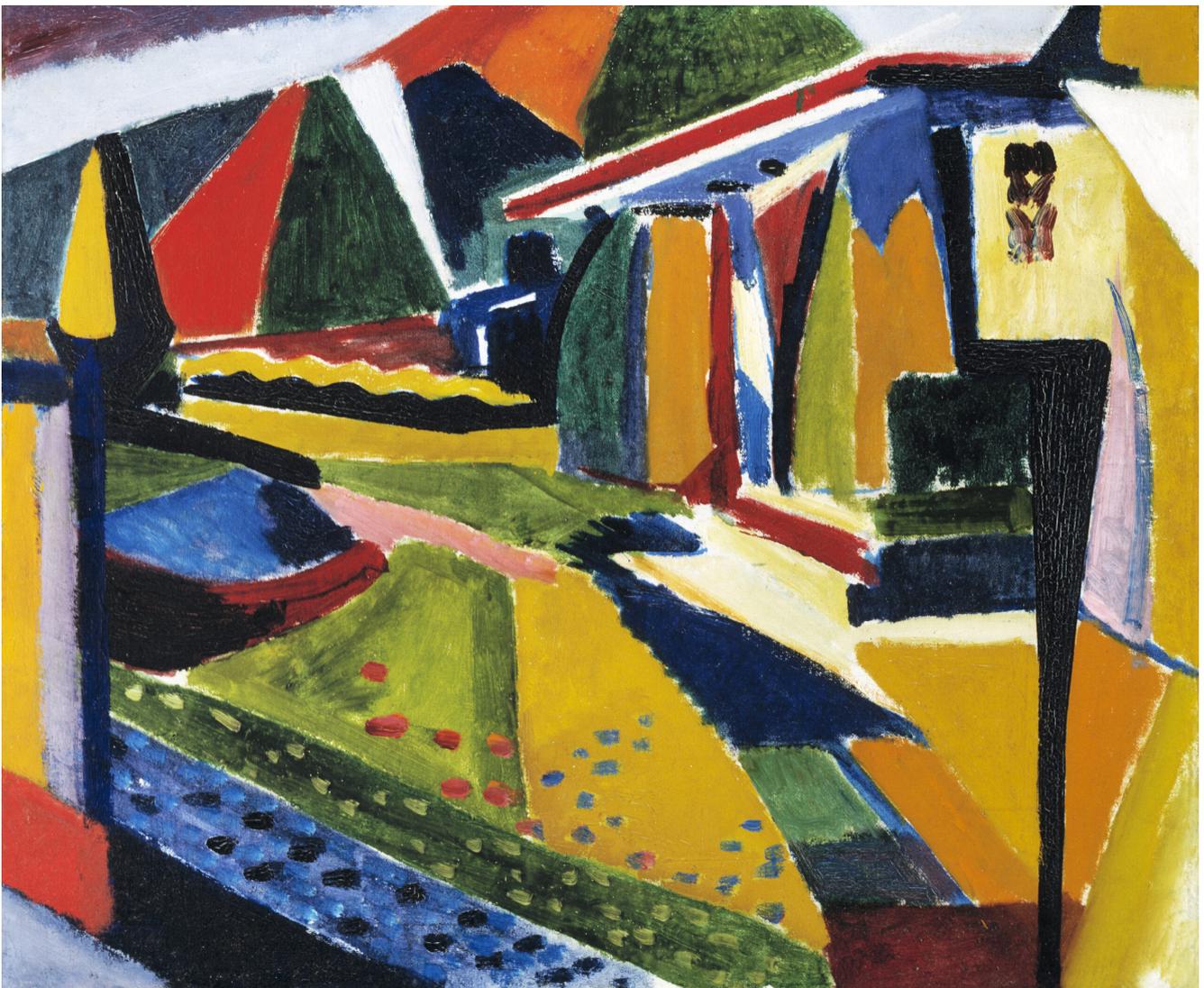
Artworks consist of lines and shapes built together with colour in a certain composition, whether it's an abstract or figurative piece.

- Some people would define shape through line. What do you think?
- When does a line become a shape?

When you look at an artwork, consider the shape and also the space around the shape (negative and positive space). These are shapes in themselves.

- How do the shapes sit in the composition?
- What is your eye drawn to? Why do you think this is?

Discuss the artwork below, considering some of the statements and questions above.



Abstract Landscape (1915- 1916) painting in high

resolution by Henry Lyman Sayen. Original from the Smithsonian Institution.



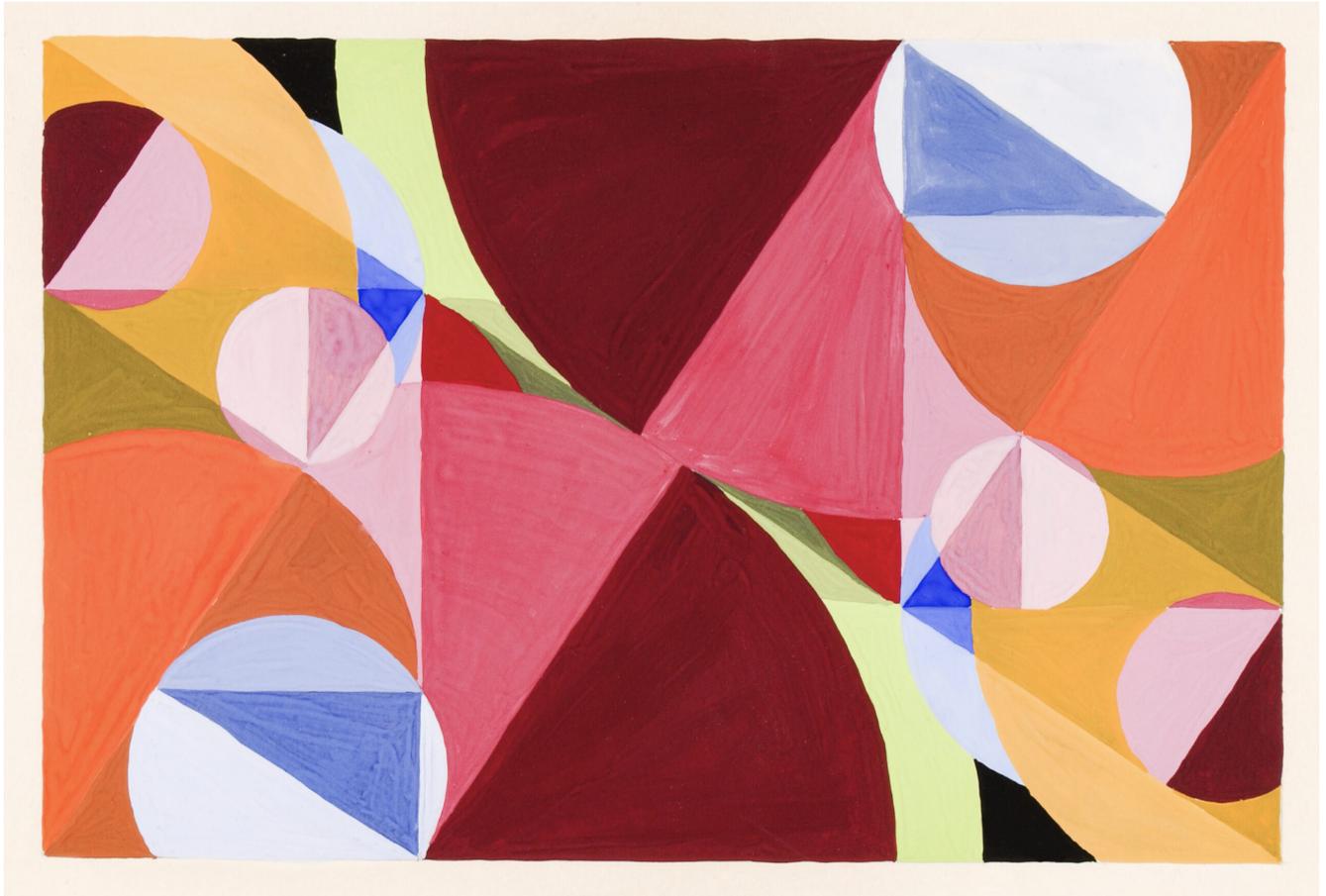
Artist Unkown, Still Life with Guitar, Original public domain image from Saint Louis Art Museum



Landscape by Joe Gamble



Polypodium vulgare, British by Anna Atkins and Anne Dixon, Original public domain image from Getty Museum



Area Broken by Perpendiculars (ca.1934) painting in high resolution by Joseph Schillinger. Original from The Smithsonian Institution.



Monoprint by Claire Harrup

Questions to Ask Children

Describe the shapes you can see? Consider the edges, angles, colours etc.

How do the shapes connect with each other?

Do any of these artworks use negative space? What shapes can you spot?

Shapes can give the illusion of something being there. In Claire Harrup's monoprint, what can you see?

Where is your eye drawn to? What journey does it take and do you think it's intentional?

What do you notice about the overall composition of the piece? How do the shapes and colours impact your opinion and overall feeling?

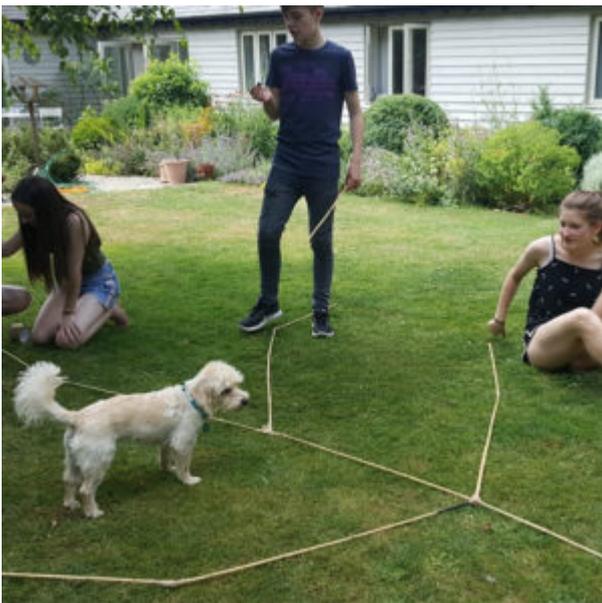
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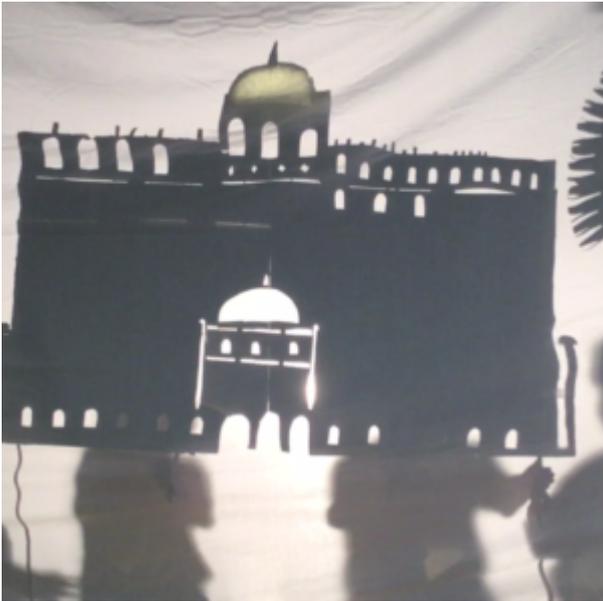
drama and art



drama exercises explore teamwork



Shadow puppets and performance



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Playing With Perspective

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Other Resources by Joe Gamble



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Thoughtful Mark making



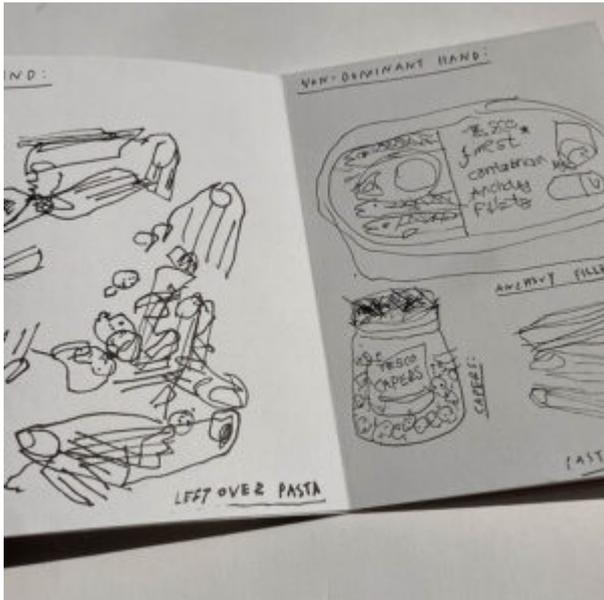
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Talking Points: Colour Theory

A collection of sources and imagery to explore terms used in colour theory.

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AGES 5-8

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Colour Theory

Colour theory can be overwhelming to understand and teach.

AccessArt would encourage an intuitive approach to teaching colour through resources such as [Expressive Painting and Colour Mixing](#), however the information below will help you understand some of the terminology used in colour theory.



Primary Colours

Primary colours are any of a group of colours from which all other colours can be achieved by mixing. Red, yellow and blue can't be recreated through colour mixing and act as the building blocks for all other colours.



Secondary Colours

Secondary colours are achieved when the primary colours are mixed together in equal parts. On the colour wheel, secondary colours are located between primary colours.

- Red and blue: Purple
- Red and yellow: Orange
- Yellow and Blue: Green



Tertiary Colours

Tertiary colours can be achieved by mixing primary and secondary colours. Blue-green, blue-violet, red-orange, red-violet, yellow-orange and yellow-green are colour combinations you can make from colour mixing. On a colour wheel, tertiary colours are between primary and secondary colours. – [Adobe](#)



Additional Terms Used When Talking About Colour:

Hue: Brightest and purest form of the colour on the colour wheel.

Saturation: The intensity and vibrance of a colour.

Value: How light or dark a colour is.

Shades: Achieved by adding black gradually to a colour.

Tint: Achieved by adding white gradually to a

colour.

Tone: Achieved by adding grey gradually to a colour.

See Resources Exploring Colour Below...

Colour Mixing



Exciting Colour



Expressive Painting and Colour Mixing



**Arts Education In Crisis: We
Have The Evidence – Now We**

Need The Solution

A collection of evidence-based reports which help map the changes to the art education (and wider arts) landscape over the past few years, and a collection of articles to help share solutions to the issues raised.

If you would like us to add a link to a report or relevant article please email paula@accessart.org.uk.

Paula Briggs, CEO & Creative Director AccessArt, 2024.

Evidence

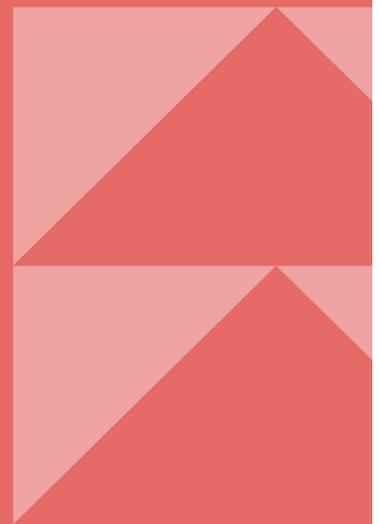
A Class Act

Erica Holt-White, Professor Dave
O'Brien, Dr Orian Brook, Dr Mark Taylor
November 2024



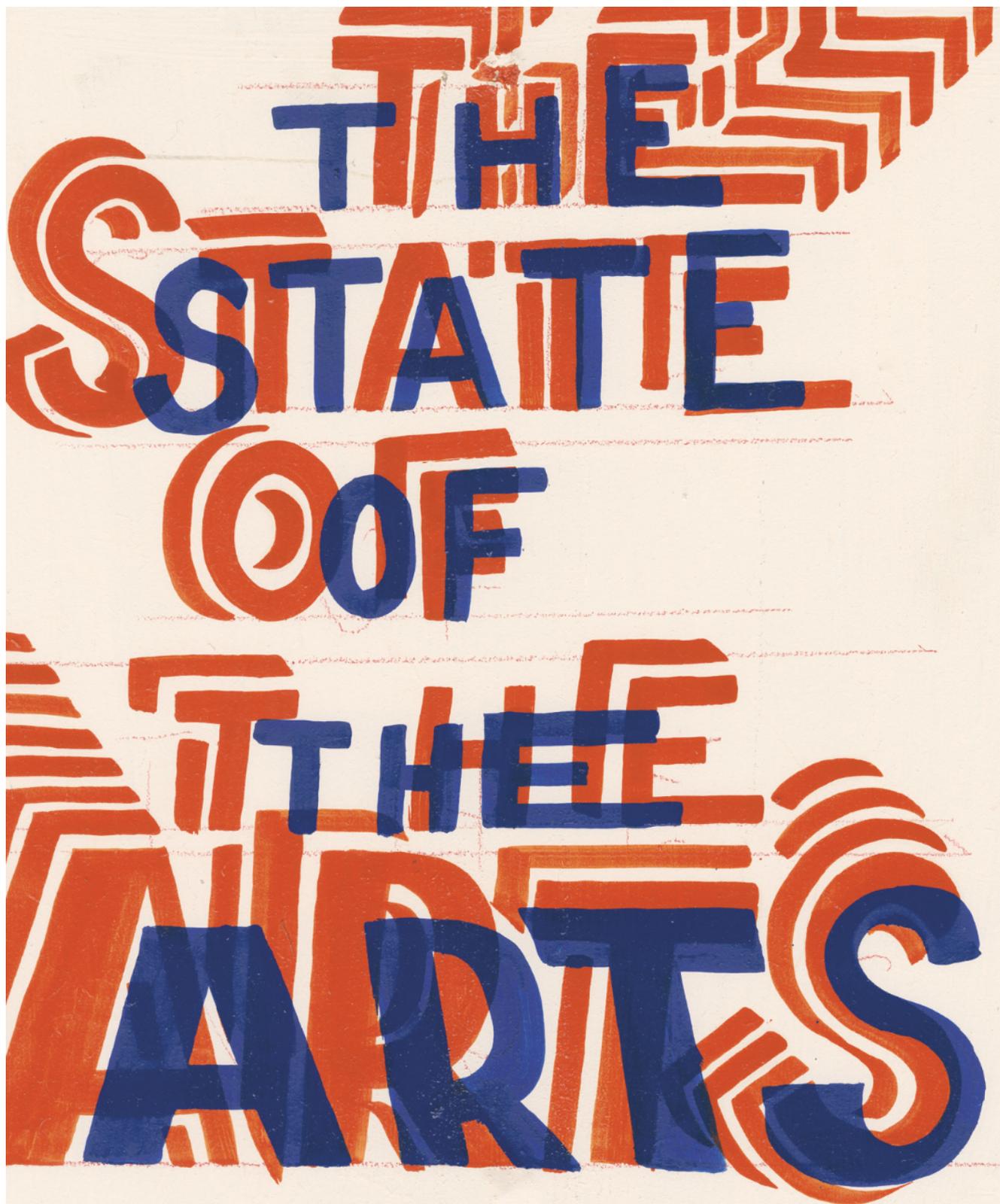
A Class Act

Social mobility and the creative industries



Social Mobility and the Creative Industries, Sutton Trust 2024

The State of The Arts



Campaign for the Arts and the University of Warwick, 2024

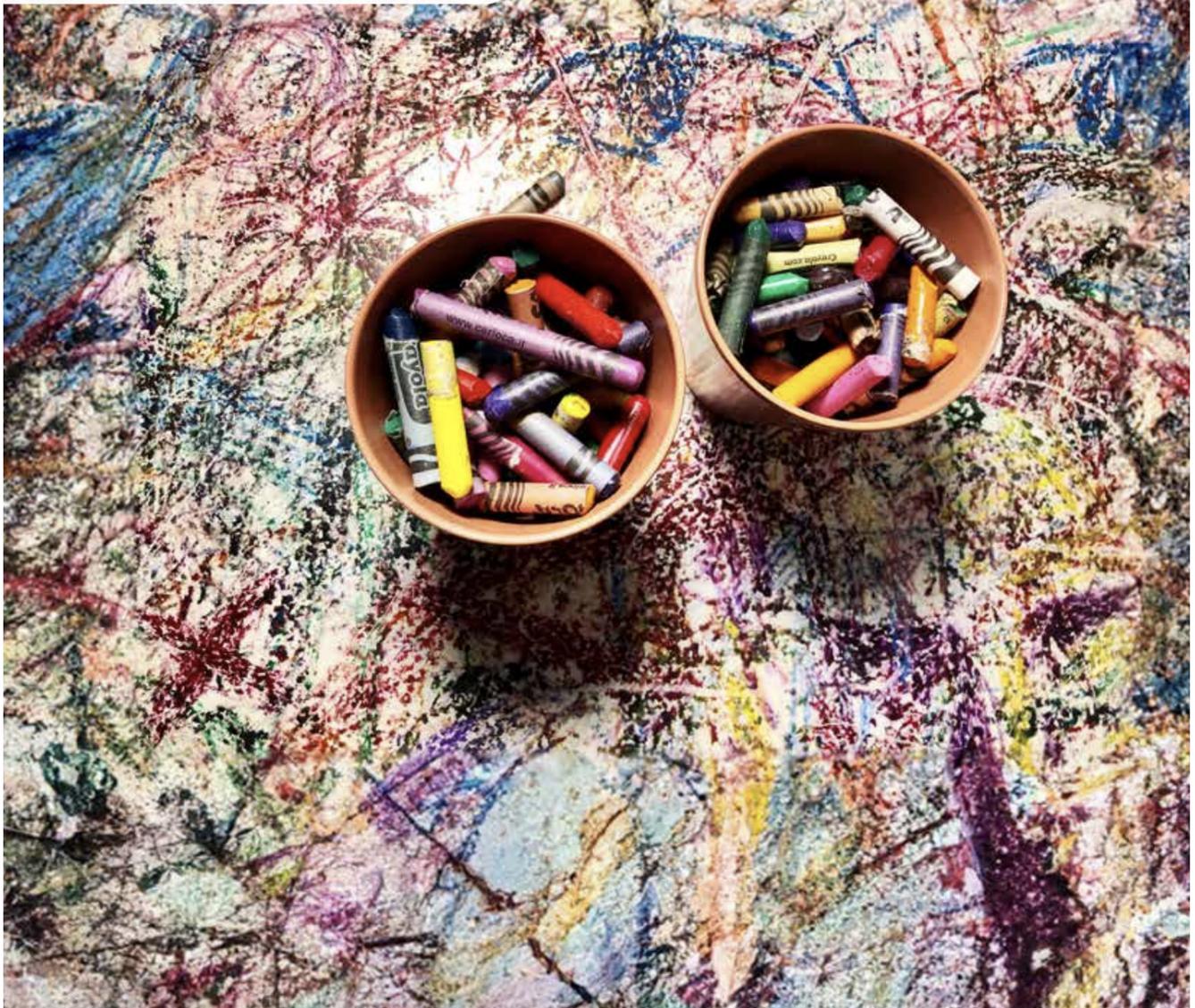
The Art Now Report

ART NOW:

AN INQUIRY INTO THE STATE OF
ART AND DESIGN TEACHING IN EARLY
YEARS FOUNDATION STAGE, PRIMARY
AND SECONDARY EDUCATION



The All-Party
Parliamentary Group
for Art, Craft and Design
in Education



Commissioned by the All-Party

Parliamentary Group for Art, Craft and Design Education

The Arts in Schools: Foundations for the Future

**The Arts in
Schools:
Foundations
for the Future
(Full Report)**

Published by Calouste Gulbenkian Foundation and A New Direction

Urgent Reform needed in 11-16 Education



[The Education for 11–16 Year Olds Committee, December 2023](#)

Culture in Crisis: impacts of Covid-19 on the UK cultural sector

**CENTRE
FOR
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Culture in Crisis

Impacts of Covid-19 on the UK cultural
sector and where we go from here

[Culture in Crisis shares research findings from one of the world's largest investigations into the impacts of Covid-19 on the cultural industries.](#)

Solutions

Can Labour Show It Really Understands The Power Of The Arts To Transform Lives?



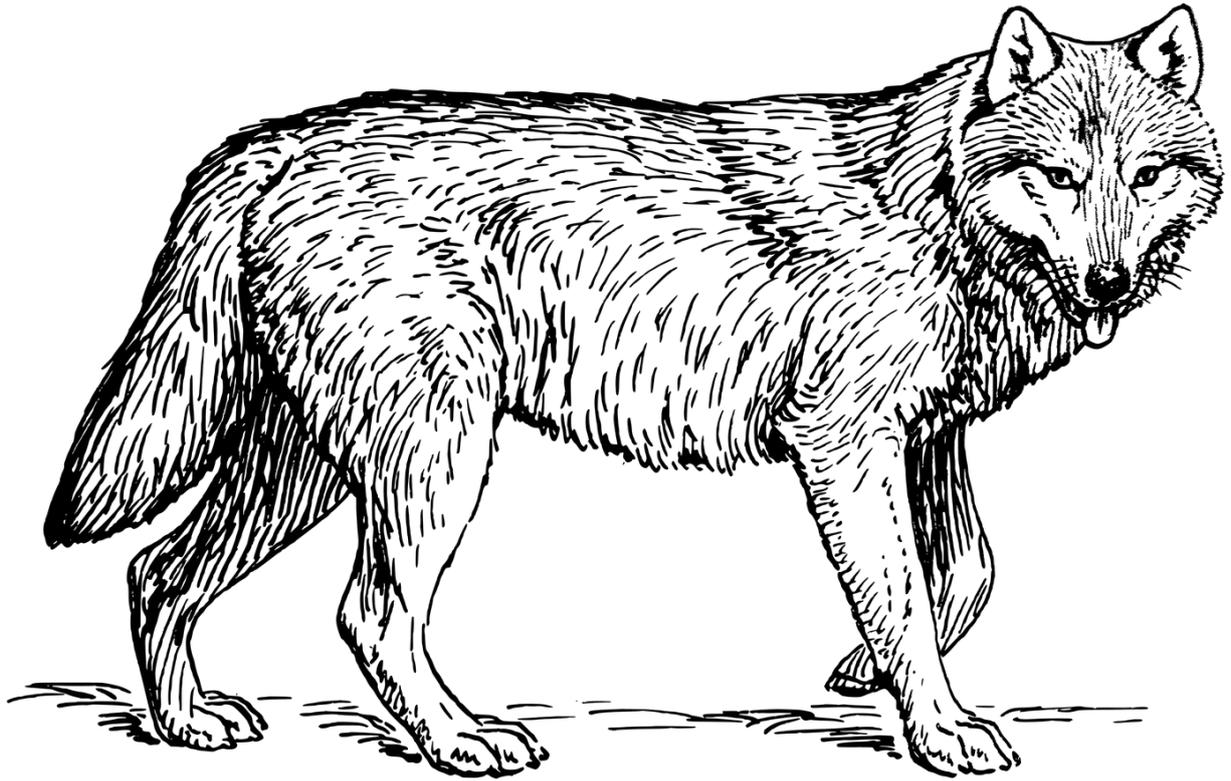
Why Would We Ignore What The Arts Can Do For Us?

The Current Education System: Too Much Beta, Not Enough Alpha



[Rethinking the Space in Which We Learn](#)

Taking Control of the narrative



Why We Need To Change The Narrative Around Art Education

Not Just Ideas: Action



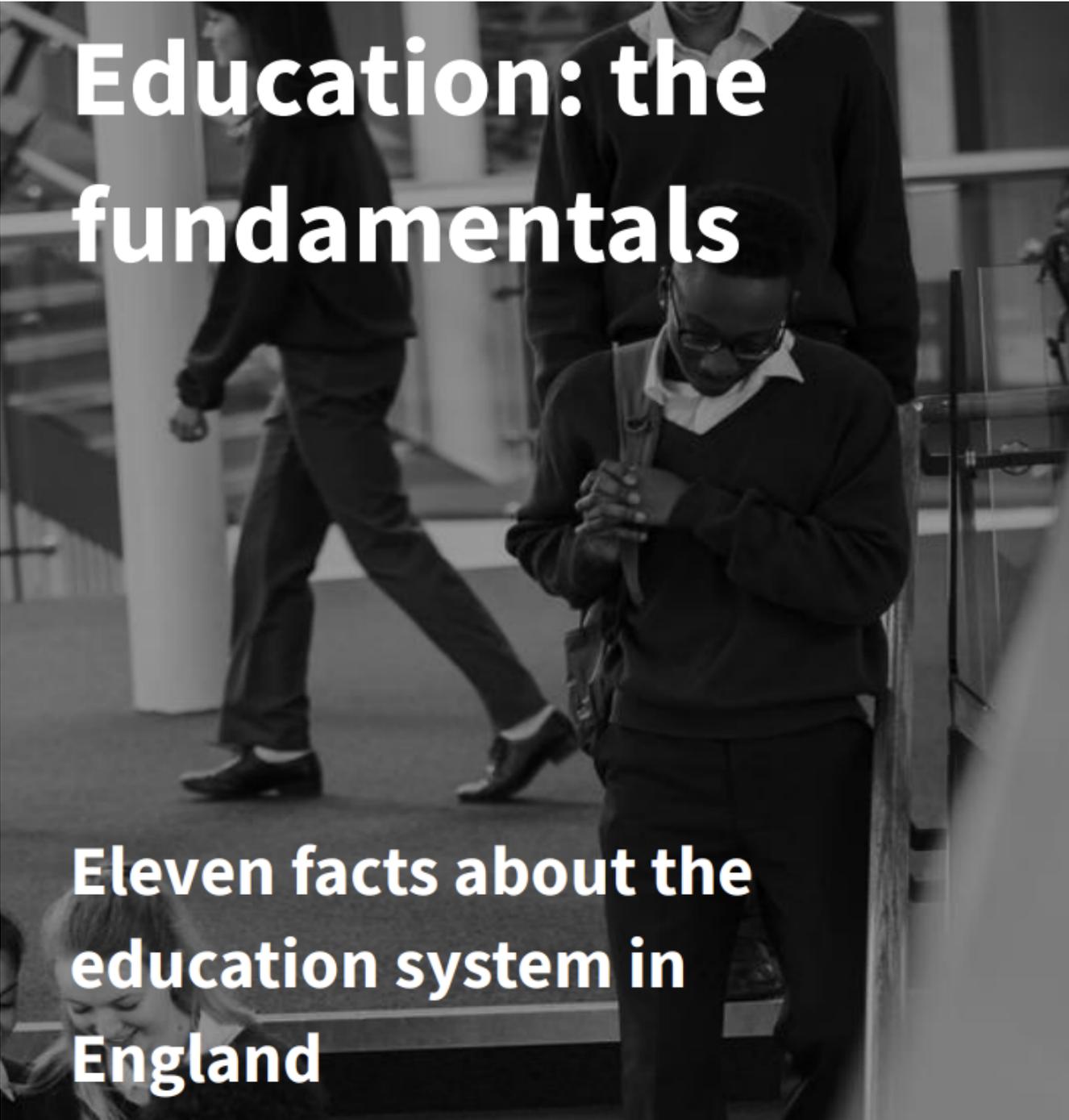
Explore AccessArt's vision and the impact it is having on art education.

AccessArt's Pedagogical Approach



Over the past 25 years AccessArt has helped define a rigorous yet highly accessible approach to visual arts education.

Education: The Fundamentals



Education: the fundamentals

Eleven facts about the
education system in
England

[Produced by Nesta and the Education Policy Institute](#)

Visual Arts Manifesto

Visual Arts Organisations Call New Government to Action



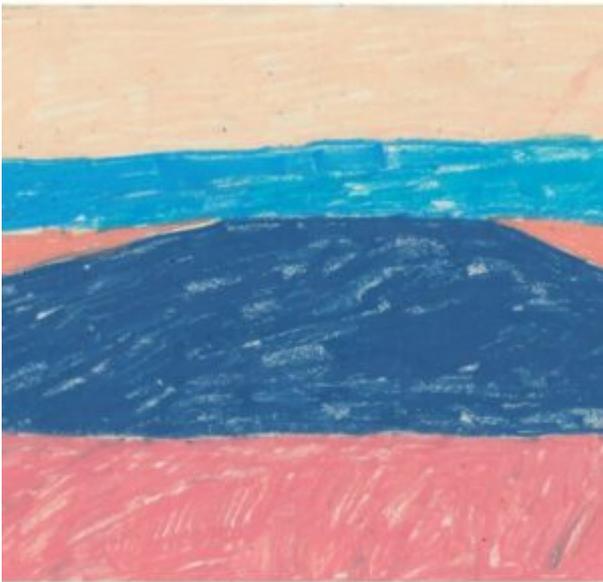
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CREATIVE WORKSPACE NETWORK
DACS

[24 Arts Organisations share a vision](#)

Adapting AccessArt: Colour and Composition

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Layered Colour Gestural Drawing



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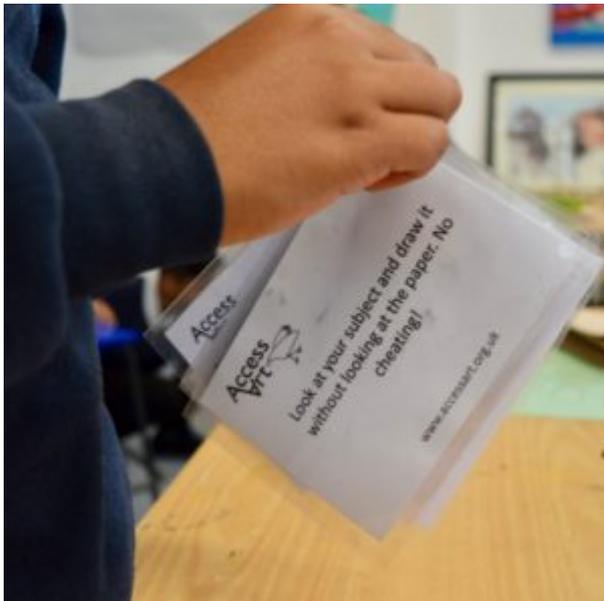


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