

# CPD Recording: Developing The Creativity of Teachers

Living a creative life or developing an artistic skill can improve wellbeing, confidence, and a positive mindset. Yet often, it's a skill we 'unlearn' as we grow out of childhood. How can we best support ourselves to reconnect with our creativity, and in turn, pass this on to the children we teach?

Led by [Dr Penny Hay](#), this session shares projects that she has been involved in that have helped her connect with childlike creativity.

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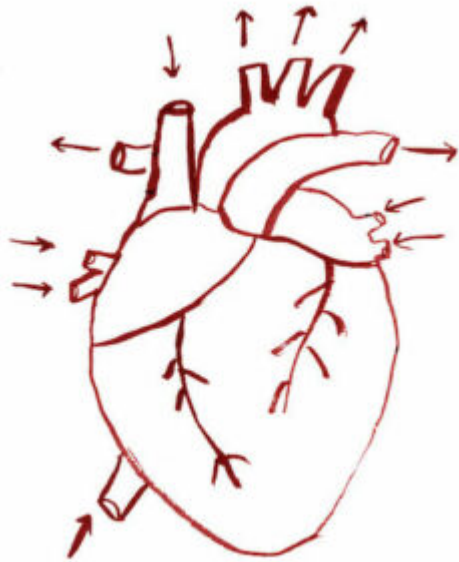
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