

# Session Recording: Ten Minutes, Five Times a Week with AccessArt and DRYAD Education

In this 45-minute session designed to give you a practical and hands-on introduction to an exercise or approach, Paula and Rachel demonstrate [Ten Minutes, Five Times a Week](#), a simple set of drawing exercises designed to widen understanding of drawing and give non-specialist teachers the skills to facilitate an exploration of drawing with confidence. We are also joined by Jane and Chrissy from [Dryad Education](#), who answer your questions about stocking materials.

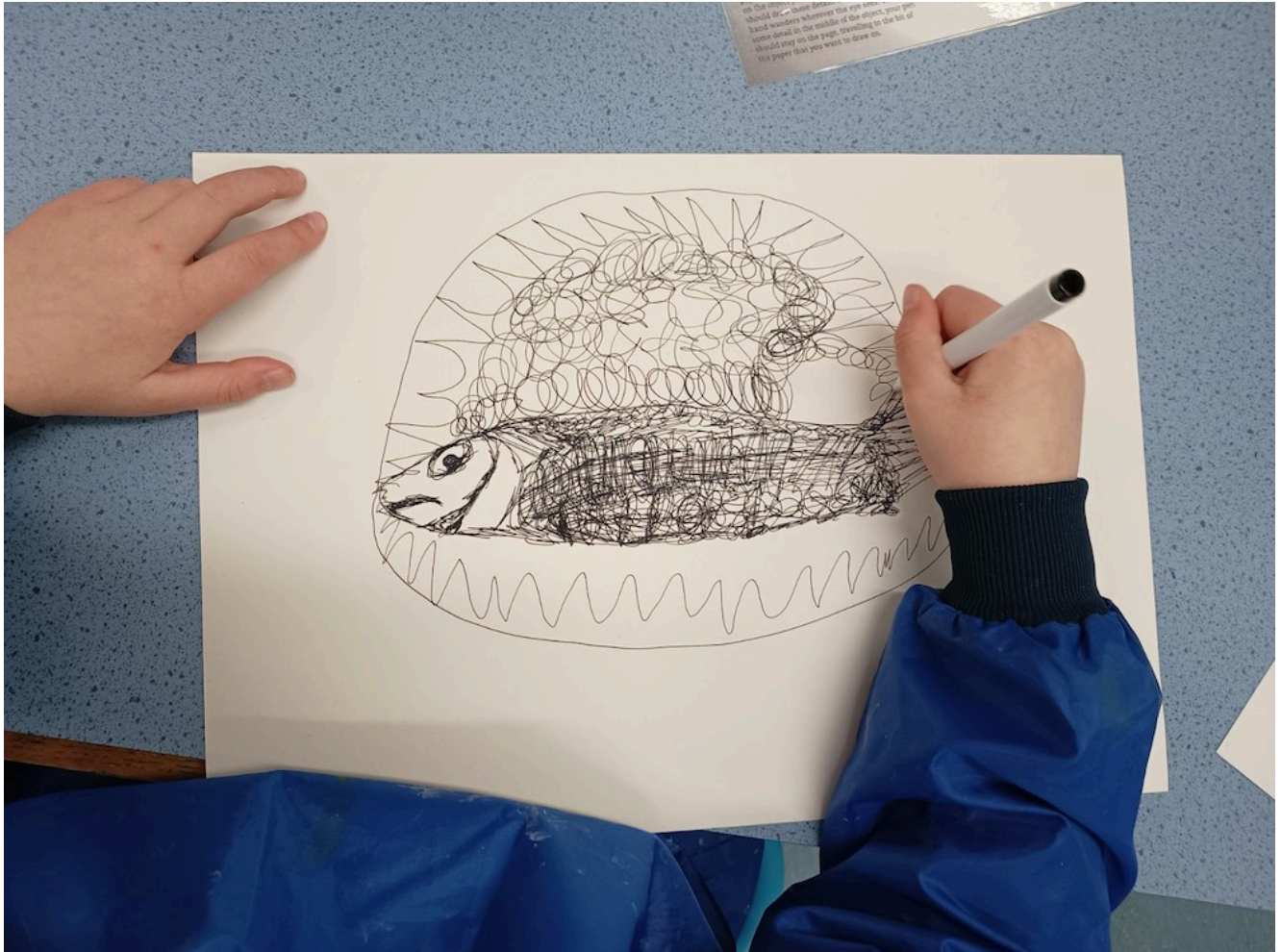
The drawing exercises in Ten Minutes, Five Times a Week, are suitable for the whole school or whichever educational setting you may come from. If you are considering using the AccessArt Primary Art Curriculum, these exercises are a great way to introduce pupils and teachers to our practice and ethos.

If you'd like to join along with the activities in the recording, please have some basic drawing materials to hand.

This session is suitable for educators working in all settings, including EYFS, Primary and

Secondary Schools, Health & Community Care, Home Education, Lifelong Learning and Museum and Gallery Education.

The video below is available to full [AccessArt members](#). Please login to access the video.



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