

# Simple Drawing Exercise: Drawing to the Slow Rhythm of a Metronome

By Paula Briggs

A new term at the **Drawing and Making Workshop for ages 6 to 10** and I thought we would see how we can explore the relationship of paper and making through an book art/artist's book project.

Before we started transforming our books though, I thought we should help some new students settle in with some simple, slow drawing. It was the first warm day of the year here and everyone was feeling pretty chilled out, including myself, and I didn't think we were up to any frantic making!



A SLOW drawing workshop...

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