

Life Drawing: Understanding Foreshortening by Hester Berry

By [Hester Berry](#)

Foreshortening

Foreshortening is the manipulation of proportions in order to achieve the impression of depth of field in a drawing or painting. It can be difficult to process your view of a 3D figure into a 2D representation – you know that an arm is long and thin, so it is counterintuitive to draw it any other shape, just because it appears squashed when it is extended towards you.



Watercolour on paper by Hester Berry

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AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.

Life Drawing: Drawing Hands and Feet with Hester Berry

Life Drawing: Drawing the Head by Hester Berry

Red to Green: Wax Resist and Scraffito

Red to Green: Making Sculpture

I wanted students to be pushed to explore how to make a free standing sculpture encompassing modern sculptural principles of form, shape and balance, yet with an accessible and tangible approach to working.

Red to Green: Steps to Observational Drawing

Foundations for students to be able to approach observational drawing without feeling inhibited or paralyzed and reinstate

their confidence in their ability and right to draw.

Red to Green: Monoprinting

Monoprinting is an excellent way to access mark making and drawing but with a bit of 'distance' from the finished work. Results are always unexpected and the process itself very engaging, so any potential anxiety about what a finished drawing 'should' look like is taken away.

Life Drawing: Capturing Gesture by Hester Berry

Red to Green: Block Printing

enjoyed the process of block printing

Red to Green: Taking Rubbings

and Making Compositions

process of recording by taken rubbings from natural and man made objects whilst incidentally making uninhibited gestures and marks with graphite

Red to Green: Patterns in Nature, Line and Wire

using drawing as a way into exploring designs and patterns in nature, followed by a making session using wire to extend ideas into 3D

Aspire to Create: Inspired by Nature & Empowered by Creativity – Red to Green

One: Casting



Exploring mark making into wet clay, mould making, mixing and pouring plaster

Two: Patterns in Nature, Line and Wire



Using drawing to look at designs and patterns in nature to inspire the creation of wire sculpture

Three: Taking Rubbings and Making Compositions



Recording the surrounding world by taking rubbings

Four: Block Printing



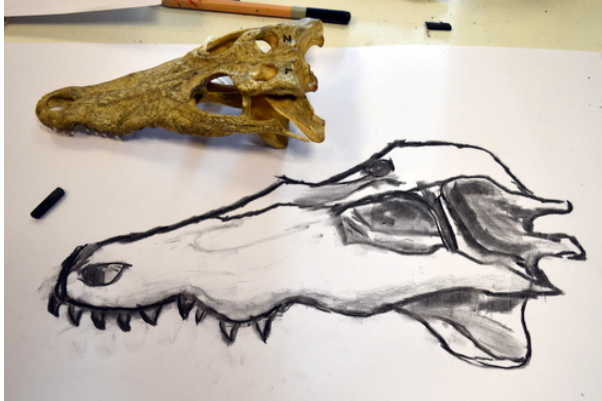
Learners are introduced to block printing

Five: Monoprinting



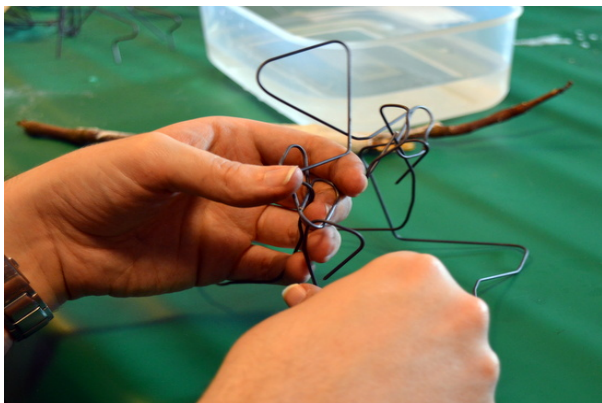
Exploring texture, pattern and mark making through monoprinting

Six: Steps to Observational Drawing



Four steps to enabling observational drawing

Seven: Making Sculpture



Learners explore sculptural principles of form, space and balance

Eight: Wax Resist and Scraffito



Introducing colour with wax resist and scraffito techniques



Red to Green: Casting

day one of AccessArt's six day residency at Red2Green mark making into clay, mould making and casting

Life Drawing: A Collection of Resources by Hester Berry

How to Run a Life Drawing Class



[_](#)Introducing Hester and providing an overview of how Hester sets up and facilitates a life class.

An Introduction to Life Drawing



[_](#)Getting started with life drawing and some simple warm-up exercises to help you become familiar with your drawing materials and the life model.

Capturing gesture



[_](#)Hester provides some helpful advice along with a series of short drawing exercises, that

will enable you to identify the essentials of a pose and successfully record the movement and gesture of the life model.

Drawing the head



Drawing faces can be daunting, but Hester explains how you can tackle them successfully using simple and logical steps.

drawing hands and feet



Hands and feet are tricky subjects and often get omitted because the forms seem too complicated to draw. Hester shares a secret shortcut to understanding and drawing these complex forms ...think mittens and socks!

Understanding Foreshortening



When drawing the life model, it can be difficult to process your view of a 3D form into a 2D representation. Hester explains clearly and concisely how to successfully achieve a foreshortened figure to create the illusion of space in your drawings.

Using Tone



Hester explains how to use tone effectively to give your drawings more definition and an increased sense of volume and suggests ways of using tone when drawing short poses, that will build your confidence and skills.

Introduction to Life Drawing

with Hester Berry

Cantus Arcticus (Concerto for Birds and Orchestra) Op.61: Images Inspired by Music

How to Make a Simple Origami Bird by Melanie Johns

Melanie Johns suggests using origami to transform old artwork. It's an exciting way of using less successful drawings or paintings on paper to produce a new creative outcome, in the form of a personalised paper sculpture.

'Dawn Chorus' by Marcus Coates

Making and Drawing Birds

creating decorative designs from birds:
markmaking, texture and pattern



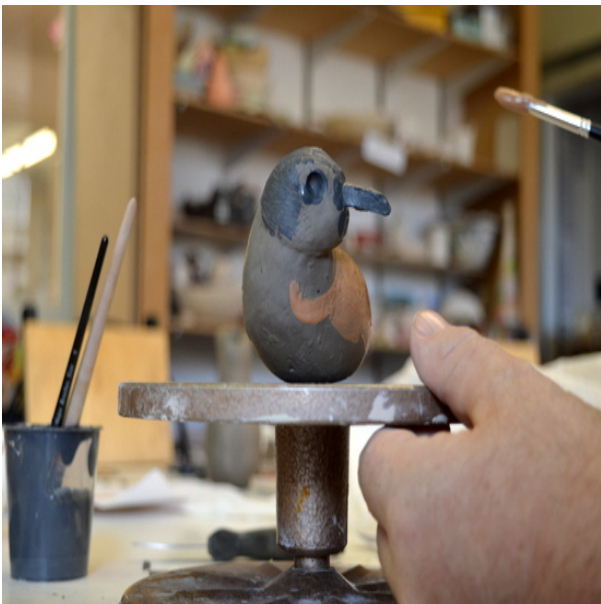
In the Company of Birds



nest



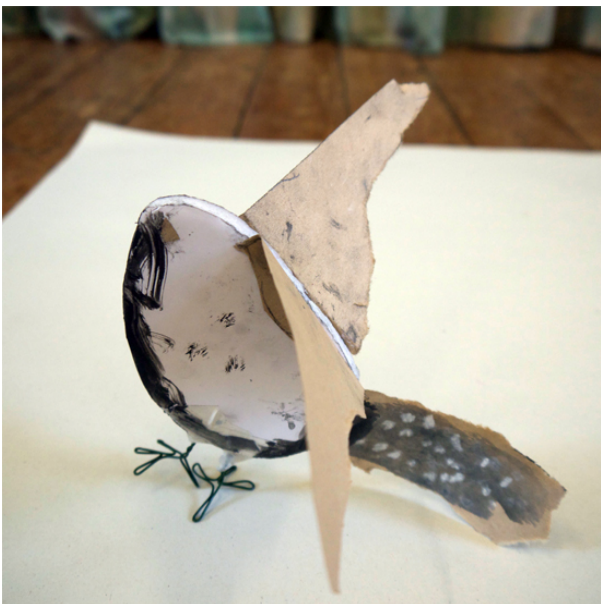
Rowan: Making a Clay Bird from a Mould



dragons and birds in eggs: hidden and revealed



**making birds! sculptural ideas for
primary schools**



**Sculptural Birds in Flight by Teenage
Makers**



rook: transforming materials



Printing at Battyford Primary, Inspired by Hester Cox



‘Flock’ at Prospect House School, Inspired by Veronica Lindsay-Addy



book transformation: flock of birds



drawing birds with mixed media: creating effects with oil pastels, crayons and ink washes



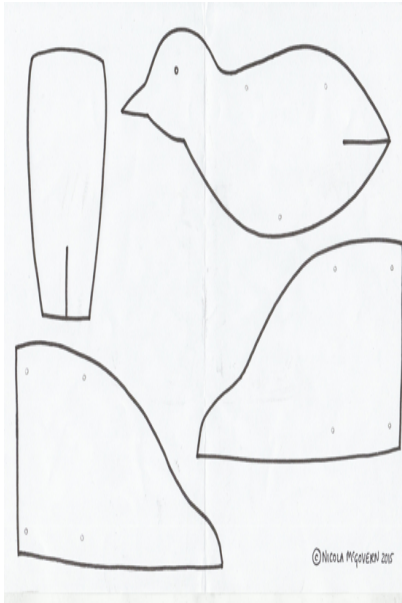
‘Dawn Chorus’ by Marcus Coates



Colourful Sculptural Birds by Pupils at Donhead Preparatory School



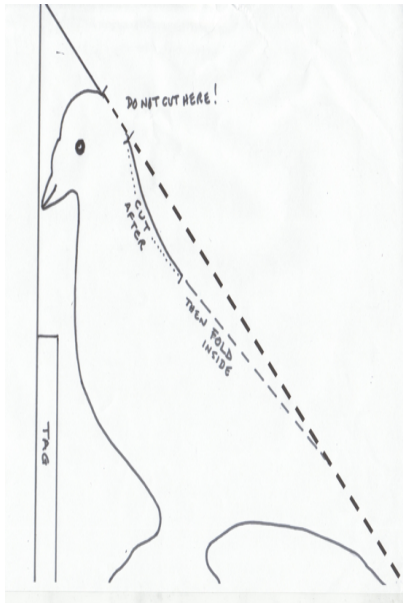
Priscilla the Puffin: Make a Simple Bird Mobile



How to Make a Simple Origami Bird by Melanie Johns



Paper Pidgeon Project



‘Birds in the Trees’ by Pupils at Battyeford Primary School



Brave Young Makers: Year Three Pupils at Ridgfield Primary Transform materials into Birds and Insects



making modroc sculpture



cantus articus (Concerto for birds and orchestra) Op.61: Images Inspired by Music



Perseverance, Determination and Inventiveness: Building Nests



Making a Scarecrow Out of

Moss