

# Dreaming With Watercolour

By [Laura McKendry](#).

*In this playful and experimental resource, Laura McKendry shares how she facilitated the exploration of watercolour with a group of adults with learning differences and neurodivergent needs at [Artbox London](#). In this workshop, learners explore the unpredictable wonder of watercolour using a range of techniques and varied mark-making tools to work towards a series of outcomes, including a dreamlike image.*

*This activity was facilitated in a [SEND](#) setting but would also suit a variety of age groups and learners in alternative settings.*

*Please [log in](#) as a member below to access the full resource.*



	Please log in here to access full content.	
Username	<input type="text"/>	
Password	<input type="password"/>	
	<input type="button" value="Login"/>	<input checked="" type="checkbox"/> Remember me
	<a href="#">Forgot Password</a>	

To access all content, I would like to join as...

An Individual



Creative practitioners, educators, teachers, parents, learners...

From £3.50

**An Organisation...**





Schools, Colleges, Arts Organisations: Single and Multi-Users  
**From £42**

*AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.*

---

## You May Also Like...

**let me inspire you by emma burleigh**



**Globe paintings**



**introduction to watercolour**



**See all send resources**



---

**Making Tips & Tricks: Working  
with Tissue Paper & PVA Glue**

---

# Collage: Deconstructing, Reconstructing and Abstracting

## What We Like About This Resource...

*"I really like how this playful resource helps us to make a creative response inspired by a stimulus, ensuring that the stimulus is only an entry point into an outcome that will look totally different. Exploring the themes of colour, texture and composition through the lens of different artists also helps us see how we can interpret (and re-interpret) colours and materials in a meaningful way. Viewfinders and collage are also great tools for those who experience 'fear of the white page' and will allow learners to make conscious creative decisions as they go."* – Tobi, AccessArt

## You May Also Like

Adapting AccessArt: Colour and



## Composition



## Cut Paper Collage Still Life



## Cooking with collage





---

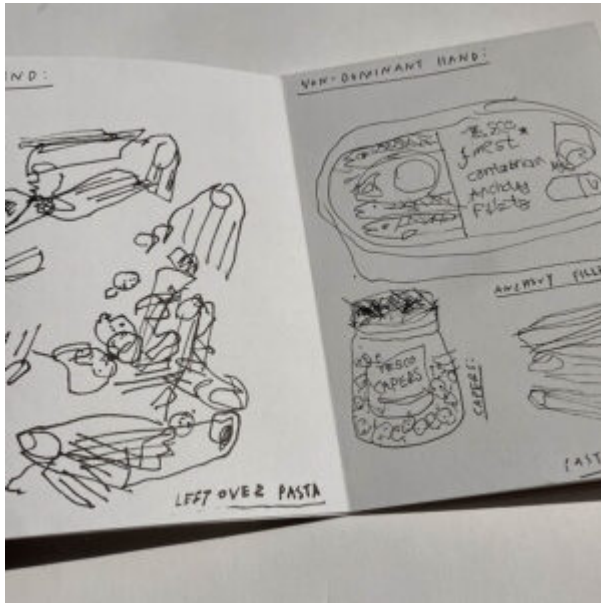
# Cooking With Collage

## You May Also Like...

Redesigning food Packaging



## What i ate in a day



## Paint Your corner Shop



## Creating Repeat Patterns



---

# AccessArt                      Olympics: Sportswear Design

[<<Explore Other Olympic Themes](#)

Explore the project below to help pupils consider how they might design an Olympic/Paralympic Kit based on either Olympic [Athletics](#) or [History](#).

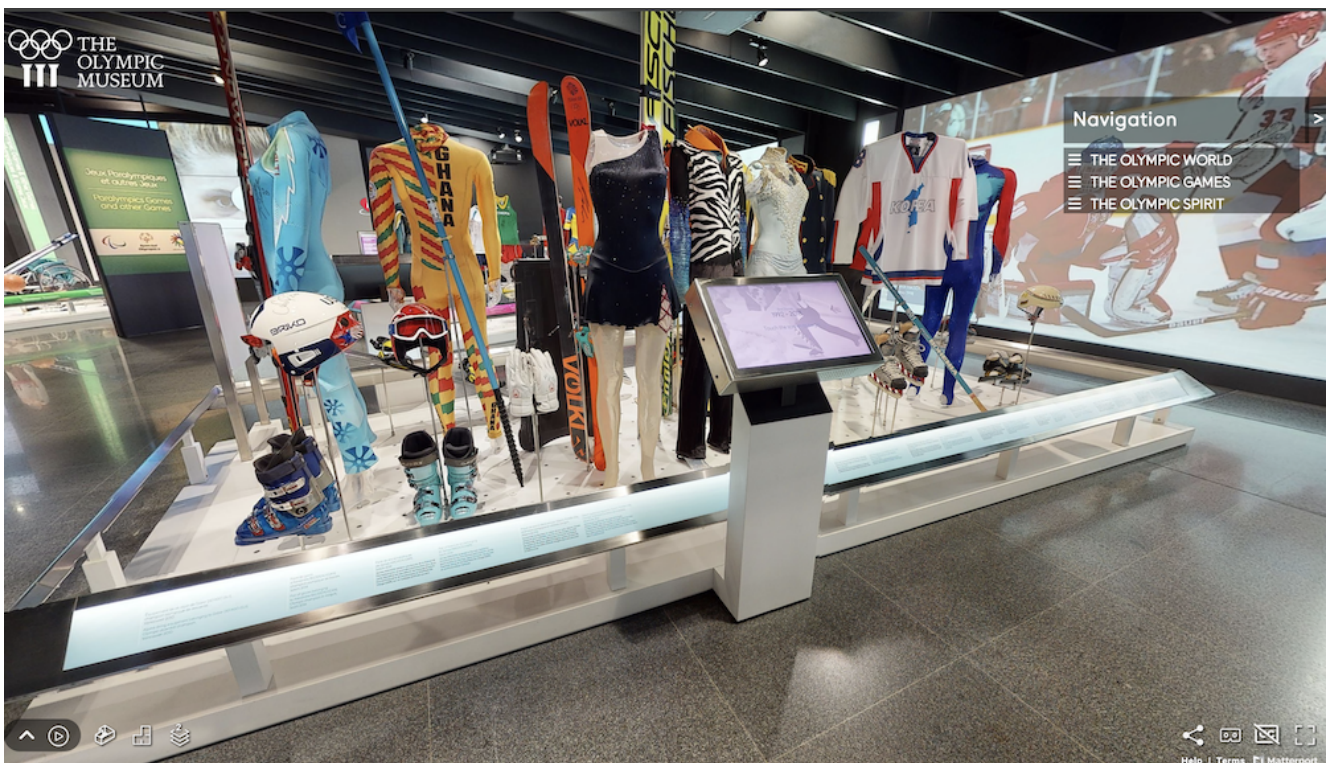
## Sportswear Design

**Aim:** To introduce pupils to sportswear design, what it's used for and what it can represent. Pupils will get the opportunity to design their own sportswear whilst developing painting and collage skills.

## Step 1: Introduce

Begin the session by asking pupils to make an Olympic project sketchbook using one of the [“Making Sketchbooks”](#) resources.

Introduce pupils to iconic Olympic Fashion from the past using [“Talking Points: Olympic Fashion”](#). Invite pupils to create [“Visual Notes”](#) in their sketchbooks inspired by what they see.



## Step 2: Drawing

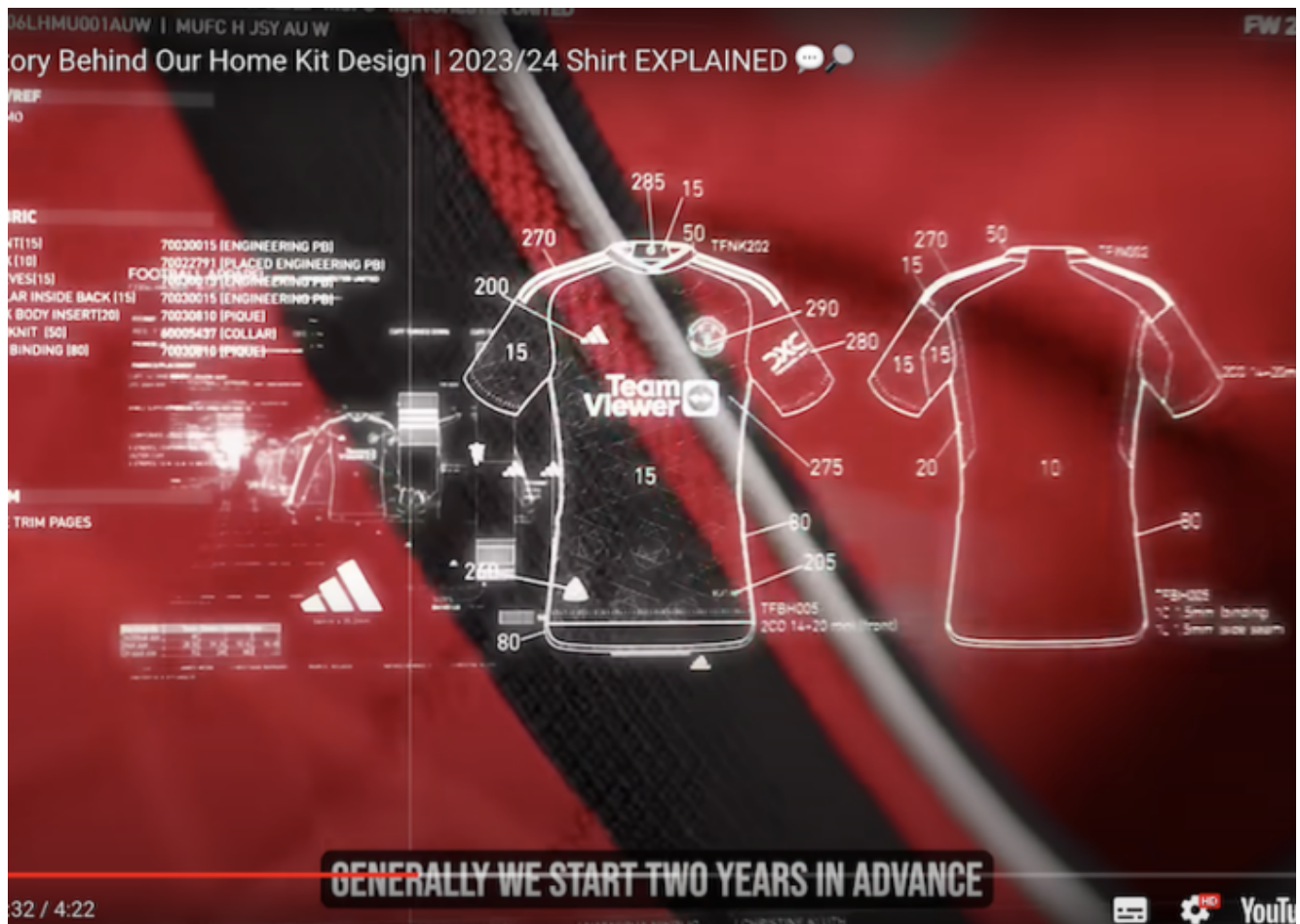
Give pupils the opportunity to draw figures from life inspired by the [“Life Drawing For Children”](#) resource. Borrow some sports equipment from the PE department to inform their poses. Take it in turns to model in an athletic pose related to the sports prop and draw.





### Step 3: Introduce

Introduce pupils to the idea that sportswear can be designed to reflect a sport, person, a team, a place etc. Watch the videos on “[Talking Points: Designing Sportswear](#)” and use the questions to prompt a discussion about what designers use as inspiration for their designs.



Using paint and collage, invite pupils to create decorated papers which can be transformed into “[2d and 3d Fashion Designs](#)”. Adapt the resource slightly to encourage them to think about what motifs/symbols/patterns they might create to reflects their local area, personality, a sport, olympic value, or a focus of your choice.



#### Step 4: Reflect

[Use the resource here to help you run a class "crit" to finish the project.](#)

Invite children to display the work in a clear space on tables or on the wall. Recap with them about the exploration – where they started, what they discovered and what they enjoyed.

If you have class cameras or tablets, invite the children to document their work, working in pairs or teams.





# ACCESSART OLYMPIC RESOURCES

AGES 9-11

AGES 11-14

**Materials:**

**Sketchbooks**

**A3 and A4 Cartridge Paper**



**Drawing materials**

**Sports equipment to use as props**

**Acrylic Paint**

**Brushes**

**Scissors**

**PVA glue**

**Mannequins (Wooden or Cardboard)**

**Clear tape**

---

**Adaptations:**

**You may like to focus on the history of sportswear, creating designs based on historical fashion and sportswear.**

---

**Explore Other Resources in Athletics:**



## Making Medals



## Sporting Sculptures

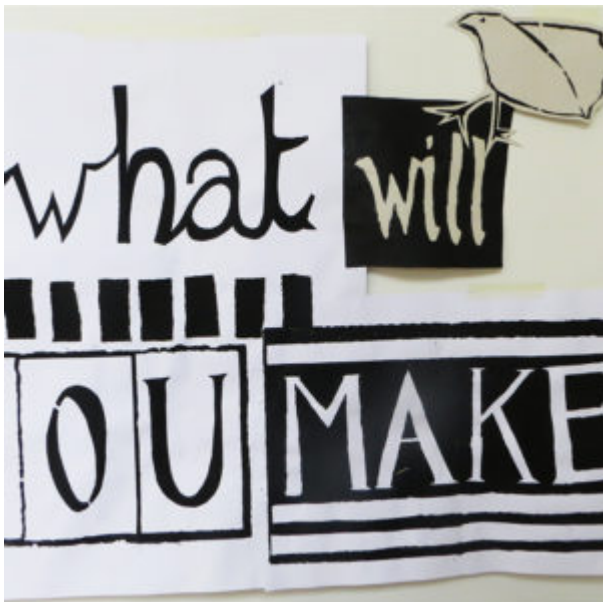


## Sculptural Sneakers

Explore other olympic themes  
history



**Values**



**ceremony**



---

## Ice Worlds

### You May Also Like...

**Pathway: Using Art To Explore Global Issues**





[This resource is features in the 'Using Art To Explore Global Issues' pathway](#)

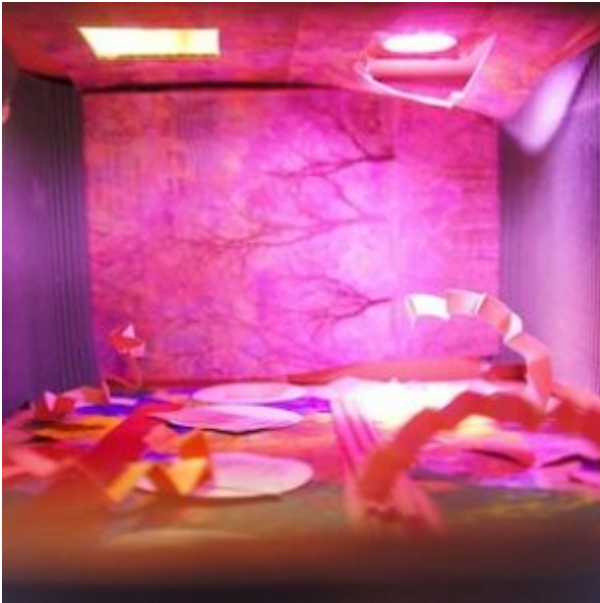
**Drawing Source material: ice**



**Talking Points: Drawn To Antarctica**



**Mini world Lightboxes**



---

# AccessArt Olympics: Olympic Posters

[<<Explore Other Olympic Themes](#)

Explore the project below to help pupils consider how they might create an Olympic Poster inspired by the [Olympic Values](#).

## An Olympic Poster

**Aim:** To introduce pupils to the ethos of the Olympics and create a body of work in response. Pupils will get the opportunity to practise collaging skills to create a poster based on an Olympic value.

## Step 1: Introduce in Sketchbooks

Consider asking pupils to make an Olympic project sketchbook using one of the [“Making Sketchbooks”](#) resources.

Begin by introducing pupils to the Olympic and Paralympic ethos and the 3 values Friendship, Respect and Excellence with [“Talking Points: The Olympic Ethos”](#).

Follow on by introducing pupils to the idea that each Olympic and Paralympic games has an Olympic Design team who captures the essence of the host city through design. Explore [“Talking Points: Olympic Design”](#) and invite pupils to create [“Visual Notes”](#).



## Step 2:

Invite pupils to create posters adapting the

**[“Drawing With Scissors”](#)** resource. Depending on the ability of your pupils you can either focus on creating collages and colour mixing, or you can follow the project through to screen printing.

Take inspiration from photographs taken at the Olympics and Paralympics on [Getty images](#) or [Istock](#). Or explore the [Paris 2024 Olympic Poster by Ugo Gattoni](#).

If pupils need any interventions you can introduce them to some of the Olympian artists with **[“Talking Points: Olympian Artists”](#)**.



**Step 4: Reflect**

**[Use the resource here to help you run a class](#)**



[“crit” to finish the project.](#)

Invite children to display the work in a clear space on tables or on the wall. Recap with them about the exploration – where they started, what they discovered and what they enjoyed.

If you have class cameras or tablets, invite the children to document their work, working in pairs or teams.



ACCESSART OLYMPIC  
RESOURCES

AGES 9-11

AGES 11-14

## Materials:

Sketchbooks

Drawing materials

A3 Cartridge paper

A3 Coloured/Sugar paper

Scrap paper (old painted paper)

Acrylic Paint

Scissors

PVA glue

Print screen mesh (optional)

Squeegees (optional)

Printing medium thickener (optional)

---

## Adaptations:

If you would like to screenprint but don't have the equipment, you can use this [simple screenprint hack](#).

You can focus on historical photographs from the Olympics, encouraging pupils to mix in grey hues or to use their imaginations to make up the colours.

---

Explore Other Resources in Values:



## Mascot Design



## Making Medals



## Friendship Towers

Explore other olympic themes  
history



athletics





**ceremony**



---

**Adapting AccessArt: Monoprint  
and Painting: The Great Fire**

# of London

## See This Resource Used In Schools



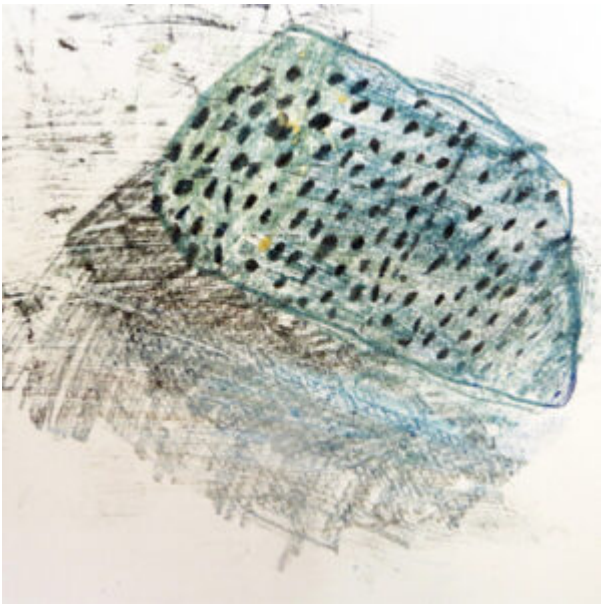


## You May Also Like

**7 & 8 Year Olds Explore MonoPrinting & Oil Painting**



**Monoprinting with Oil Pastel and Carbon Copy Paper**



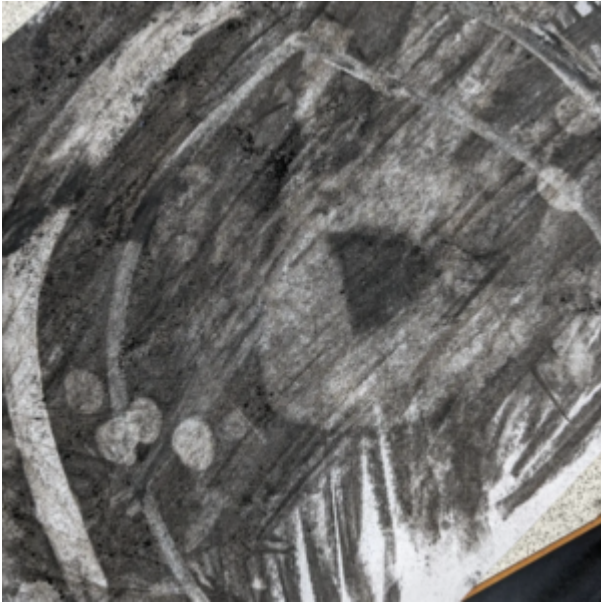
---

**Expressive Charcoal Collage:**



# Coal Mines

See This Resource Used in  
Schools...



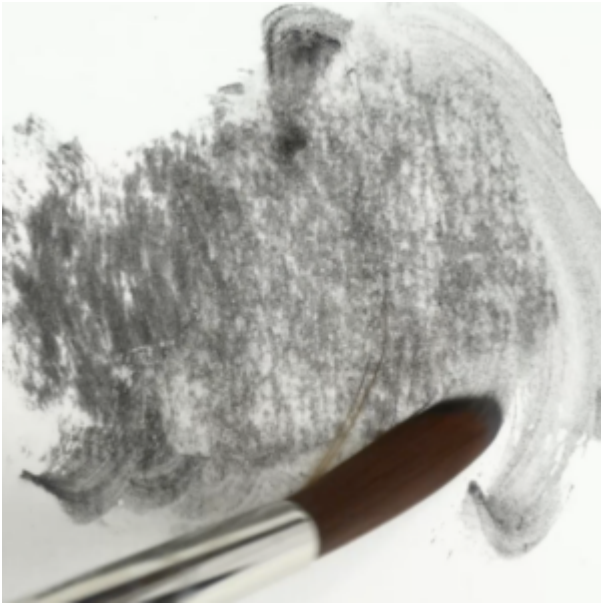


## You May Also Like

charcoal cave



## introduction to charcoal



## **Pathway: An Exploration of Coal Mining, Inspired By Henry Moore**



---

**Painted and Sculptural Plant**

# Pots

## You Might Also Like...

### Drawing and Making Flowers



### Painting on Plaster Inspired by Vincent Van Gogh





## Cut Paper Collage Still Life



---

## Imaginary Landscapes

**DALER**   
**ROWNEY**



**See This Resource Used In  
Schools...**





# You May Also Like

Lets start with collage



## **Insect hotels**



---

**Let's Start With... Collage**



**DALER**   
**ROWNEY**



**You May Also Like**

**imaginary landscapes**



---

## Concertina Landscapes

See This Resource Used In  
Schools...





**You May Also Like**

**Manipulating Forms in Landscape Painting**



**Imaginary Landscape**



---

## Collaging with Wax Crayon Rubbings

**DALER**   
**ROWNEY**





**See This Resource Used In  
Schools**





## **You May Also Like...**

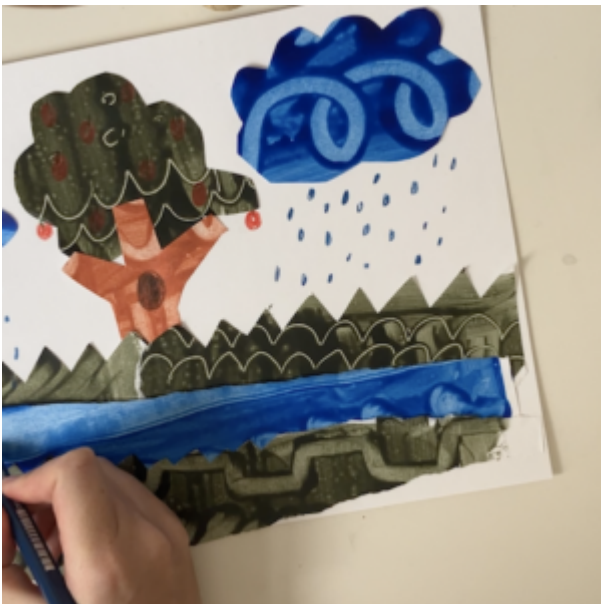
### **Transforming Objects**



### **Autumn Floor Textiles**



## **Imaginary landscapes**



---

**Talking Points: Saoirse Morgan**

A collection of imagery and sources designed to stimulate conversation around the work of Saoirse Morgan.

*Please note that this page contains links to external websites and has videos from external websites embedded. At the time of creating, AccessArt checked all links to ensure content is appropriate for teachers to access. However external websites and videos are updated and that is beyond our control.*

Please [let us know](#) if you find a 404 link, or if you feel content is no longer appropriate.

We strongly recommend as part of good teaching practice that teachers watch all videos and visit all websites before sharing with a class. On occasion there may be elements of a video you would prefer not to show to your class and it is the teacher's responsibility to ensure content is appropriate. Many thanks.

This resource is free to access and is not a part of AccessArt Membership.

AGES 9-11

AGES 11-14

AGES 14-16



FREE TO ACCESS

## Saoirse Morgan

“My paintings explore my connection with familiar landscapes. The subject of my work is my home terrain of West Wales: the landscape, the coast, the ecology. I am inspired by local colour, plant life, atmosphere and weather. I spent my childhood on small islands, surrounded by swirling tide races and wild, wind-blown seas. My terrestrial environment is maritime heath and lowland heath. It’s a warm, familiar colour palette, dominated by bracken, heather and gorse.” – [Saoirse](#)

## Questions to Ask Children

How does Saoirse’s painting process connect to the sea?

How do the colours, shapes and textures evoke the atmosphere of the sea?

## Questions To Ask Children

How does the painting, and process capture the essence of the sea?

What do you like / dislike about the painting?

How does the painting make you feel?

## Questions to Ask Children

Are there any animals / insects / plants in your local area that has been suffering the consequences of climate change? How has your local landscape been affected?

## This Talking Points Is Used In...

Pathway: Mixed Media Land and city scapes

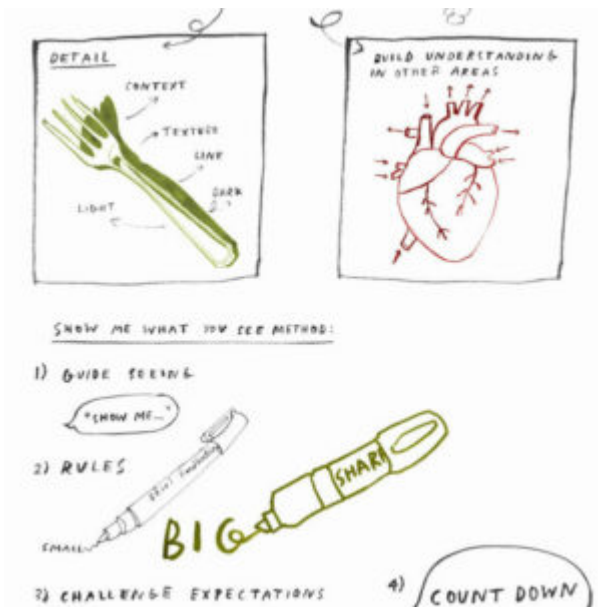


[This is featured in the 'Mixed Media Land and City Scapes' pathway](#)

using sketchbooks to make visual notes



Show me what you see



Concertina Landscape



---

## **Exploring A Midsummer Night's Dream: Creating a Forest Collage Part Two**

---

## **Exploring A Midsummer Night's Dream: Creating a Forest Collage Part One**

---



# Collecting Colour in my Moodboard Book

## What We Like About This Resource...

*“It’s really nice to see that although Rachel Parker works quite digitally, her process from the beginning is very tactile. Rachels books act as a really great source of inspiration, helping to break down the creative blocks that we all get from time to time. Having a sketchbook dedicated to colour means that as well as working with colours that you already love, you can test new colour palettes and see colours from a new perspective. I especially love how Rachel picks up on the different tones in colours by looking at the way light hits it in order build her colour palette around those supporting tones as well as big statement colours.” – Tobi, AccessArt*

## You Might Also Like...

Pathway: Brave Colour



**Exciting Colour**



**Make Repeat Patterns**



**Which Artists: Rachel Parker**



---

**Collecting Colour**

# What We Like About This Resource...

*"It's great to see how a simple exercise such as colour collecting, which can be done in a classroom setting, is also used in a professional capacity. This gives the activity a clear context and purpose. It's nice to see Rachel's decisions being made in real time, it demonstrates how artists are constantly reflecting on and self evaluating their own decisions. Rachel also shows us that she sometimes gets colour palettes from photos that she's taken herself, this is really exciting because it demonstrates how the artists experience is central to their work. Students will be able to bring their own experience and personality to this activity by having complete control over what their colour moodboard becomes."*

– Tobi, AccessArt

# See This Resource Is Used in Schools...







## You Might Also Like...

**Pathway: Brave Colour**



**Exciting Colour**



**Make Repeat Patterns**



**Which Artists: Rachel Parker**





---

## How Colour Collection Inspires My Work

### What We Like About This Resource...

*“Rachel’s work is so vibrant and full of joy, it’s really exciting to see how she starts to form creative ideas around colour. Rachel highlights the importance of colour trends but also gives herself the opportunity to create her own trends which adds a level of playfulness and personality to her colour exploration. Seeing her colour books translate into fabric demonstrates a real clarity*



*in her decision making process.” – Tobi, AccessArt.*

## You Might Also Like...

### Pathway: Brave Colour



### Exciting Colour



## Make Repeat Patterns



**Which Artists: Rachel Parker**

