

# Drawing With Two Hands

By [Joe Gamble](#)

*This experimental drawing activity is formed of 8 drawing exercises, all focused on drawing using both the dominant and non-dominant hand, challenging learners to explore dexterity and control (or lack thereof).*

*These exercises can be split up to form part of a longer session, or they can be used individually as [warm-ups](#).*

*Learners will explore how both hands and drawing materials interact with each other to create fluid and rich drawings that challenge preconceptions of what makes a 'good' drawing.*

*The video is appropriate for viewers aged 14 and over, but can be used in a guided session with younger learners.*

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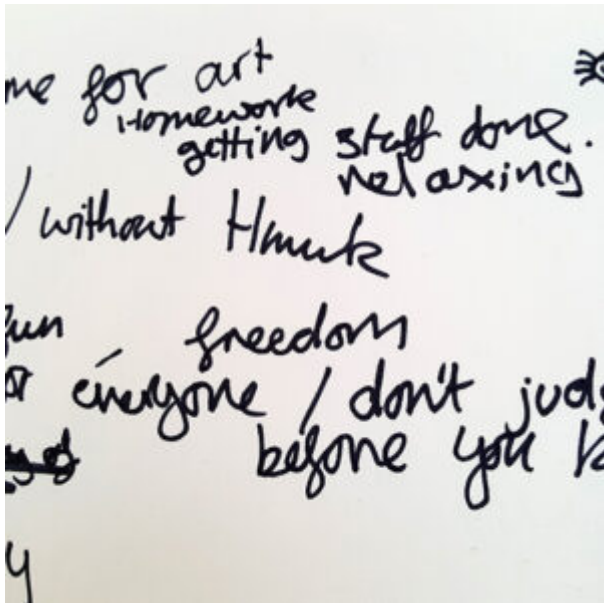
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# Talking Heads

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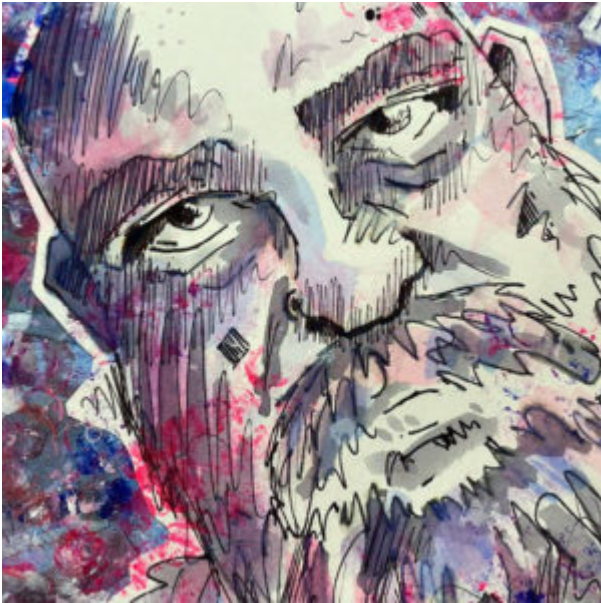
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# **Introduction to Colour Pencils**

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## Drawing with Sticks

## What We Like About This Resource

*“This is a great activity to get students to think about drawing in a different way. Extending reach and accepting a lack of control can lead to really exciting and energised mark-making. It’s great to see that this resource has also been used in SEND settings, demonstrating its accessibility.” – Tobi, AccessArt.*

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## Introduction to Graphite

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# Drawing Source Material: Orchestras and Instruments

A collection of imagery and sources which you can use to prompt drawing in schools and community groups.

*Please note that this page contains links to external websites and has videos from external websites embedded. At the time of creating, AccessArt checked all links to ensure content is appropriate for teachers to access. However external websites and videos are updated and that is beyond our control.*

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We strongly recommend as part of good teaching practice that teachers watch all videos and visit all websites before sharing with a class. On occasion there may be elements of a video you would prefer not to show to your class and it is the teacher's responsibility to ensure content is appropriate. Many thanks.

## Orchestras and Instruments

Use the film below to enable children to explore orchestras and instruments. Try to create a sense of momentum – for example you might pause the

video 4 times and ask the pupils to make a 1 minute, 2 minute, 3 minute and 4 minute drawing at each pause.

Encourage close and slow looking by talking as they draw – use your voice to attract their attention to different qualities.

Try the same exercise using different materials, ie handwriting pen, ink and nib, pastel, watercolour...

How might you invent your own instrument? What instruments might you combine? Is it self playing?

## This Source Material Is Used In...

Pathway: Music and art



This is featured in the 'Music and Art' pathway

using sketchbooks to make visual notes



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# Using Sketchbooks to Make Visual Notes

## See This Resource Used In Schools









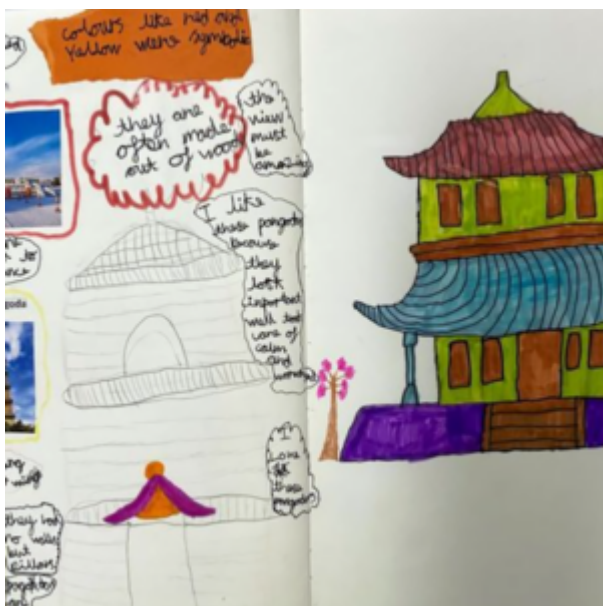


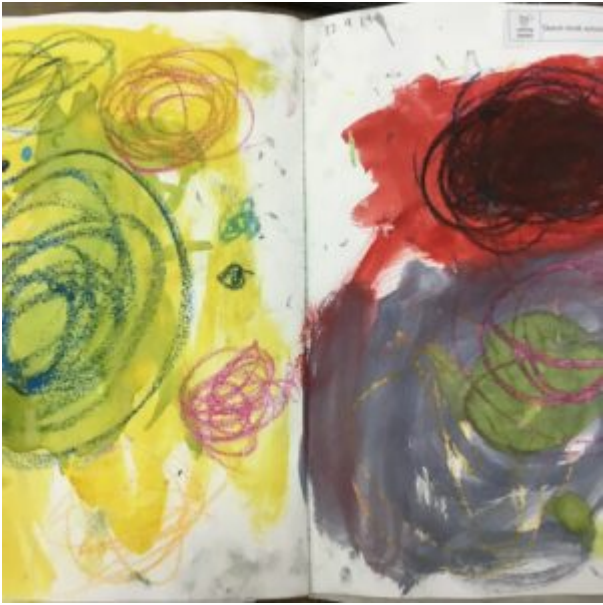




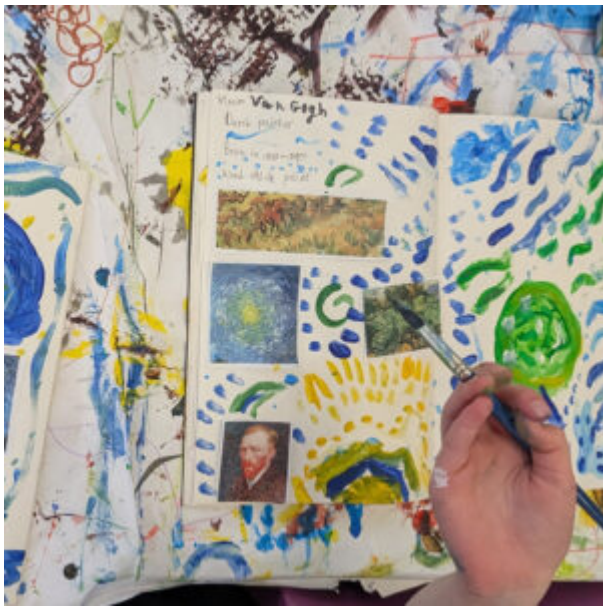












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# Drawing Source Material: Shells & Spirals

A collection of imagery and sources which you can use to prompt drawing in schools and community groups.

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## Shells

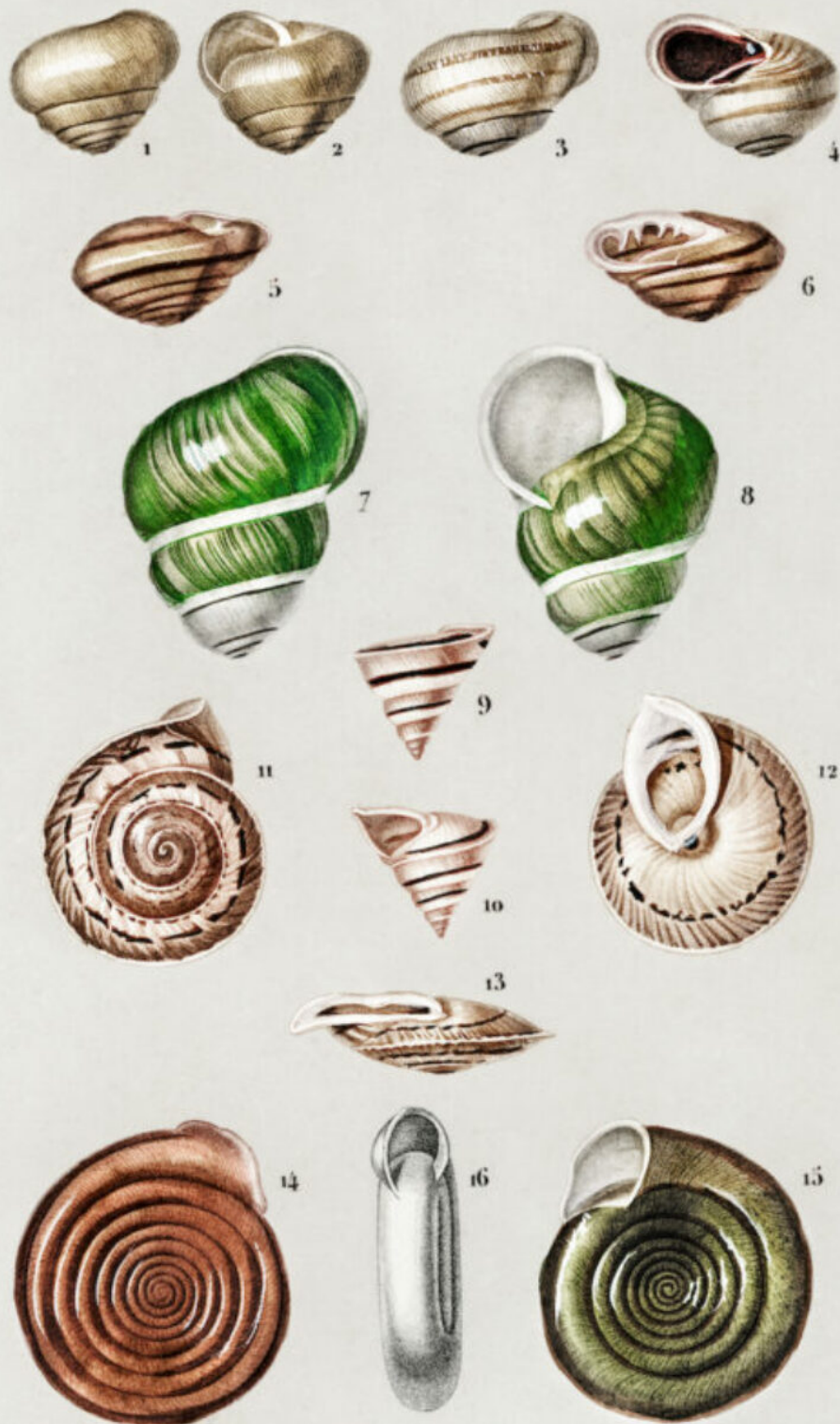
Use the films below to enable children to explore

drawing shells. Try to create a sense of momentum – for example you might pause the video 4 times and ask the pupils to make a 1 minute, 2 minute, 3 minute and 4 minute drawing at each pause.

Encourage close and slow looking by talking as they draw – use your voice to attract their attention to qualities of the shells.

Try the same exercise using different materials, ie handwriting pen, ink and nib, pastel, watercolour...

**Charles Dessalines**



Leveillé, Paris.

Fournier, 30.

- 1, 2. *Helix trochiformis* (*Helix epistylus*, Mull.)—3, 4. *Helix macrostoma* (*Helix citata*, Mull.)  
 5, 6. *Helix sinuata* (*Helix sinuata*, Mull.)—7, 8. *Helix multicolor* (*Helix polychroma*, Sowerb.)  
 9, 10. *Helix pyramidella* (*Helix Pyramidella*, Sowerb.)—11, 12, 13. *Helix de Lister* (*Helix Listeriana*, Gray.)  
 14, 15, 16. *Helix polyzona* (*Helix polyzona*, Sowerb.)



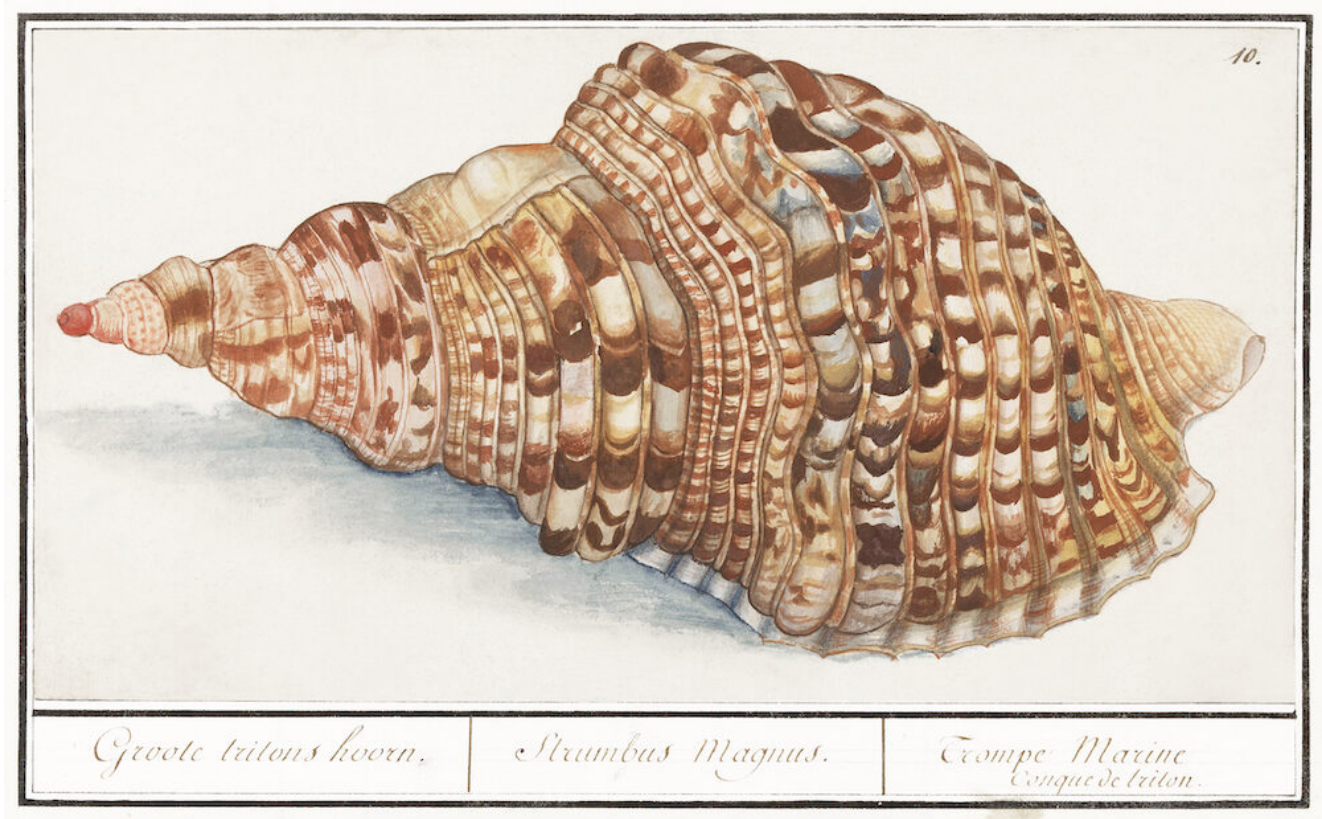


Prêtre, pinx.

Legrayol, sc.

1. *Nerinea tuberculosa*. (*Nerinea nodosa* Ag.) — 2. *Cerithium chenille*. (*Cerithium aluco* Zoug.)  
 3. *Turbinella peire*. (*Turbinella pyrum*, Lamk.) — 4. *Cancellaria obtusa* Red.  
 5. *Pustus longirostris*. (*Pustus longirostris*, Red.) — 6. *Recher palmé de Rosier*. (*Murex palma rosea*, Lamk.)

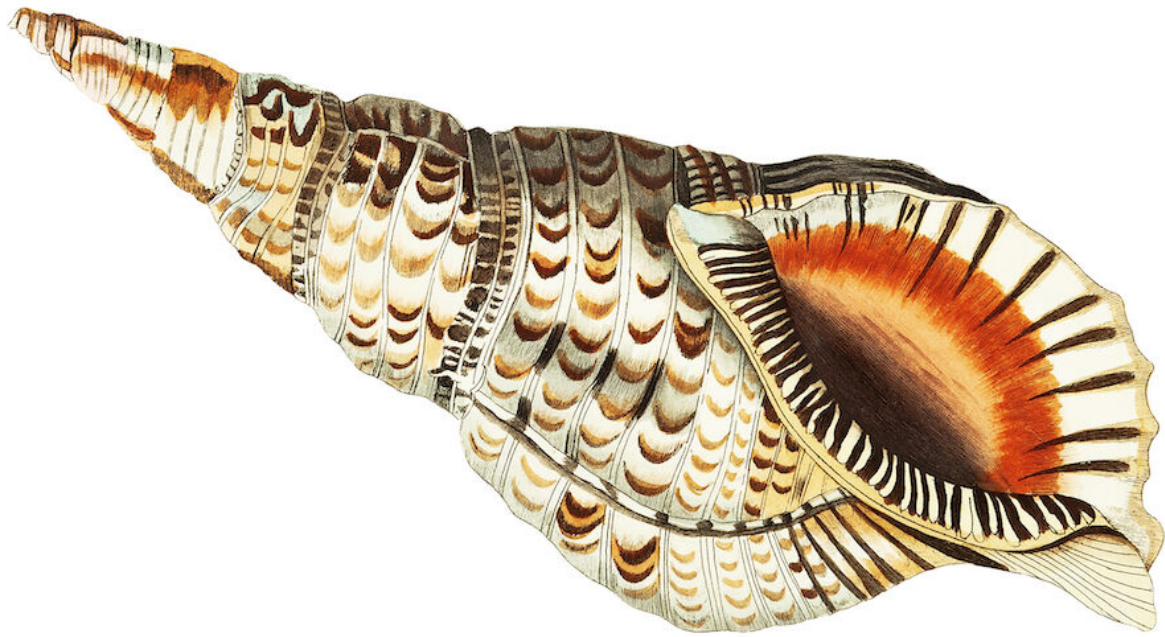
# Anselmus Boëtius de Boodt



**Common Triton Horns, *Charonia tritonis* (1596-1610)**  
**by Anselmus Boëtius de Boodt. Original from the**  
**Rijksmuseum.**

**George Shaw**





**Tritonian murex or Sea trumpet illustration from  
The Naturalist's Miscellany (1789-1813) by  
George Shaw (1751-1813)**

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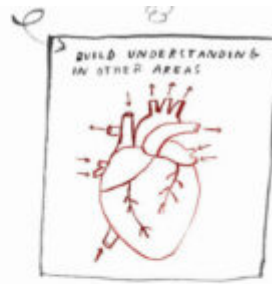
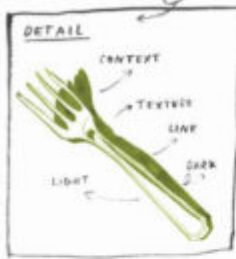
**Pathway: Spirals**



This is featured in the 'Spirals' pathway  
using sketchbooks to make visual notes



Show me what you see



SHOW ME WHAT YOU SEE METHOD:

1) GUIDE SEEING

"SHOW ME..."

2) RULES



3) CHALLENGE EXPECTATIONS

4) COUNT DOWN