Arts and Minds: A 'Heart-Work' Conversation

By <u>Sheila Ceccarelli</u> (artist) and <u>Yael Pilowsky Bankirer</u> (Psychotherapist)

Week two with students at <u>Cambourne Village College</u> as part of the 'Young People's Pilot', coordinated and managed by <u>Arts</u> <u>and Minds</u>, a leading arts and mental health charity in Cambridgeshire.

Teenagers were introduced to graphite, charcoal, masking tape and acrylic paint as mediums for communal expressive mark making. A collective drawing was produced, whereby students were encouraged to work in collaboration and in response to each other.

This session was also about building up a repertoire of mark making experience and a vocabulary for working together.

Three separate 'canvases' were produced by three different groups.

Back to "Heart-Work" Arts and Wellbeing Project

First Marks

Graphite, Charcoal and Masking Tape



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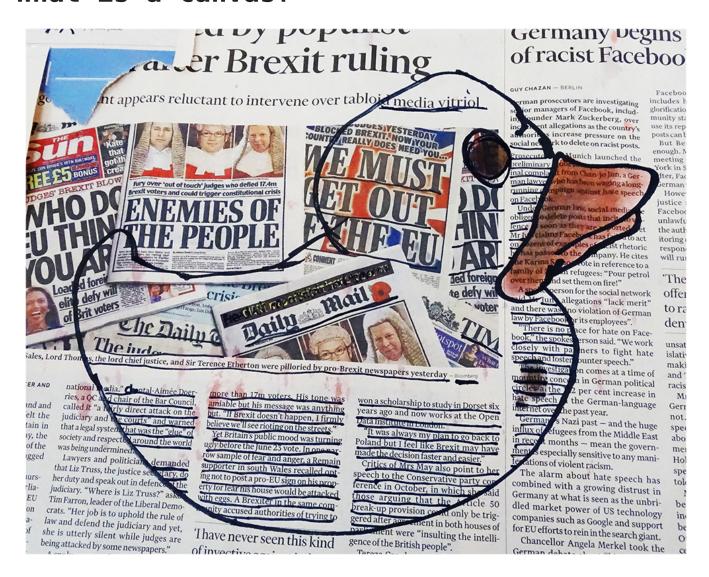
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Sketchbook Exercise: Drawing Brushes with Charcoal

Filling a Sketchbook: Sketchbook Exercises

What is a Canvas?



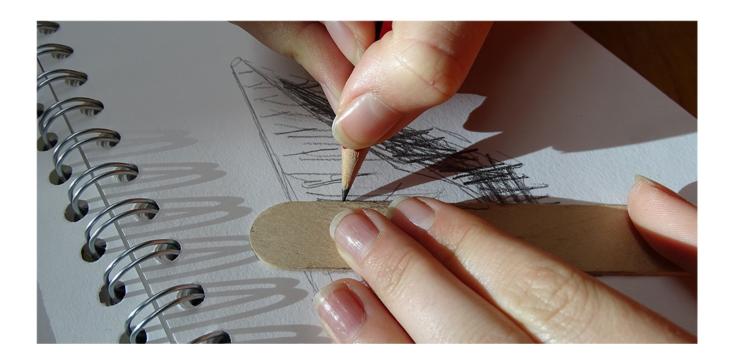
<u>Making drawings which compete with the background</u>

Making a Charcoal Animation



<u>Inspired by the animations of William</u> <u>Kentridge</u>

Making Ruler Drawings



<u>Using 2 grades of pencil and only straight lines</u>

Drawing Brushes with Charcoal



<u>Using varied marks to capture the</u> <u>qualities of brushes</u>

Many thanks to Pink Pig International for the sketchbooks



Filling a Sketchbook: Ruler Drawings

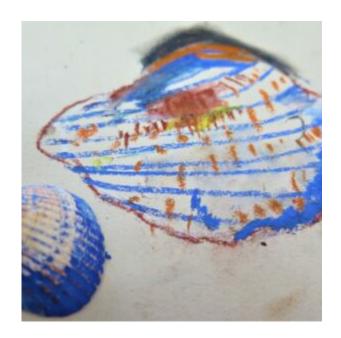
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Pathway: Exploring Form Through Drawing



This is featured in the 'Exploring Form Through Drawing' pathway

The drawing journey



See Drawing Projects for Children for more Drawing Exercises



50 Minutes Looking and Sketching Autumn Leaves

With rich colours and shapes everywhere, a wonderful opportunity to use sketching to tune into this beautiful time of the year.

Teenagers Write A Letter, A Postcard, A Poem or A Narrative in Invented Text

What is a Canvas? Exploration Activity

Teenagers Use Touch to Draw and Explore Small Objects

"Feely Drawings" or Drawing by Touch — a 5 minute drawing exercise



This short icebreaker or warm up exercise, led by Paula Briggs at the Drawing Workshops for ages 6 to 10, encourages the children to relax into their drawing session.

Introducing Graphite and Blind Drawing



Teenagers explored mark making, drawing 'blind' with the age old drawing tool 'the pencil' and softer graphite sticks. Sheila Ceccarelli

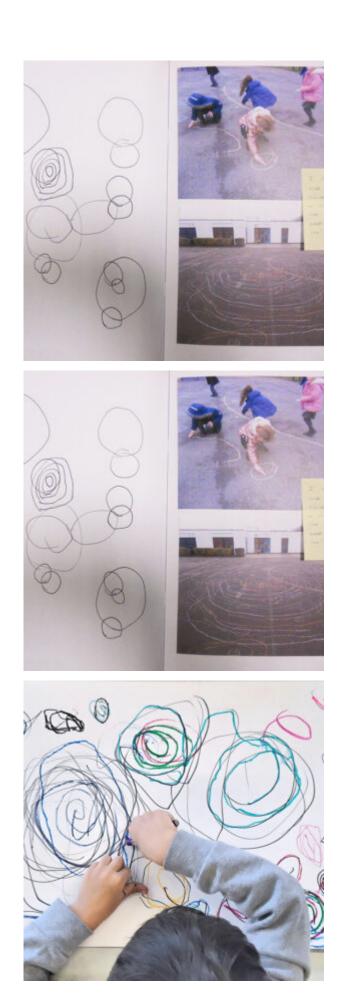
Marbling for Surface Design by Ruth Purdy

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Drawing Spirals

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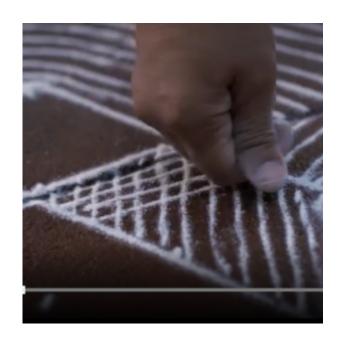


Featured in the 'Spirals Pathway'

Talking Points: Molly Hausland



The ancient art of kolan



Join Us for an August Creative Challenge!

The August Creative Challenge Gallery — Week One

Block printing: Creating repeat patterns using letters with Andy McKenzie

Teenagers from AccessArt's Experimental Drawing Class worked with artist Andy McKenzie to create repeat patterns of letters.

Choosing, Mounting, Showing and Celebrating Art Work by Teenagers

Inspired by Christo: Mixed Media Drawings

Graffiti Floor — Teenagers Have a Silent Conversation with Pen and Mark

As an adult, you must remember your teenage self and all the intensity with which life was felt?

Drawing Space/Drawing in Space

Making Collographs with Andy Mckenzie: Week Two

Following on from the previous week, when teenagers were introduced to making Collagraph Plates, this week teenagers took prints from their textured plates.

Linking Flock Together to your Curriculum: Key Stage 1 - 3