

Dreaming With Watercolour

By [Laura McKendry](#).

In this playful and experimental resource, Laura McKendry shares how she facilitated the exploration of watercolour with a group of adults with learning differences and neurodivergent needs at [Artbox London](#). In this workshop, learners explore the unpredictable wonder of watercolour using a range of techniques and varied mark-making tools to work towards a series of outcomes, including a dreamlike image.

This activity was facilitated in a [SEND](#) setting but would also suit a variety of age groups and learners in alternative settings.

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Olympics:

Sportswear Design

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Explore the project below to help pupils consider how they might design an Olympic/Paralympic Kit based on either Olympic [Athletics](#) or [History](#).

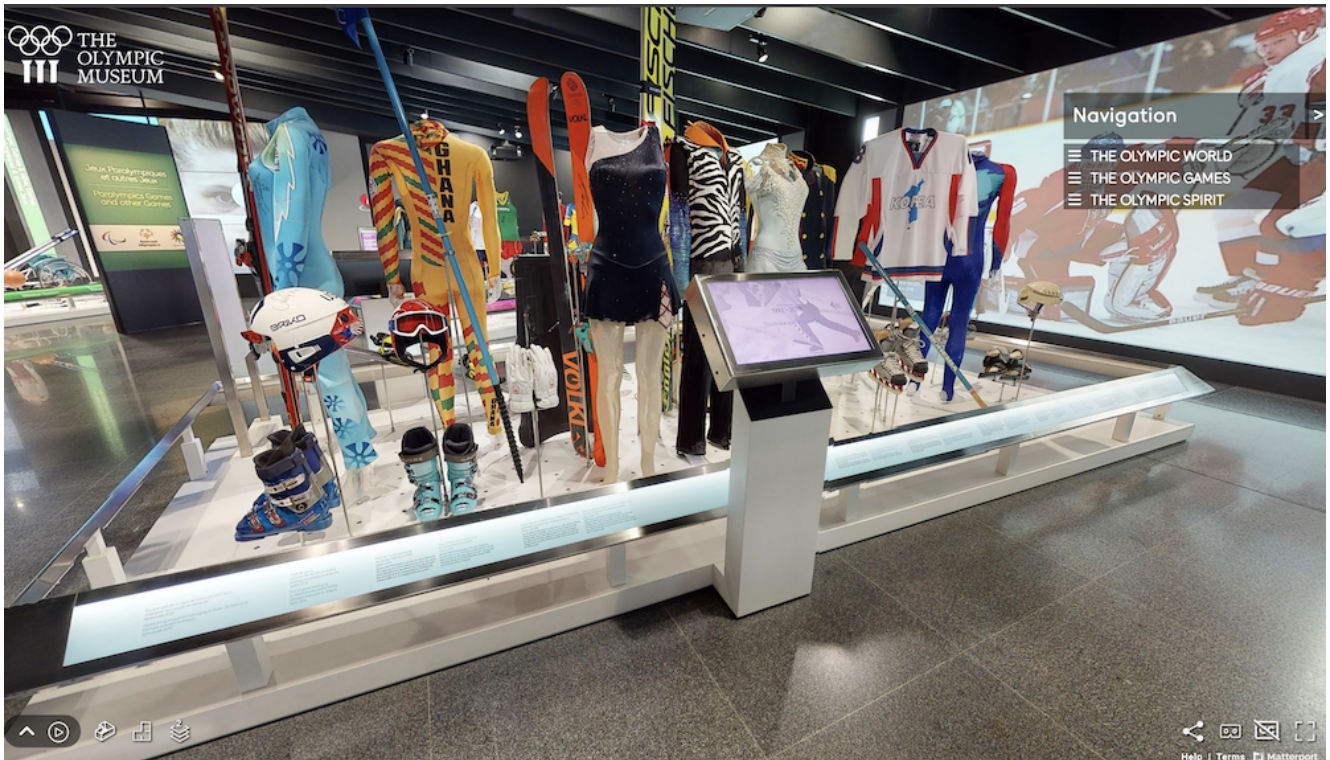
Sportswear Design

Aim: To introduce pupils to sportswear design, what it's used for and what it can represent. Pupils will get the opportunity to design their own sportswear whilst developing painting and collage skills.

Step 1: Introduce

Begin the session by asking pupils to make an Olympic project sketchbook using one of the "[Making Sketchbooks](#)" resources.

Introduce pupils to iconic Olympic Fashion from the past using "[Talking Points: Olympic Fashion](#)". Invite pupils to create "[Visual Notes](#)" in their sketchbooks inspired by what they see.



Step 2: Drawing

Give pupils the opportunity to draw figures from life inspired by the "[Life Drawing For Children](#)" resource. Borrow some sports equipment from the PE department to inform their poses. Take it in turns to model in an athletic pose related to the sports prop and draw.



Step 3: Introduce

Introduce pupils to the idea that sportswear can be designed to reflect a sport, person, a team, a place etc. Watch the videos on "[Talking Points: Designing Sportswear](#)" and use the questions to prompt a discussion about what designers use as inspiration for their designs.



Using paint and collage, invite pupils to create decorated papers which can be transformed into “[2d and 3d Fashion Designs](#)”. Adapt the resource slightly to encourage them to think about what motifs/symbols/patterns they might create to reflect their local area, personality, a sport, olympic value, or a focus of your choice.



Step 4: Reflect

[Use the resource here to help you run a class “crit” to finish the project.](#)

Invite children to display the work in a clear space on tables or on the wall. Recap with them about the exploration – where they started, what they discovered and what they enjoyed.

If you have class cameras or tablets, invite the children to document their work, working in pairs or teams.



ACCESSART OLYMPIC RESOURCES

AGES 9-11

AGES 11-14

Materials:

Sketchbooks

A3 and A4 Cartridge Paper

Drawing materials

Sports equipment to use as props

Acrylic Paint

Brushes

Scissors

PVA glue

Mannequins (Wooden or Cardboard)

Clear tape

Adaptations:

You may like to focus on the history of sportswear, creating designs based on historical fashion and sportswear.

Explore Other Resources in Athletics:



Making Medals



Sporting Sculptures

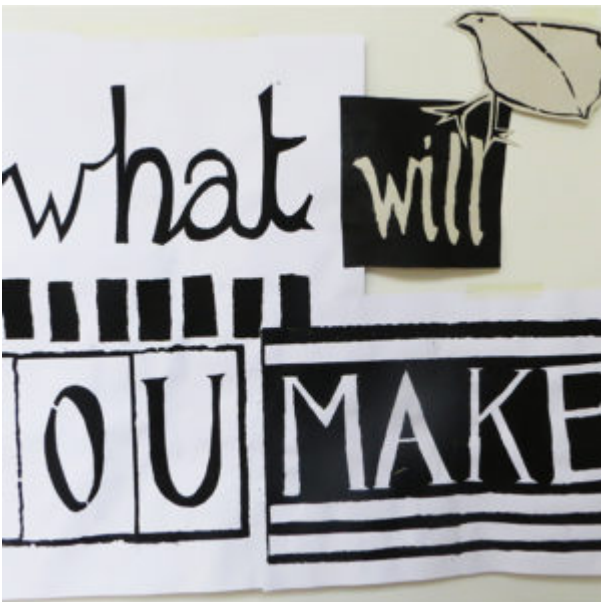


Sculptural Sneakers

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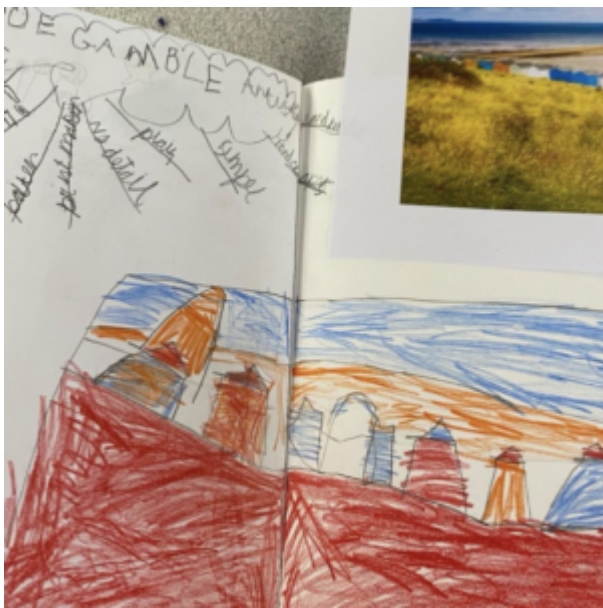


Manipulating Forms in Landscape Painting

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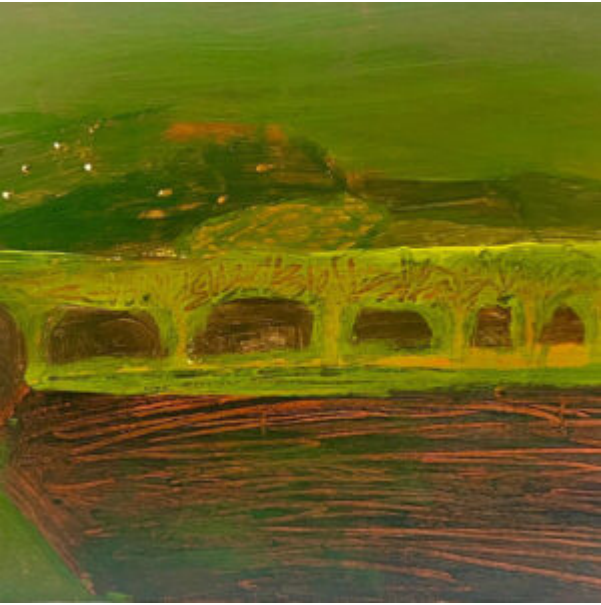


Kent landscape



Kent landscape







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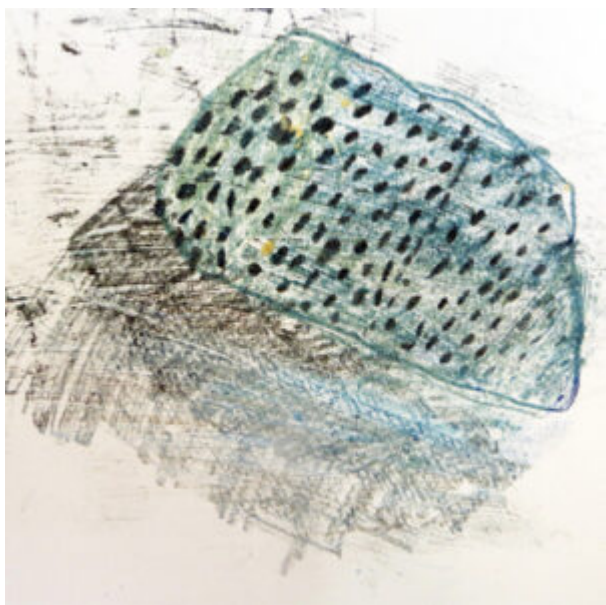
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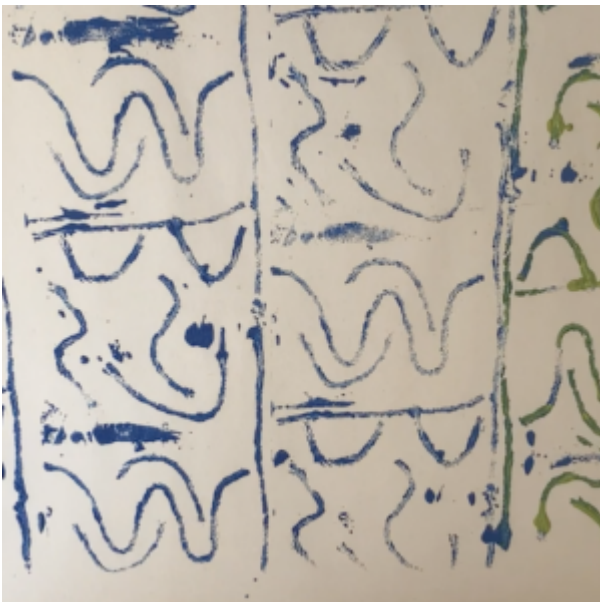
Collaging with Wax Crayon Rubbings



Prop making for toys



Repeat Pattern Printing Roller



Painting with Poster Paint

“I really like how this resource provides lots of interesting and exciting ways for poster paint to be used. It combines observational drawing and painting with more abstract pattern providing a breadth of exploration. Giving learners the

opportunity to explore the properties of poster paint as well as seeing how it responds to different materials will help to nurture imaginations as well as providing support for the development of basic skillsets.” – Rachel, AccessArt

Talking Points: Saoirse Morgan

A collection of imagery and sources designed to stimulate conversation around the work of Saoirse Morgan.

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AGES 9-11

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Saoirse Morgan

“My paintings explore my connection with familiar landscapes. The subject of my work is my home terrain of West Wales: the landscape, the coast, the ecology. I am inspired by local colour, plant life, atmosphere and weather. I spent my childhood on small islands, surrounded by swirling tide races and wild, wind-blown seas. My terrestrial environment is maritime heath and lowland heath. It's a warm, familiar colour palette, dominated by bracken, heather and gorse.” – [Saoirse](#)

Questions to Ask Children

How does Saoirse's painting process connect to the sea?

How do the colours, shapes and textures evoke the atmosphere of the sea?

Questions To Ask Children

How does the painting, and process capture the essence of the sea?

What do you like / dislike about the painting?

How does the painting make you feel?

Questions to Ask Children

Are there any animals / insects / plants in your local area that has been suffering the consequences of climate change? How has your local landscape been affected?

This Talking Points Is Used In...

Pathway: Mixed Media Land and city scapes

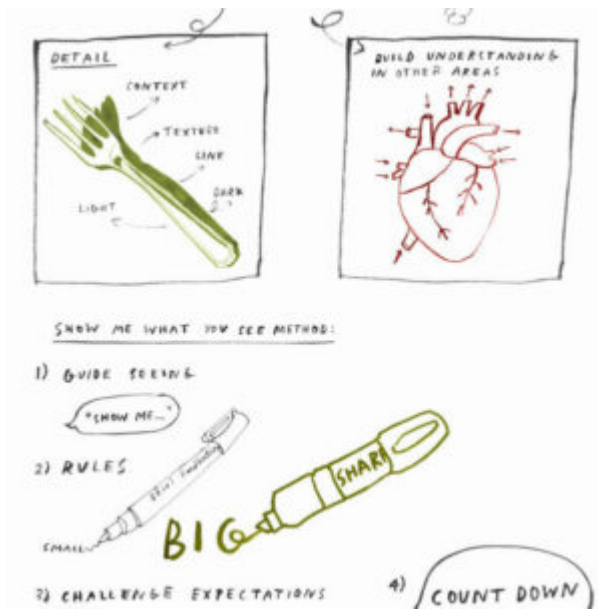


[This is featured in the 'Mixed Media Land and City Scapes' pathway](#)

using sketchbooks to make visual notes



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