

Arts and Minds: Time to Introduce Ourselves – A Sculpture Challenge

Introduction by Gavin Clayton, [Arts and Minds](#)

This was the first session working with students at [Cambourne Village College](#) as part of the 'Young People's Pilot', coordinated and managed [Arts and Minds](#), a leading arts and mental health charity in Cambridgeshire.

[Arts and Minds](#) developed the Young People's Pilot of [Arts on Prescription](#), thanks to funding from the Arts Council's [Norfolk and Norwich Festival Bridge](#) organisation.

*In Cambridgeshire mental health service provision for Young People involves lengthy wait times and the thresholds necessary to trigger statutory care continue to rise. **Arts and Minds** wanted to see what could be done as an 'early help' provision for young people within schools. The result was an initial pilot at **Ernulf Academy in St Neots**, which produced evidence showing significant positive impact on wellbeing and mental health along with improvements to behaviour and attendance.*

*This second pilot, employing **AccessArt's** co-founder **Sheila Ceccarelli**, is a new delivery partnership and one that we hope will bring the work to the attention of a larger community of interest, build on the findings from first pilot and allow **Arts and Minds** to develop larger scale delivery within Cambridgeshire secondary schools.*

[Back to "Heart-Work" Arts and Wellbeing Project](#)

Time to Introduce Ourselves - A Sculpture Challenge

By [Sheila Ceccarelli](#) (*artist*) and [Yael Pilowsky Bankirer](#) (*Psychotherapist*)



We kicked off the programme with a quick making challenge which would act as an ice-breaker and introduce students to an array of materials.

Having lots of different kinds of materials at hand was key to this session - allowing for plenty of exploring and inventing and also highly individual outcomes.

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AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.

Making Giant Withie Lanterns

With 'festivals of lights' in November and December, teenagers at AccessArt's Experimental Drawing class had a fun time constructing giant lanterns out of withies and wet-strength tissue paper.

Time to Introduce Ourselves – Initial Sculpture!

Choosing, Mounting, Showing and Celebrating Art Work by Teenagers

Inspired by Christo: Mixed Media Drawings

Making Mini Food

Making mini meals from Sculpey or Fimo clay takes good eye sight and nimble fingers! Here are some tips and tricks I have learnt along the way.

Water and Rock: Teenagers explore building drawings with graphite and modroc

Teenagers look at pieces of chalk and flint and explore the physicality of rocks and geological processes with graphite and plaster.

Sculptural Birds in Flight by Teenage Makers

In this workshop teenagers played with sculptural ideas around building form and mass, tension and scale by combining materials from Scrap Stores.

A Model Studio by Susie Olczak

A Model Studio by Susie Olczak: Teenagers explore skills that would be useful in a real life creative working environment

3D Drawing in a Frame

How to Roll a Clay Slab

Ceramic student Lena Peters demonstrates how to wedge clay and roll a clay slab.

Manipulating Paper: Turning 2D into 3D

Andrea Butler and Paula Briggs show how to manipulate flat pieces of paper into three dimensional shapes.

Exploring Materials: Plaster and String

As part of a series of workshops for AccessArt's Experimental Drawing Class on exploring materials, artist Rachel Wooller led a session on exploring plaster and string.

Exploring Materials: Clay and Water

Exploring Portraits with Eleanor Somerset

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fruit inspired clay tiles



Design Lab: Phoebe Cummings

at the V&A

Students, from the DesignLab at the V&A, London, worked with artist Phoebe Cummings over a three month period to create a site-specific, group piece, from unfired clay which was inspired by the historical 2D designs found on 19th century British tableware in the collection.

The Cardboard Project by Andee Collard

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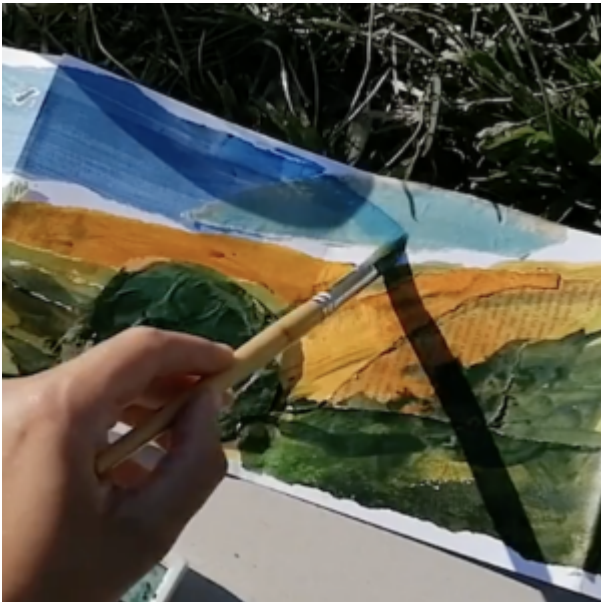
Layers in the Landscape by Emma Davies

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How to Cast – Simple, Two Piece Casting Using Clay & Plaster

Art for the Square with Susie Olczak for Futurecity