

Dreaming With Watercolour

By [Laura McKendry](#).

In this playful and experimental resource, Laura McKendry shares how she facilitated the exploration of watercolour with a group of adults with learning differences and neurodivergent needs at [Artbox London](#). In this workshop, learners explore the unpredictable wonder of watercolour using a range of techniques and varied mark-making tools to work towards a series of outcomes, including a dreamlike image.

This activity was facilitated in a [SEND](#) setting but would also suit a variety of age groups and learners in alternative settings.

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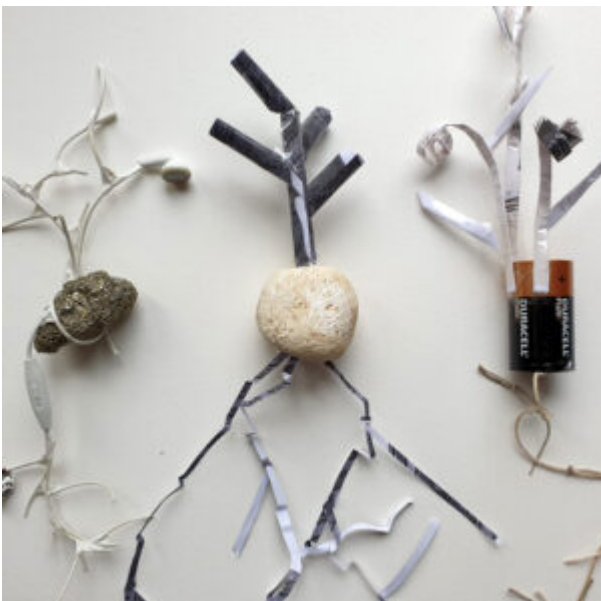
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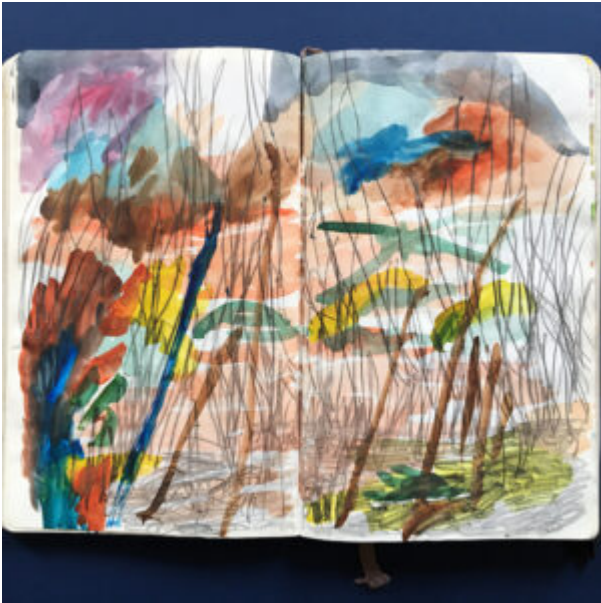
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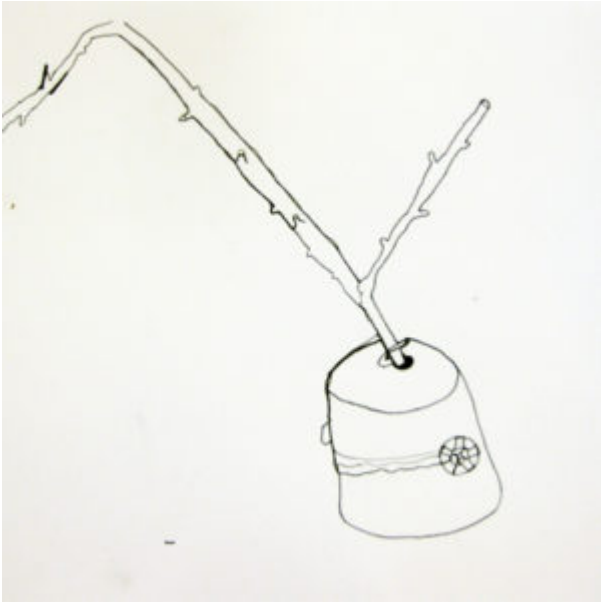
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“It’s great to see music being explored in this way, and combining it with making creates a really interesting immersive project. This activity would work well as part of an extended project looking at musical instruments around the world and some of the natural materials they are made from.” – *Rachel, AccessArt*

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