

How I use my Sketchbook as a Painter, by Rachel Thompson

In the series '[How Artists Use Their Sketchbooks](#)', we are celebrating the different ways in which artists use their sketchbooks, spanning across a range of disciplines, to open up minds as to what a sketchbook is and can be, from the perspective of practicing artists.

In this video, painter and AccesArt team member [Rachel Thompson](#) shares with us how she uses sketchbooks, whether as a series of loose sheets or a simple concertina, to develop ideas for final paintings. In this video, you'll see how Rachel captures landscapes and objects, and is led by sketchbook experiments to explore her ideas and failures, and find clues to push forward.

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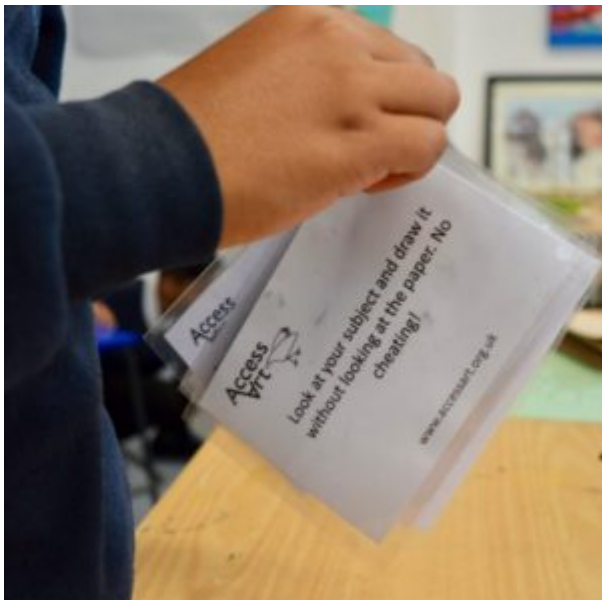
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“Rachel’s work is so vibrant and full of joy, it’s really exciting to see how she starts to form creative ideas around colour. Rachel highlights the importance of colour trends but also gives herself the opportunity to create her own trends which adds a level of playfulness and personality to her colour exploration. Seeing her colour books translate into fabric demonstrates a real clarity in her decision making process.” – Tobi, AccessArt.

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