

# Drawing With Two Hands

By [Joe Gamble](#)

*This experimental drawing activity is formed of 8 drawing exercises, all focused on drawing using both the dominant and non-dominant hand, challenging learners to explore dexterity and control (or lack thereof).*

*These exercises can be split up to form part of a longer session, or they can be used individually as [warm-ups](#).*

*Learners will explore how both hands and drawing materials interact with each other to create fluid and rich drawings that challenge preconceptions of what makes a 'good' drawing.*

*The video is appropriate for viewers aged 14 and over, but can be used in a guided session with younger learners.*

**[Log in](#) as a full member to watch the video below.**

---

<b>Please log in here to access full content.</b>	
Username	<input type="text"/>
Password	<input type="password"/>
	<input type="button" value="Login"/> <input type="checkbox"/> Remember me
	<a href="#"><u>Forgot Password</u></a>

To access all content, I would like to join as...

An Individual



Creative practitioners, educators, teachers, parents, learners...

From £3.50

An Organisation...



Schools, Colleges, Arts Organisations: Single and Multi-Users  
From £42

*AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.*

---

## You May Also Like...

**see three shapes**



## Feely Drawings



Ten minutes, five times a week



---

## Landscapes Inspired by John Piper

---

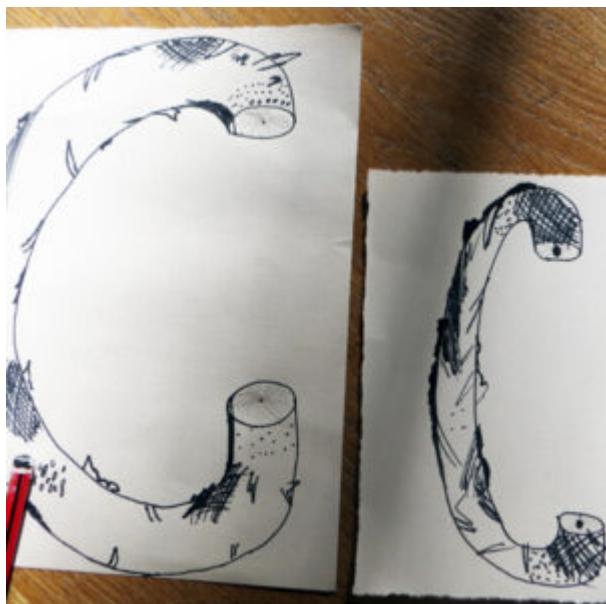
### Transforming Letters

### You May Also Like...

[cut out typography](#)



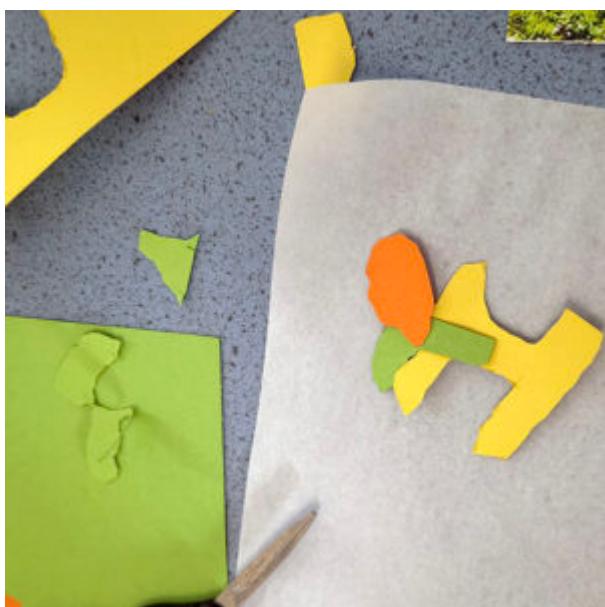
**typography for children**



**drawing with scissors**



## CPD Recording: Transforming Letters



---

## Talking With Your Hands

---

# How I use my Sketchbook as a Painter, by Rachel Thompson

---

## Word and Image: Creating New Narratives

### You May Also Like....

Teenagers write in invented text



Teenagers write in invented text



## Monoprint to explore poetry



## 3d Visual Maps



---

## **Glimpses and Folds: A Sketchbook Challenge**

---

### **Talking Heads**

**You May Also Like...**

**find your messages**

me for art  
homework  
getting stuff done.  
without thinking  
fun freedom  
or everyone / don't judge  
before you know  
you

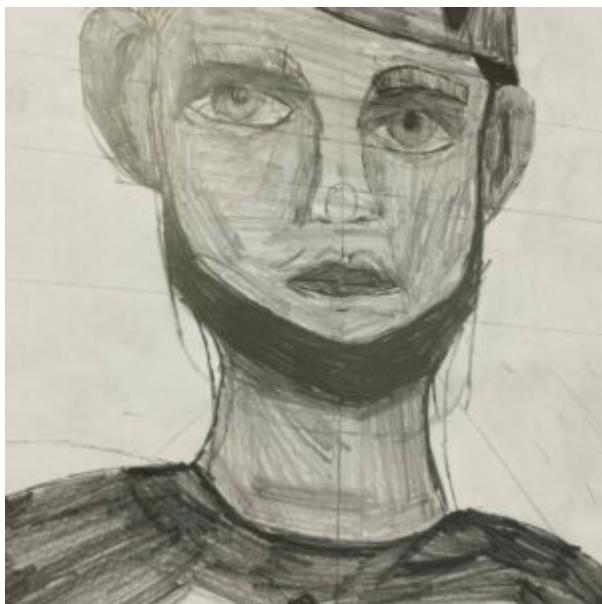
## Portrait Club



## Adapting AccessArt: Faces and Stories



## **Exploring Macbeth Through Art: Macbeth Portraits**



---

**How I use my Sketchbook as an**

**Illustrator by Tobi Meuwissen**

---

**How I use my Sketchbook as a  
Mixed Media Artist by Morag  
Thomson Merriman**

---

**How I use my Sketchbook as a  
Painter by Joe Gamble**

---

**Making a Ruler Drawing (of a  
Bag)**

---

**Making a Cardboard Sketchbook**

---

# “Acts of Kindness” Workshop

---

## Collage: Deconstructing, Reconstructing and Abstracting

### What We Like About This Resource...

*“I really like how this playful resource helps us to make a creative response inspired by a stimulus, ensuring that the stimulus is only an entry point into an outcome that will look totally different. Exploring the themes of colour, texture and composition through the lens of different artists also helps us see how we can interpret (and re-interpret) colours and materials in a meaningful way. Viewfinders and collage are also great tools for those who experience ‘fear of the white page’ and will allow learners to make conscious creative decisions as they go.” – Tobi, AccessArt*

# You May Also Like

## Adapting AccessArt: Colour and Composition



## Cut Paper Collage Still Life



## Cooking with collage



---

**Tiny Art Schools: Art School  
Ilkley Part One**

---

**Tiny Art Schools: Art School  
Ilkley Part Two**

---

**Tiny Art Schools: Art School**

# Ilkley Part Three

---

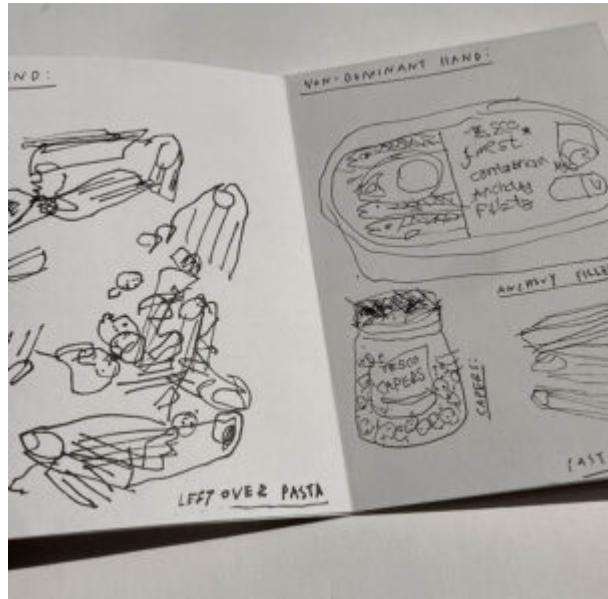
## Cooking With Collage

You May Also Like...

Redesigning food Packaging



What i ate in a day



## Paint Your corner Shop



## Creating Repeat Patterns



---

## **Adapting AccessArt: Colour and Composition**

### **You May Also Like**

**Manipulating Forms in Landscape Painting**



## Layered Colour Gestural Drawing



## Cut Paper Collage Still Life

