#### Be Inspired to Inspire

#### By **Sheila Ceccarelli**

Do you ever feel as a creative facilitator you, yourself need to be filled, and that teaching just can't go on until your batteries have been recharged and creative spirit reenergised?

That's how I was feeling last Tuesday, before my Experimental Drawing Class, so decided, after seeing a friend's posting on Facebook about forest bluebells in bloom, that instead of spending my morning planning indoors, I'd go out for a walk and find some inspiration for my students and myself outside.



Bluebell forest

The bluebell forest was overwhelmingly beautiful and I did feel inspired, though I still did not know how that would translate back in the studio with my students.

I have a class full of builders who love to construct, and

enjoy working big, so remembering some black sugar paper and work by <u>Rebecca Hoyes</u>, I set students the challenge of transforming the studio into their own bluebell forest.

This was a quick and energetic session whereby teenagers transformed the studio into a forest in just an hour!



Bluebell forest by teenagers at AccessArt's Experimental Drawing Class

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AccessArt is a UK Charity and we believe everyone has the right to be creative. AccessArt provides inspiration to help us all reach our creative potential.

### Landscape Painting: Expressive Mark Making

# Inky Objects with Melissa Pierce Murray

In this workshop I introduced the idea of thinking of the piece of paper as an object to shape, rather than a picture plane to fill.

## Landscape Painting: Plein Air Painting

Making Elastic Band Sketchbooks with Pupils at Philip Southcote School

Teenagers Paint a Canvas with

### Scolaquip

Landscape Painting: Colour in the Landscape

Using Mobile Phones to Make Animated Films

Make a Stitched Drawing of a House in an Hour

Mural and Workshop Project at Chesterton Community College

## in Collaboration with Jon Bates from Blight Society

This project started out as getting Blight Society back to Chesterton Community College, Cambridge to do a mural

### Making Paper Masks for Carnival and Mardi Gras

Making a Carnival Mask with the help of an AccessArt Template.

## Landscape Painting: Tone in the Landscape

Arts and Minds: Building to the Limit

# Arts and Minds: Constructing the World with Collage

Arts and Minds: Expressive Monoprinting on a Big Scale

Arts and Minds: Drawing for Mindfulness

Arts and Minds: Asemic Writing and Invented Text

#### Making Giant Withie Lanterns

With 'festivals of lights' in November and December, teenagers at AccessArt's Experimental Drawing class had a fun time

constructing giant lanterns out of withies and wet-strength tissue paper.

### 50 Minutes Looking and Sketching Autumn Leaves

With rich colours and shapes everywhere, a wonderful opportunity to use sketching to tune into this beautiful time of the year.

# Teenagers Write A Letter, A Postcard, A Poem or A Narrative in Invented Text