

# How does the Sculpture Balance?

By Paula Briggs

This resource explores how we can encourage ourselves or our students to take more risks when thinking about making a sculpture balance. The session purposely encourages students to throw their sculptures *out of* balance, to create the opportunity to make more exciting work. The session takes inspiration from the abstract paintings created by Ben Nicholson, working with [collaged cardboard shapes to explore colour and composition](#). Suitable for all ages of children from ages 7 upwards, and adults.



How does the sculpture balance, inspired by Ben Nicholson's drawings

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